

## **Toddler Walk**

This fun-filled walk includes playtime at Clarington Park and a chance to stop for a cool and healthy snack.

Your walk will begin at the trail head located on the edge of the park, off of Clarington Drive. From there you will access the Aliso Creek Trail and enjoy the scenic corridor as you make your way towards Alicia Parkway. The trail is a paved walkway suitable for stroller access. As the trail slopes downhill at the creek, veer to your right when you approach the fork in the path. Stay on the paved trail as you walk parallel to the freeway towards the marketplace on Alicia Parkway. You may wish to stop at the marketplace for a healthy snack and then head back on the trail to the park for playtime. This is a great way for parents with little ones in strollers to combine exercise and playtime in one fun walk. This 2 mile route has moderate grades. Dogs are allowed on leash.



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