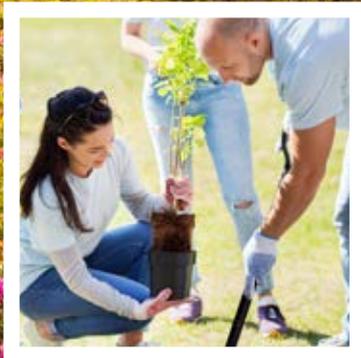


# CITYVIEWS

C I T Y O F L A G U N A H I L L S



**MEMORIAL DAY HALF MARATHON REGISTRATION**



**VOLUNTEER CONNECTION DAY**



**BIENNIAL BUDGET**



**LAGUNA HILLS CHAMBER OF COMMERCE 2019 INSTALLATION OF OFFICERS & STATE OF THE CITY ADDRESS**



**LOW-COST PET VACCINATION AND MICROCHIP CLINICS**

# LAGUNA HILLS CHAMBER OF COMMERCE 2019 INSTALLATION OF OFFICERS & STATE OF THE CITY ADDRESS



On January 11, 2019, Laguna Hills Chamber of Commerce members, residents, elected officials, and community leaders assembled at the Laguna Hills Community Center for the 2019 Annual State of the City Address and Chamber Officer Installation. The assembly was opened with a color guard ceremony by the Orange County Sheriff Department's Explorers and the Pledge of Allegiance was led by the Chamber's Government Affairs Director, Jake Anderson, General Manager of Five 5 Lagunas. Newly elected Chamber Officers, Carl D. Heft, President (Personalized Mortgage Express), Vice President, Sheri L. Feinberg (Printex Printing and Graphics Inc), Secretary, Lori Renaud, RN (Acti-Kare Responsive In-Home Care) and Treasurer, Patrice Mills, CPA, were sworn in by Orange County Board of Supervisors Chairwoman Lisa Bartlett, who later presented an update from the County of Orange. State Assemblyman Bill Brough presented Certificates of Recognition to the incoming Board, as well as Proclamations to the Chamber's outgoing President, Clement Pepe (Power Technology) and outgoing Vice President, Nick Socha



**From left: Carl D. Heft, Sheri L. Feinberg, Lori Renaud, Assemblyman Bill Brough**

(Northwestern Mutual), who had served in that capacity since 2014. Senator Pat Bates was represented by her District Director, Rhonda Reardon, who also recognized the outgoing officers, and the Chamber's Executive Director, James Rocke, presented them with plaques in recognition for their service.

Laguna Hills Mayor Dore Gilbert then presented the 2019 State of the City's Address, in which he gave a report of the city's finances and spoke about the future challenges and opportunities facing the city.

The Chamber's member food vendors, all from Laguna Hills, included Chick-Fil-A, Raising Cane's, Mother's Market, Polly's Pies, Greek Bistro, Stefano's

Golden Baked Hams, Luisa Choclatiere, Chaupain Bakery, Woodfire Kabob and California Pizza Kitchen.

The event's sponsors were the City of Laguna Hills, Moulton Niguel Water District, Cox Communication, Five Lagunas, CR&R, and The Toll Roads. Key volunteers included Christine Lino, Sophisticated Living, for making the room sparkle, Lisa Hemstreet Photo Services, for capturing the moment, as well as Rita Reifman, Gail Waterman and Genan Moeti.

# MEMORIAL DAY HALF MARATHON REGISTRATION



Online registration is open for the 21st annual City of Laguna Hills Memorial Day Half Marathon, 5k and 10k, which will be held on Monday, May 27th.

Runners of all skill levels are invited to join in the Memorial Day activities. In addition to the half marathon (13.1 miles), the 10k (6.2 miles), and the 5k (3.1 miles), the event features a Kid's Run (half mile) and other family-friendly activities! The City will once again hold a Family Expo featuring a kid's fun zone and more than 50 vendors and exhibitors from 7:30 a.m. to 12:00 p.m.

The City intends to donate three dollars from each paid 5K, 10K, and half marathon race entry to Team Dark Horse,

the support committee for the City's adopted 3rd Battalion, 5th Marine regiment, of the 1st Marine Division based out of Camp Pendleton.

### INTERESTED IN VOLUNTEERING?

The City of Laguna Hills needs more than 400 volunteers for this Memorial Day running event. Volunteers receive a free t-shirt, meal, and community service hours. Those interested in volunteering should call (949) 975-8506 or email [questions@lagunahillshalfmarathon.com](mailto:questions@lagunahillshalfmarathon.com) for more information.

Visit [www.lagunahillshalfmarathon.com](http://www.lagunahillshalfmarathon.com) for race times, fees, registration, course descriptions, parking, directions, and other information.



LAGUNA HILLS  
**CITYVIEWS**

### CITY HALL HOURS:

8 am – 5 pm Monday – Friday

### ENGINEERING, PLANNING AND BUILDING COUNTER HOURS:

1 pm – 5:30 pm / Mon – Thur  
1 pm – 5 pm / Friday

Regular City Council Meetings are held on the second and fourth Tuesday of each month.

Traffic Commission Meetings are held on the third Wednesday of January, March, May, July, September and November.

Parks and Recreation Commission Meetings are held on the first Wednesday of February, April, June, August, October and December.

All meetings begin at 7 pm in the City Council Chambers. Closed session at 6 pm (when scheduled).

City Views is an award winning quarterly magazine published by the City of Laguna Hills and is distributed as a public service to City residents and businesses. We welcome your suggestions and feedback and value your involvement in the community. Please send or call in any comments or questions to:

**Editor, City Views**  
City of Laguna Hills  
General Government  
24035 El Toro Road  
Laguna Hills, CA 92653  
Telephone: 949.707.2620  
[www.lagunahillssca.gov](http://www.lagunahillssca.gov)

### LAGUNA HILLS CITY COUNCIL:

**Dore Gilbert, M.D.**  
Mayor  
**Janine Heft**  
Mayor Pro Tem  
**Council members**  
**Erica Pezold**  
**Don Sedgwick**  
**Dave Wheeler**

## LOW-COST PET VACCINATION AND MICROCHIP CLINICS

> **T**he Mission Viejo Animal Services Center will host its next low-cost pet vaccination clinics for Mission Viejo, Laguna Niguel, Aliso Viejo, Rancho Santa Margarita and Laguna Hills residents on Tuesday, March 12th and Tuesday, May 14th. The clinics will be hosted at the Mission Viejo Animal Services Center (located at 28095 Hillcrest in Mission Viejo) from 5:30 p.m. to 7:30 p.m.

Rabies vaccinations are \$10, with other vaccines for dogs and cats available at reduced rates. The clinics are also a great opportunity for pet owners to renew a license or obtain a new one. Licenses and current rabies vaccinations are required for all dogs in Mission Viejo, Laguna Niguel, Aliso Viejo, Rancho Santa Margarita and Laguna Hills. Please bring your pooch on a leash and cat in a carrier. Please note, a \$2 medical disposal fee is charged for each animal. Microchipping is also available for \$20.

For more information, call (949) 470-3045 or visit <http://cmvas.org>.



## DONATE A TREE AND BEAUTIFY LAGUNA HILLS



> **T**he City encourages tree donations in accordance with its Tree Preservation Policy. You can donate commemorative trees, park trees, or replacement trees. Be part of your City's urban forest team! Learn more at [www.lagunahillsca.gov/220/public-services](http://www.lagunahillsca.gov/220/public-services) (Tree Donation Form located towards the bottom of the page).





**VOLUNTEER CONNECTION DAY  
APRIL 27, 2019.**



**BIENNIAL BUDGET**

Since its incorporation, the City has been committed to biennial budgeting and long-term financial planning. These efforts help the City remain fiscally solvent and financially responsible. Over the next few months, the City will be developing the 2019-2021 Biennial Budget.

Of course, one of the most important aspects of the budget development process is receiving community feedback. Consequently, there will be multiple public meetings for you to provide the City Council with your thoughts and comments about the upcoming budget. For more information on meeting dates, visit [www.lagunahillsca.gov](http://www.lagunahillsca.gov)

Be sure to visit the City's website at:  
**[www.lagunahillsca.gov](http://www.lagunahillsca.gov)**  
for announcements about public budget workshops.

The City of Laguna Hills' Volunteer Connection Day is all about contributing and being involved in your community. This year's Volunteer Connection Day is on April 27, 2019.

**COMMUNITY VOLUNTEER PROJECTS**

In honor of Earth Day and Arbor Day we invite volunteers of all ages to help with several environmental projects including trail cleanups

and tree planting. This annual event is the perfect opportunity for residents and members of the community to positively impact our community. All volunteers will be invited to a thank you lunch at the conclusion of the event.

Participants ages 12 & under must be accompanied by an adult/guardian.

**TIME: 9:00 AM - 12:00 PM  
LOCATION: LAGUNA HILLS COMMUNITY CENTER**

**DIAL-A-TAXI**

Seniors already registered with the City's Dial-A-Taxi program should call toll free (877) 809-6587 to arrange pick up.

Laguna Hills seniors can participate in the Dial-A-Taxi Senior Transportation Program, which provides door-to-door taxi service to Laguna Hills residents 60 years and older, by registering and paying a co-pay of as little as \$5. To register for the Dial-A-Taxi program, fill out an application form and return it in person to the Laguna Hills Community Center at 25555 Alicia Parkway, Laguna Hills,

CA 92653. The Community Center is open from 8 a.m. to 10 p.m., Monday through Saturday, and on Sunday from noon to 6 p.m. You can get a copy of the registration form online at [www.lagunahillsca.gov](http://www.lagunahillsca.gov) under "Departments" then "Community Services" then "Dial A Taxi."

To register, you will need to show proof of Laguna Hills residency and proof of age. For more information, visit the City's website at [www.lagunahillsca.gov](http://www.lagunahillsca.gov) or call (949) 707-2681.

COMMUNITY SERVICES

# ACTIVITYGUIDE

CITY OF LAGUNA HILLS



VOLUNTEER  
CONNECTION  
DAY



LH  
TECHNOLOGY  
LIBRARY

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PERMIT NO. 741  
LAGUNA HILLS, CA

# City of Laguna Hills REGISTRATION INFORMATION



## Register...

### On-Line

www.lagunahillscs.gov

### Walk-In

Laguna Hills Community Center  
at 25555 Alicia Parkway

### Phone-In

Call (949) 707-2680, for credit card users only

### Mail-In

Make check payable to  
City of Laguna Hills,  
and mail it to:  
City of Laguna Hills  
Community Services  
25555 Alicia Parkway  
Laguna Hills, CA 92653

### Spring Registration begins Tuesday, February 12, 2019

- A \$35 fee is charged on all returned checks.
- Visa, American Express, and MasterCard accepted.
- If you need special accommodations for any of our activities, please notify staff 72 hours prior to the event at 949.707.2680.
- Fees are subject to change.
- Incomplete forms will not be processed which includes receipt of proper payment.
- Prior to any participation in City of Laguna Hills' recreation activity a signed and completed Registration Form and release and waiver is required.
- All minor participants must be registered by parent or legal guardian. (No exceptions).
- Full refunds are issued for any class canceled by the City. Refund requests made prior to the start of any activity will be granted subject to a \$5 service charge per request.
- Refund requests must be made prior to the second class meeting. No refund will be granted after that time. Special events, one day programs and camps do not receive refunds unless the participant's spot is filled. Refund processing takes 3-4 weeks from the date of the request. The City will mail all refund checks.

## LAGUNA HILLS TECHNOLOGY LIBRARY



25555 Alicia Parkway  
Laguna Hills, CA 92653  
949.707.2699  
ocpl.ltk@occr.ocgov.com

Monday-Thursday:  
10am – 7pm  
Friday-Closed  
Saturday: 9am-5pm  
Sunday: Closed

The library offers computer tutoring on a one-to-one setting to learn skills from basic computer, email, internet, and Microsoft Word. Call or stop by to schedule a free session at your convenience! The library has many programs for all ages. The library's online calendar is available at: <http://ocpl.org/libloc/lht/calendar>



As you browse the Spring Class and Activity Schedule, be sure to note those programs designated with one of the "Get Fit" logos. These programs are offered as part of the City's Get Fit Campaign and are provided to support your nutrition and exercise goals.

The City of Laguna Hills supports the health and wellness of the community through the provision of programs and facilities that promote fitness and well-being.

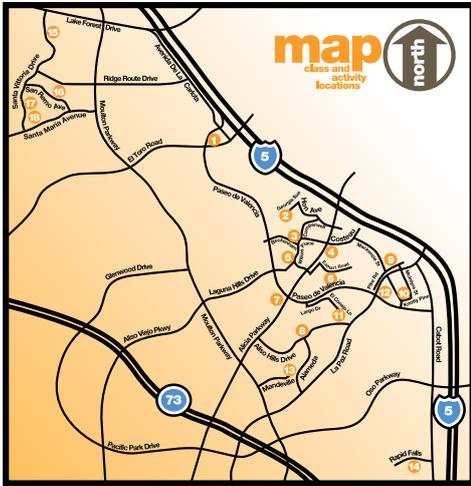
The City of Laguna Hills conducts state criminal background checks on all of its employees and contract instructors for all youth related recreational activity including its athletic programs. The City does not receive subsequent arrest notification information for employees or contract instructors for whom criminal background checks were requested. For more information on the City's background check policy contact the Community Services Department at (949) 707-2680.



COMMUNITY SERVICES

# ACTIVITY GUIDE

CITY OF LAGUNA HILLS



## CLASS ACTIVITY LOCATIONS

- |                         |                           |
|-------------------------|---------------------------|
| 1 City Hall             | 10 Knotty Pine Park       |
| 2 Clarington Park       | 11 El Conejo Park         |
| 3 Beckenham Park        | 12 Valencia Elementary    |
| 4 Costeau Park          | 13 Mandeville Park        |
| 5 Stockport Park        | 14 Cabot Park             |
| 6 Lomarena Elementary   | 15 Veeh Ranch Park        |
| 7 LHCC & Sports Complex | 16 San Remo Park          |
| 8 Mendocino Park        | 17 Santa Vittoria Park    |
| 9 Mackenzie Park        | 18 San Joaquin Elementary |

# > CONTENT

## Issue Features

## Events Calendar

- SPECIAL EVENTS
- EARLY CHILDHOOD CULTURAL ARTS
- EARLY CHILDHOOD PERSONAL DEVELOPMENT
- LIBRARY
- CULTURAL ARTS
- DANCE
- SPORTS AND FITNESS
- CIRCLE OF FRIENDS
- SPORT LEAGUES
- EXCURSIONS
- EMERITUS

- FEB 12**  
Spring Registration Begins
- FEB 18**  
Laguna Hills Community Center & Sports Complex Closed
- MAR 1**  
Circle of friends: Pizza and Movie Night
- MAR 23**  
Excursion: Los Angeles County Museum of Art & The Grove LA
- APR 21**  
Laguna Hills Community Center & Sports Complex Closed
- APR 27**  
Volunteer Connection Day

- MAY 3**  
Circle of Friends: Bingo Night
- MAY 7**  
Build A Fort Registration (Laguna Hills Residents Only)
- MAY 11**  
Excursion: Balboa Park's Botanical Building
- MAY 14**  
Summer Registration Begins
- MAY 14**  
Excursion: Gene Autry Museum and Visit at Phillipe the Original
- MAY 27**  
Memorial Day Half Marathon, 5K & 10K



### SAVE THE DATE BUILD A FORT REGISTRATION-

Due to the popularity of the Build A Fort and Junior Build A Fort Camps, registration for Laguna Hills residents will be collected in person Tuesday, May 7, 2019 – Friday, May 10, 2019 between the hours of 8:00 AM and 5:00 PM at the Laguna Hills Community Center. Please bring a recent utility bill as proof of residency and a copy of your child(ren)'s birth certificate(s) with you. Children may be enrolled by their parent or guardian only. Space is limited and is on a first come, first served basis. Registration for non-residents will begin on Tuesday, May 14, 2019.

**REGISTER EARLY FOR CLASSES!**

Help us avoid cancelling a class due to low enrolment... Remember to register early! For details on how to register for classes, see the sample registration form at the front of the brochure.

**SPECIAL EVENTS**

**VOLUNTEER CONNECTION DAY**

In honor of Earth Day and Arbor Day we invite volunteers of all ages to help with several environmental projects including trail cleanups and tree planting. This annual event is the perfect opportunity for residents and members of the community to positively impact our community. All volunteers are invited to a thank you lunch at the conclusion of the event. Participants ages 12 & under must be accompanied by an adult/guardian.

**DATES** 4/27 **TIME** 9:00 AM-12:00 PM **DAY** Sa

Ages: All Ages  
Location: LHCC

**MEMORIAL DAY HALF MARATHON 2019**

On your mark, get set, go! Preparation has already begun for the 21st annual Laguna Hills Memorial Day Half Marathon 5K, and 10K, Honoring the United States Marine Corps Dark Horse Battalion. The race crosses through the cities of Laguna Hills, Aliso Viejo, Laguna Woods and Laguna Niguel. Runner of all skill levels are welcome to participate in the event of their choice, the Half Marathon (13.1 miles), 10K run/walk (6.2 miles), 5k run/walk (3.1 miles) or Kids 1 mile. For standard online registration please visit [www.lagunahillshalfmarathon.com](http://www.lagunahillshalfmarathon.com). The City of Laguna Hills intends to donate \$3 per participant to the 3/5 Marine support committee. In addition to the running events, the City of Laguna Hills will once again hold a one-day community expo featuring live music and more that 40 vendors and exhibitors from 7:30-11:30 AM. The City of Laguna Hills needs more than 400 volunteers to make this great event happen. Volunteers will receive a free t-shirt, a meal and community service hours. Those interested in volunteering should call (949) 975-8506. Visit [www.lagunahillshalfmarathon.com](http://www.lagunahillshalfmarathon.com) for race times, fees, course descriptions, information regarding sponsorships, entertainment, parking, directions and much more!

**DATES** 5/27 **TIME** 7:00 AM-12:00 PM **DAY** M



**EARLY CHILDHOOD- CULTURAL ARTS**

**MUSIC TOGETHER**

Here is your chance to experience a nationwide, research-based program packed with songs, rhymes, dance and instrumental jam sessions! Outstanding teachers with early childhood and music experience will lead participants in a wonderful musical learning experience. Parent/guardian participation is required. For more information, please visit [www.svmusicitogether.net](http://www.svmusicitogether.net). Babies under 8 months may attend for free with registered sibling. A \$42 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	CLASS
4/10-6/12	9:15-10:00 AM	W	6555
4/10-6/12	10:15-11:00 AM	W	6556
4/13-6/15	10:45-11:30 AM	Sa	6557

Fee: Resident \$160, Non-Resident \$165  
Ages: 4 & under  
Location: LHCC  
Instructor: Elena Salisbury

**TUNES AND TALES**

Let's get the wiggles out! Tunes & Tales is a Music and Movement class for children ages 1<sup>1/2</sup> to 4 years. Sing-a-longs and fingerplay songs start off this fun filled class followed by music activities using beanbags, rhythm sticks, instruments and a parachute. We will even have time to read a short story each week (2<sup>1/2</sup> - 4 year class only). The children have a great time while developing their listening and social skills. Parent/Adult supervision/participation is required. Sibling discount: 25% for siblings registering in the same class. Ages 1<sup>1/2</sup> -2<sup>1/2</sup>;

DATES	TIME	DAY	CLASS
4/18-5/16	9:30-10:10 AM	Th	6530
4/18-5/16	10:15-11:10 AM	Th	6531

Fee: Resident \$45, Non-Resident \$50  
Class Sessions: 5  
Ages 2<sup>1/2</sup> - 4:  
Fee: Resident \$50, Non-Resident \$55  
Class Sessions: 5  
Location: LHCC  
Instructor: Vivian Stapleton



## EARLY CHILDHOOD- PERSONAL DEVELOPMENT

### PLAYTIME!

Fun time, game time, craft time, PLAYTIME! Join us for days of fun-filled activities from music, arts and crafts, sports, and games. This program is designed for lively little people and packed full of activities that initiate creativity, stimulate the imagination and encourage making new friends. Please send a sack lunch with your child each day. Participants must be potty trained. Families enrolling more than 1 child will receive a 25% discount for additional children enrolled.

DATES	TIME	DAY	CLASS
4/9-5/13	11:30 AM-2:00 PM	Tu Th	6664
Fee: Resident \$175, Non-Resident \$180			
Class Sessions: 20			
Ages: 3-5			
Location: LHCC			

## LIBRARY

### LAGUNA HILLS TECHNOLOGY PROGRAMS

Laguna Hills Technology Library offers a wide range of programs for adults and children such as computer tutoring, STEM programs for kids, Homework Help, story times and other technology related programs. The library's online calendar is available at: <http://www.ocpl.org/libloc/lht/calendar>

### LAGUNA HILLS TECHNOLOGY PROGRAMS

Computer Tutoring: FREE one on one tutoring sessions at flexible times. Learn basic computer skills such as Microsoft Office, Internet, Email, social media and mobile devices. Call the Laguna Hills Technology Library at 949-707-2699 to arrange a session.

### HOMEWORK HELP

Students in grades K-6 can drop in every Tuesday from 4-5pm to receive FREE homework assistance in the 2nd Floor Art Room of the Laguna Hills Community Center. No registration is required.

Age	Day	Time
K-6th grade	Tu	4-5pm
Location: LHCC		

### TECHY STORYTIME

Every Thursday at 11am. Children can enjoy stories, songs and tech activities using iPads, Virtual Reality viewers, Makey Makey, Spheros, 3D printer and more! For ages 3-6 with accompanying adult; siblings are welcome too! No registration is required.

Age	Day	Time
3-6	Th	11am
Location: LHCC		

### ARABIC STORY TIME

This special family story time takes place on the 1st Saturday of the month at 3:30pm in the 2nd Floor Classroom of the Laguna Hills Community Center. This story time is held in Arabic and includes stories, songs, and a craft for children all ages. No registration is required.

Age	Day	Time
All ages	1st Sat	3:30pm
Location: LHCC		

### CODING CLUB: CODERDOJO

FREE ongoing coding club every other Saturday! Kids will learn skills and have fun doing innovative coding as they explore technology in an informal, creative, and social environment. For ages 7 - 17. Participants under 12 must have a parent with them during the session. Registration is required! Call 949-707-2699 for information.

Age	Day	Time
7-17	Sat	1:30-3:30pm
Location: LHCC		

### BOOK CLUB

Adults read and discuss popular fiction and non-fiction books. The club meets on the 3rd Monday of the month in the 2nd Floor Art Room of the Laguna Hills Community Center. Copies of the current month's book are available in the library.

Day	Time
3rd Monday of each month	5:30

## CULTURAL ARTS

### HAMLET

William Shakespeare's most celebrated tragic play, Hamlet Renaissance Theatre Company (formerly Laguna Niguel Community Theatre) presents William Shakespeare's tragic maser work, The Tragical History of Hamlet, Prince of Denmark. Hamlet has been produced around the world more than any play in history, and has been translated into over 75 languages! You will be spellbound during this production of daring sword fights, true love, haunted ghosts, and a desire for revenge that drives or protagonist mad. Come see what all the Hamlet is about as RTC brings it to life at the Laguna Hills Community Center. All seating is general admission.

DATES	TIME	DAY	CLASS
3/8	7:00-9:00 PM	F	6596
3/9	7:00-9:00 PM	Sa	6597
3/10	2:00-4:00 PM	Su	6598
3/15	7:00-9:00 PM	F	6599
3/16	7:00-9:00 PM	Sa	6600
3/17	2:00-4:00 PM	Su	6601

Fee: \$25, per person  
\$22, for students 18 & under  
\$22, for seniors 55 & older  
Ages: All Ages  
Location: LHCC  
Instructor: Renaissance Theatre Company

## BEGINNING UKULELE

Just one strum of the ukulele brings on a smile. Enjoy learning how to play the world's easiest string instrument in a supportive small group setting. This class will provide all the fundamentals to be able to play songs on your own. Learn simple chords, easy melodies, strum styles, finger picking and a wide assortment of great songs. Ron Gorman has been teaching music classes for the City of Laguna Hills for the past 12 years. Bring your own Ukulele to class and let's have fun!

DATES	TIME	DAY	CLASS
4/27-5/25	1:00-2:00 PM	Sa	6659
Fee: Resident \$99, Non-Resident \$104			
Class Sessions: 5			
Ages: 10 & older			
Location: LHCC			
Instructor: Ron Gorman			

## BEGINNING GUITAR

Playing the guitar is an enjoyable and relaxing way to enrich your life with music. Experience interaction with other beginning guitarists in a supportive small group environment. The aim of this class is to transform the novice into a self reliant musician. Learn to play chords, fun melodies, strum styles and many popular songs. Instructor Ron Gorman has enjoyed teaching this class for the City of Laguna Hills for the past 14 years. Have a blast and bring your own guitar to class.

DATES	TIME	DAY	CLASS
4/27-5/25	2:00-3:00 PM	Sa	6660
Fee: Resident \$99, Non-Resident \$104			
Class Sessions: 5			
Ages: 10 & older			
Location: LHCC			
Instructor: Ron Gorman			

## THE EMPEROR'S NEW CLOTHES, A MUSICAL

Be in a musical, complete with lights, costumes, big dance numbers and memories to last a lifetime. Instructed by professionals in drama, dance and voice, CKP is known for quality theatre education. The Emperor's New Clothes You could be the Emperor, his Entourage and servants, The Littlest Tailor who ultimately designs clothes for the Emperor, the crew of crooks who con the Emperor, or many other parts. A tale of tenacity, hard work, believing in oneself, and that the best way to impress people is to be the best version of yourself. Everyone gets a speaking part. If enrollment is high there will be 2 casts. The final performance will be held 4/18 at 5:00 PM and 6:30 PM. Learn more at [www.CreativeKidsPlayhouse.org](http://www.CreativeKidsPlayhouse.org).

DATES	TIME	DAY	CLASS
4/15-4/18	9:00 AM-2:00 PM	M-Th	6679
Fee: Resident \$178, Non-Resident \$183			
Class Sessions: 4			
Ages: 6-13			
Location: LHCC			
Instructor: Creative Kids Playhouse			



## DANCE

### CLOG DANCE

Clogging is a type of folk dance in which the dancer's shoes percussively hits the floor by striking the heel and/or toe creating rhythms usually to the downbeat of many different genres of music.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
3/6-3/27	8:00-10:00 PM	W	4	\$28/\$33	6532
4/3-4/24	8:00-10:00 PM	W	4	\$28/\$33	6533
5/1-5/29	8:00-10:00 PM	W	5	\$35/\$40	6534
Ages: 6 & older					
Location: LHCC					
Instructor: John Habash					

### BELLY DANCING

From beginning muscle isolations and hip shimmies to advanced technique and choreography, these courses cover it all! You will enjoy this great overall workout in a fun, supportive atmosphere. Wear comfortable clothes and dance shoes, or go barefoot. Instructor has over 20 years experience in this dance form. For more information, please visit [www.bellydancorangecounty.com](http://www.bellydancorangecounty.com). No class 4/21

DATES	TIME	DAY	CLASS
Intro:			
4/7-4/28	12:30-1:30 PM	Su	6589
Fee: Resident \$39, Non-Resident \$44			
Class Sessions: 3			
5/5-5/26	12:30-1:30 PM	Su	6590
Fee: Resident \$52, Non-Resident \$57			
Class Sessions: 4			
Level I:			
4/7-5/26	1:30-2:30 PM	Su	6591
Fee: Resident \$84, Non-Resident \$89			
Class Sessions: 7			
Level II:			
4/7-5/26	2:30-3:30 PM	Su	6592
Fee: Resident \$84, Non-Resident \$89			
Class Sessions: 7			
Level III:			
4/7-5/26	3:30-4:30 PM	Su	6593
Fee: Resident \$84, Non-Resident \$89			
Class Sessions: 7			
Ages: 10 & older			
Location: LHCC			
Instructor: Tina Elkins			

**REGISTER EARLY FOR CLASSES!**

Help us avoid cancelling a class due to low enrolment... Remember to register early! For details on how to register for classes, see the sample registration form at the front of the brochure.



## WEST COAST MOVEMENT PROJECT

Since 2006 WCMP has provided a family-centric dance studio environment through the City of Laguna Hills. Highly personalized instruction coupled with strong technical training raises our students confidence helping them to learn, grow and thrive. Your child's dance education is important to us. So is your child. Come join us and see what makes us unique.

### What classes can my new student join in quarter 4?

First Steps Combo Dance is open to new students in Q4 if space allows. Priority registration is for returning students involved in our June recital. All other classes are closed to new enrollment until the summer. Please contact us with questions at [mia.alicea@gmail.com](mailto:mia.alicea@gmail.com).

### CLASS SELECTION, TUITION, AND REGISTRATION

Before registering for classes please check with WCMP first to verify space by emailing us at [mia.alicea@gmail.com](mailto:mia.alicea@gmail.com)

Registration is a two step process. Parents must sign up online via WCMP's online studio registration portal. This will hold your child's place in their selected class. WCMP does not collect tuition through their portal. To pay tuition for the total number of classes you've chosen, families must complete registration with the City of Laguna Hills. Students are considered fully registered only when both steps are completed. Before registering for classes please check with WCMP to verify space.

### Step 1: SIGN UP AND HOLD YOUR CLASSES THROUGH WCMP'S ONLINE PORTAL

-Create a WCMP parent account and sign up for your chosen classes at [dancestudio-pro.com/online/wcmp](http://dancestudio-pro.com/online/wcmp)

### Step 2: PAY FOR TUITION THROUGH THE CITY OF LAGUNA HILLS

-Register and pay the City of Laguna Hills the total tuition for the number of classes you've selected. See chart below for tuition and class codes.

Separate registrations are required for each family member. Additional family members enjoy discounted rates.

### PRESCHOOL DANCERS CAN JOIN AT ANYTIME PENDING WCMP APPROVAL

We have special registration codes for that! Contact WCMP to find out how.

#### Quarter 3

February 4th- April 13th  
No Class 2/15-2/18, 4/1-4/7

#### First Family Member

Cost for Quarter 3  
February 4th - April 13th

Classes per Week:	FEE	Class Code:
One	\$160	#6440
Two	\$300	#6441
Three	\$400	#6442
Four	\$480	#6443
Five	\$550	#6444
Six	\$600	#6445

#### Each Additional Family Member

Cost for Quarter 3  
February 4th - April 13th

Classes per Week:	FEE	Class Code:
One	\$136	#6446
Two	\$255	#6447
Three	\$340	#6448

#### Quarter 4

April 15th-June 17th  
No Class 5/27 & 6/13

#### First Family Member

Cost for Quarter 4  
April 15th- June 17th

Classes per Week:	FEE	Class Code:
One	\$160	#6560
Two	\$300	#6561
Three	\$400	#6562
Four	\$480	#6563
Five	\$550	#6564
Six	\$600	#6565

#### Each Additional Family Member

Cost for Quarter 2  
November 6th-February 3rd

Classes per Week:	FEE	Class Code:
One	\$136	#6566
Two	\$255	#6567
Three	\$340	#6568

We are happy to answer any questions regarding your child's placement, dress code or our program.

Email: [mia.alicea@gmail.com](mailto:mia.alicea@gmail.com) (quickest method of contact)

Phone: (949) 403-9712

Website: [wcmovementproject.com](http://wcmovementproject.com)

FB business page: [facebook.com/WestCoastMovementProject](https://facebook.com/WestCoastMovementProject)

Instagram: [instagram.com/westcoastmovementproject](https://instagram.com/westcoastmovementproject)

## FIRST STEPS COMBO DANCE

\*New students must contact WCMP directly to check availability prior to registering

Our tap, ballet, jazz combo programming was lovingly developed for pre-school aged children. Dancers learn basic steps while exploring fun-filled themed units. In addition, we introduce vital social skills including communication, cooperation and self control while engaging their curiosity and building their confidence. Our First Steps students are taught with caring instruction and attention is paid to the growth and development of each student.

**Dress Code:** Any color leotard and tights, black tap shoes, pink leather ballet slippers.

DIVISION	AGE	DAY	TIME
FIRST STEPS	3-4	Th	9:00-9:45 AM
FIRST STEPS	3-4	F	9:30-10:15 AM
FIRST STEPS	3-4	F	10:15-11:00 AM



### WE'RE ON FACEBOOK!

Check us out! [www.facebook.com/lagunahillsc](https://www.facebook.com/lagunahillsc)

## TAP & JAZZ

\*New students must contact WCMP directly to check availability prior to registering

Tap & Jazz are the building blocks of a rounded dance education and our Roots Level Combo classes provide the perfect beginning. Class time is divided between the two genres and provides the skills required for out Wings and Flight levels. Tap explores basic rhythms while building basic tap vocabulary while Jazz focuses on placement and the foundational technique characteristic of this classic style. NOTE: For six year olds, we recommend Combo I if this is their first year of dance.

Combo I:

**Dress Code:** Solid black leotard or tank, black dance shorts, tan tights, black patent leather tap shoes, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
ROOTS	5-6	W	4:15-5:15 PM

Combo II:

**Dress Code:** Solid black leotard or tank, black dance shorts, tan tights, black oxford lace up tap shoes, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
ROOTS	6-8	Th	4:15-5:15 PM

Combo III:

**Dress Code:** Solid black leotard or tank, black dance shorts, tan tights, black oxford lace up tap shoes, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
ROOTS	8-10	T	3:45-5:00 PM

## BALLET

\*New students must contact WCMP directly to check availability prior to registering

Ballet instills grace, elegance, poise and technique. Dancers are taught ballet basics and walk away with vital transferable skills for other dance styles. Ballet is considered the foundational form for most other dance styles and is an important part of any dance education. We recommend ballet for all students.

**Dress Code:** Solid black leotard, pink tights, pink leather ballet slippers and hair in a bun. Dancers may also choose to wear a black ballet skirt if they wish.

DIVISION	AGE	DAY	TIME
ROOTS	5-6	M	3:30-4:15 PM
ROOTS	7-9	M	4:15-5:00 PM
WINGS*	9-12	M	5:00-5:50 PM
FLIGHT	*12+	M	5:50-6:50 PM
FLIGHT*	12+	F	6:15-7:15 PM

\*PREREQUISITE REQUIRED- Instructor Approval



## JAZZ

\*New students must contact WCMP directly to check availability prior to registering

Jazz is rooted in American musical theatre and is known for its iconic fast pace and dynamic energy. Students learn to express themselves with energetic combinations, while developing and showcasing their individual style.

**Dress Code:** Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
WINGS*	9-12	T	5:45-6:45 PM
FLIGHT	*12 +	W	6:00-7:00 PM

\*PREREQUISITE REQUIRED- Instructor Approval

## TAP

\*New students must contact WCMP directly to check availability prior to registering

Through a combination of Broadway and Rhythm Tap styles, we emphasize improving and developing rhythmic skills, the importance of clarity through timing and the articulation of sound. With proper technique, dancers have the opportunity to create music with their tap shoes in addition the visual beauty of dance.

**Dress Code:** Solid black dance tank, black dance shorts, tan tights, black tap oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
WINGS & FLIGHT	11+	W	5:15-6:00 PM

\*PREREQUISITE REQUIRED- Instructor Approval

## LYRICAL

\*New students must contact WCMP directly to check availability prior to registering

Lyrical incorporates the traditional lines of classical ballet combined with jazz to tell a story and express emotions. Lyrical is a wonderful entry point for young dancers who wish to ultimately take Contemporary.

**Dress Code:** Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
ROOTS	7-9	Th	5:15-6:15 PM

## CONTEMPORARY

\*New students must contact WCMP directly to check availability prior to registering

Lyrical incorporates the traditional lines of classical ballet combined with jazz to tell a story and express emotions. Lyrical is a wonderful entry point for young dancers who wish to ultimately take Contemporary.

**Dress Code:** Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
WINGS	*9-12	F	4:15-5:15 PM
FLIGHT*	12 +	F	5:15-6:15 PM

\*PREREQUISITE REQUIRED- Instructor Approval



WE'RE ON FACEBOOK!

Check us out! [www.facebook.com/lagunahillsc](http://www.facebook.com/lagunahillsc)



## HIP HOP

\*New students must contact WCMP directly to check availability prior to registering

Dancers will learn to move and groove to contemporary hip hop styles gaining confidence and rhythmic awareness. Music is age appropriate.

**Dress Code:** Joggers or sweatpants, tee shirt and sneakers.

DIVISION	AGE	DAY	TIME
ROOTS	6-9	Sat	10:00-10:45 AM

## M\*POWER DANCE TEAMS

**Dress Code:** Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

TEAM	DAY	TIME
Teal*	T	5:00-5:45 PM

\*PREREQUISITE REQUIRED- Invitation Only

## SPORTS AND FITNESS



### CHILDREN & TEEN OPEN GYM BASKETBALL

Open gym basketball is free of charge to those ages 17 and under. A parent or guardian must complete a registration form at the front counter prior to children accessing the gymnasium. Children under 9 years of age must be accompanied by a parent or guardian.

DATES	TIME	DAY
Ongoing	12:00-2:00 PM 2:00-4:00 PM	Su M-Fr

Fee: Free  
Ages: 17 & under  
Location: LHCC  
Logo: Feet



### ADULT OPEN GYM BASKETBALL

Participants must purchase an annual gym pass and complete a registration form at the front counter prior to accessing the gymnasium.

DATES	TIME	DAY
Ongoing	2:00-6:00 PM 6:30-9:30 PM	Su F

Fee: Resident \$30, Non-Resident \$40  
Ages: 18 & older  
Location: LHCC



## AFTER SCHOOL SPORTS

Intramural Sports will be offered for boys and girls two days a week after school at each elementary school campus. Sessions begin with skill development and progress to intramural tournaments. Session I: Coed Soccer & Session II:

Track & Field are open to Grades K-6. NOTE: Class will not meet on school holidays and furlough days. On minimum days practice will be held at 1:30 PM at Lomarena and Valencia and at 1:00 PM at San Joaquin.

SESSION 1: COED SOCCER

DATES	TIME	DAY	SCHOOL	CLASS
3/25-5/1	2:45-4:00 PM	MW	Lomarena Elementary	6583
3/26-5/2	2:15-3:30 PM	TuTh	San Joaquin Elementary	6584
3/26-5/2	2:45-4:00 PM	TuTh	Valencia Elementary	6585

SESSION 2: TRACK & FIELD

DATES	TIME	DAY	SCHOOL	CLASS
5/13-6/5	2:45-4:00 PM	MW	Lomarena Elementary	6586
5/14-6/6	2:15-3:30 PM	TuTh	San Joaquin Elementary	6587
5/14-6/6	2:45-4:00 PM	TuTh	Valencia Elementary	6588

Fee: \$35  
Grades: K-6

Instructor: Community Services Staff



## ADULT TABLE TENNIS ANNUAL PASS

Participants must purchase an annual Table Tennis pass and complete a registration form at the front desk prior to any play. Don't want to pay for the annual pass? No problem, you may purchase a one day pass with exact change. Players must provide their own paddle and balls. Player rules are available at the front desk. Call (949) 707-2680 for more information.

DATES	TIME	DAY
Ongoing	12:00-2:00 PM 1:00-5:00 PM	TuTh Sat

Fee: Resident \$30, Non-Resident \$35

1-Day Guest Pass	12:00-2:00 PM 1:00-5:00 PM	TuTh Sat
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Fee: \$2  
Ages: 18 & older  
Location: LHCC  
Instructor: Community Services Staff



## PICKLEBALL

Pickleball is a racquet sport that incorporates elements of badminton and tennis for two to four players, who use hand-held paddles to hit a perforated plastic ball over the net. It's an easy-to-learn game that is played on a court similar to a tennis court, but half the size. Pickleball is fun for family and friends of all ages and levels of activity. These low impact workouts promote adult and kids health. This drop-in sport is being offered on a trial basis at the Laguna Hills Community Center's Roller Hockey Rink. Participants must register at the Laguna Hills Community Center's front desk prior to play. Day and hours are subject to change.

DATES	TIME	DAY
Ongoing	6:00-9:00 PM 9:00 AM-12:00 PM	M Th Tu W

Fee: Free  
Ages: All Ages  
Location: LHCC  
Instructor: Community Services Staff

## REGISTER EARLY FOR CLASSES!

Help us avoid cancelling a class due to low enrolment... Remember to register early! For details on how to register for classes, see the sample registration form at the front of the brochure.



### HIKING CLUB

The Hiking Club is a series of hikes that explore various wilderness areas in the Orange County area. The hikes are held at intermediate level hiking pace and encounter a more challenging variety of terrain, including hills with distances of 3-7 miles. Participants should wear sturdy walking shoes or hiking boots, be prepared for plenty of sunshine and bring water to drink. Community Services Staff provide transportation from the Laguna Hills Community Center to each of the trailheads. Call (949) 707-2680 for more information. Sign up soon, space is limited! **SCHEDULE 3/9: Cleveland National Forest- Arroyo Trabuco; 3/23: Laguna Coast Wilderness Park- Laurel Canyon Loop; 4/6: Santiago Oaks- Robber's Roost; 4/20: Whiting Ranch- Red Rock Canyon; 5/4: Modjeska Canyon-Harding Trail.**

DATES	TIME	DAY	CLASS
3/9, 3/23, 4/6 4/20, 5/4	8:00-12:00 PM	Sa	6547

Fee: Resident \$40, Non-Resident \$45  
Class Sessions: 5  
Ages: 18- & older  
Location: LHCC  
Instructor: Community Services Staff



### AIKIDO

Aikido is a modern Japanese form of self defense that advocates harmony over conflict. Students of Aikido learn self confidence, balance, awareness and mastery of their own bodies. Classes include games and activities that promote cooperation, discipline, and coordination. Adults are welcome to train with their families. Ranks and belt testing available- additional fees and membership required. Please see instructor about uniform pricing and sizing.

Beginning (Ages 6-18):

DATES	TIME	DAY	CLASS
3/2-3/30	5:00-6:00 PM 9:30-10:30 AM	TuTh Sat	6535
4/2-4/30	5:00-6:00 PM 9:30-10:30 AM	TuTh Sat	6538
5/2-5/30	5:00-6:00 PM 9:30-10:30 AM	TuTh Sat	6541

Fee: Resident \$75, Non-Resident \$80  
Intermediate (Ages 6-18):

DATES	TIME	DAY	CLASS
3/2-3/30	6:00-7:00 PM 9:30-10:30 AM	TuTh Sat	6536
4/2-4/30	6:00-7:00 PM 9:30-10:30 AM	TuTh Sat	6539
5/2-5/30	6:00-7:00 PM 9:30-10:30 AM	TuTh Sat	6542

Fee: Resident \$75, Non-Resident \$80  
All levels (Ages 19 & older):

DATES	TIME	DAY	CLASS
3/2-3/30	7:00-9:00 PM 10:30-11:30 AM	TuTh Sat	6537
4/2-4/30	7:00-9:00 PM 10:30-11:30 AM	TuTh Sat	6540
5/2-5/30	7:00-9:00 PM 10:30-11:30 AM	TuTh Sat	6543

Fee: Resident \$115, Non-Resident \$120  
Location: LHCC  
Instructor: Dale Eisenberg



### FUTURE STARS TENNIS

For kids just starting to play. Class focuses on the basics like ground strokes, some serving and lots of hand eye coordination work. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis more fun and enjoyable. For more information, please visit www.WRTennis.com. \*NO CLASS 6/8.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
3/4-3/25	3:00-3:45 PM	M	4	\$58/\$63	6602
3/9-3/30	8:30-9:15 AM	Sa	4	\$58/\$63	6603
4/1-4/22	3:00-3:45 PM	M	4	\$58/\$63	6604
4/6-4/27	8:30-9:15 AM	Sa	4	\$58/\$63	6605
4/29-5/20	3:00-3:45 PM	M	4	\$58/\$63	6606
5/4-5/25	8:30-9:15 AM	Sa	4	\$58/\$63	6607
6/3-6/10	3:00-3:45 PM	M	2	\$29/\$34	6608
6/1-6/15	8:30-9:15 AM	Sa	2	\$29/\$34	6609

Ages: 4-5

Location: Mackenzie Park Tennis Courts  
Instructor: Wyatt Russell & Staff



### RISING STARS TENNIS

Also for new kids to tennis. This class focuses on teaching the fundamentals of ground strokes, serves, volleys and footwork skills. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis fun and enjoyable. For more information, please visit www.WRTennis.com. \*NO CLASS 6/8.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
3/4-3/25	3:45-4:45 PM	M	4	\$75/\$80	6610
3/9-3/30	9:15-10:15 AM	Sa	4	\$75/\$80	6611
4/1-4/22	3:45-4:45 PM	M	4	\$75/\$80	6612
4/6-4/27	9:15-10:15 AM	Sa	4	\$75/\$80	6613
4/29-5/20	3:45-4:45 PM	M	4	\$75/\$80	6614
5/4-5/25	9:15-10:15 AM	Sa	4	\$75/\$80	6615
6/3-6/10	3:45-4:45 PM	M	2	\$38/\$43	6616
6/1-6/15	9:15-10:15 AM	Sa	2	\$38/\$43	6617

Ages: 6-7

Location: Mackenzie Park Tennis Courts  
Instructor: Wyatt Russell & Staff



### TENNIS STARS

For kids who have moved up from Rising Stars Tennis or who are newer to tennis. This class works on ensuring kids are ready for match play by reinforcing proper stroke production, footwork and basic strategy concepts. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis more fun and enjoyable. For more information, please visit www.WRTennis.com. \*NO CLASS 6/8.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
3/7-3/28	3:00-4:00 PM	Th	4	\$75/\$80	6618
3/9-3/30	10:30-11:30 AM	Sa	4	\$75/\$80	6619
4/4-4/25	3:00-4:00 PM	Th	4	\$75/\$80	6620
4/6-4/27	10:30-11:30 AM	Sa	4	\$75/\$80	6621
5/2-5/23	3:00-4:00 PM	Th	4	\$75/\$80	6622



Location: Mackenzie Park Tennis Courts  
Instructor: Wyatt Russell & Staff

DATES	TIME	DAY	SESSIONS	FEE	CLASS
5/4-5/25	10:30-11:30 AM	Sa	4	\$75/\$80	6623
5/30-6/13	3:00-4:00 PM	Th	3	\$56/\$61	6624
6/1-6/15	10:30-11:30 AM	Sa	2	\$38/\$43	6625

Ages: 8-10

Location: Mackenzie Park Tennis Courts  
Instructor: Wyatt Russell & Staff



### ALL STAR TENNIS

For kids with more than 1 year of experience. This class reinforces the skills learned in previous classes. Players will use green balls on a full court to help them prepare for play with a full compression ball. For more information please visit

www.WRTennis.com.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
3/4-3/25	4:45-5:45 PM	M	4	\$75/\$80	6626
3/7-3/28	4:00-5:00 PM	Th	4	\$75/\$80	6627
4/1-4/22	4:45-5:45 PM	M	4	\$75/\$80	6628
4/4-4/25	4:00-5:00 PM	Th	4	\$75/\$80	6629
4/29-5/20	4:45-5:45 PM	M	4	\$75/\$80	6630
5/2-5/23	4:00-5:00 PM	Th	4	\$75/\$80	6631
6/3-6/10	4:45-5:45 PM	M	2	\$38/\$43	6632
5/30-6/13	4:00-5:00 PM	Th	3	\$56/\$61	6633

Ages: 8-11

Location: Mackenzie Park Tennis Courts  
Instructor: Wyatt Russell & Staff

Logo: Feet



### TIER 1 TENNIS

Perfect for kids that are ready for full court play with a full compression ball. For more information please visit WRTennis.com. \*NO CLASS 6/8.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
3/7-3/28	5:30-7:00 PM	Th	4	\$112/\$117	6634
3/9-3/30	11:30-1:00 PM	Sa	4	\$112/\$117	6635
4/4-4/25	5:30-7:00 PM	Th	4	\$112/\$117	6636
4/6-4/27	11:30-1:00 PM	Sa	4	\$112/\$117	6637
5/2-5/23	5:30-7:00 PM	Th	4	\$112/\$117	6638
5/4-5/25	11:30-1:00 PM	Sa	4	\$112/\$117	6639
5/30-6/13	5:30-7:00 PM	Th	3	\$84/\$89	6640
6/1-6/15	11:30-1:00 PM	Sa	2	\$56/\$61	6641

Ages: 11-17

Location: Mackenzie Park Tennis Courts  
Instructor: Wyatt Russell & Staff



### ADULT TENNIS- LEARN TO RALLY (BEGINNER TENNIS)

If you have never played before, now it the time. In this class you will learn the basics of tennis and better yet you will be rallying in just the first class. For more information please visit www.WRTennis.com.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
3/4-3/25	7:30-8:30 PM	M	4	\$75/\$80	6642
4/1-4/22	7:30-8:30 PM	M	4	\$75/\$80	6643
4/29-5/20	7:30-8:30 PM	M	4	\$75/\$80	6644
6/3-6/10	7:30-8:30 PM	M	2	\$38/\$43	6645

Ages: 18 & older



### ADULT TENNIS- ADVANCED BEGINNER

This class is perfect if you haven't played in a few years or you are just getting the hang of things. Ill help you further your fundamental skills so your consistency and shot making percentages increase to higher levels. For more information please visit [www.WRTennis.com](http://www.WRTennis.com).

DATES	TIME	DAY	SESSIONS	FEE	CLASS
3/4-3/25	6:00-7:30 PM	M	4	\$112/\$117	6646
4/1-4/22	6:00-7:30 PM	M	4	\$112/\$117	6647
4/29-5/20	6:00-7:30 PM	M	4	\$112/\$117	6648
6/3-6/10	6:00-7:30 PM	M	2	\$56/\$61	6649

Ages: 18 & older

Location: Mackenzie Park Tennis Courts  
Instructor: Wyatt Russell & Staff



### ADULT TENNIS- INTERMEDIATE

Perfect for more experienced players with a 3.0-3.5 rating. We'll work on refining strokes as I introduce modern concepts, with proven techniques. Together we'll discuss and implement doubles and singles strategies for smarter play and decision making during points. For more information, please visit [www.WRTennis.com](http://www.WRTennis.com).

DATES	TIME	DAY	SESSIONS	FEE	CLASS
3/7-3/28	7:00-8:30 PM	Th	4	\$112/\$117	6650
4/4-4/25	7:00-8:30 PM	Th	4	\$112/\$117	6651
5/2-5/23	7:00-8:30 PM	Th	4	\$112/\$117	6652
5/30-6/13	7:00-8:30 PM	Th	3	\$84/\$89	6653

Ages: 18 & older

Location: Mackenzie Park Tennis Courts  
Instructor: Wyatt Russell & Staff



### ZUMBA

Zumba is an aerobic exercise class that fuses Latin rhythms (Disco, Reggaeton-Cumbia, Conga Hip-Hop, Merengue Hip-Hop, Reggaeton-Belly Dance, Techno and Salsa) with a highly effective cardio training system that is fun and easy to do.

Burn 500-800 calories and hour! Be prepared to have a great time and expect to sweat. Ditch the workout..join the PARTY! To learn more about Zumba or the instructor visit [www.southcozumba.com](http://www.southcozumba.com).

DATES	TIME	DAY	SESSIONS	FEE	CLASS
3/5-3/26	7:00-8:00 PM	Tu	4	\$36/\$41	6571
3/7-3/28	7:30-8:30 PM	Th	4	\$36/\$41	6572
4/2-4/30	7:00-8:00 PM	Tu	5	\$45/\$50	6573
4/4-4/25	7:30-8:30 PM	Th	4	\$36/\$41	6574
5/7-5/28	7:00-8:00 PM	Tu	4	\$36/\$41	6575
5/2-5/30	7:30-8:30 PM	Th	5	\$45/\$50	6576

Two Days per week:

3/5-3/28	7:00-8:30 PM	Tu	8	\$68/\$73	6577
	7:30-8:30 PM	Th			
4/2-4/30	7:00-8:00 PM	Tu	9	\$77/\$82	6578
	7:30-8:30 PM	Th			
5/2-5/30	7:00-8:00 PM	Tu	9	\$77/\$82	6579
	7:30-8:30 PM	Th			

Three Month Session:

3/5-5/28	7:00-8:00 PM	Tu	13	\$117/\$122	6580
3/7-5/30	7:30-8:30 PM	Th	13	\$117/\$122	6581
3/5-5/30	7:00-8:30 PM	Tu	26	\$221/\$226	6582
	7:30-8:30 PM	Th			

Ages: 16 & older

Location: LHCC  
Instructor: Rocío Trevino



### GENTLE YOGA

Gentle Yoga's calming restorative stretches will help heal and release stress, and physical tension, with an emphasis on deep yoga breathing and relaxation. Preregistration required. No Class 3/20

DATES	TIME	DAY	CLASS
3/6-5/15	6:00-7:30 PM	W	6529
Fee: Resident \$125, Non-Resident \$130			
Class Sessions: 10			
Ages: 14 & older			
Location: LHCC			
Instructor: Angie Knight			



### QIGONG FOR ALL

Each class is started with a set of Opening Moves to allow the body structure to open in all directions. Next, we move through the 20 Qigong movements. These movements focus on Energy passing through specific pathways (or meridians).

The class ends with a closing Qigong form (Swimming Dragon) that integrates the mind-body-spirit to a more grounded state of well-being. This form of Qigong can be safely practiced by the beginner, those with limited movement, and the most advanced student.

DATES	TIME	DAY	CLASS
Free Trial:			
3/20-3/20	6:00-7:00 PM	W	6594
10 week session:			
3/27-5/29	6:00-7:00 PM	W	6595
Fee: Resident \$100, Non-Resident \$105			
Ages: 18-80			
Location: LHCC			
Instructor: Karl Ardo			

## CIRCLE OF FRIENDS

The Circle of Friends program is for individuals with disabilities who are age thirteen and older. Activities are designed to foster social skills, increase leisure opportunities and create friendships while enhancing developmental needs for teens and adults of all abilities. Programs include movie nights, local excursions, social dances and more! To be added to our Circle of Friends quarterly newsletter or to find out more about the program, please call (949) 707-2683.

### PIZZA AND MOVIE NIGHT

Invite a friend and join us for a fun night of pizza and a movie at the Laguna Hills Community Center! Please RSVP in advance to (949) 707-2683.

DATES	TIME	DAY	CLASS
3/1	6:30-9:00 PM	F	6511
Fee: \$5			
Ages: 13 & older			
Location: LHCC			
Instructor: Community Services Staff			

### CIRCLE OF FRIENDS KARAOKE NIGHT

Invite a friend and join us for an exciting evening of karaoke at the Laguna Hills Community Center! Bring your favorite CD to sing-a-long with or use one of ours! Please RSVP in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
4/5	6:30-8:30 PM	F	6661
Fee: \$5			
Ages: 13 & older			
Location: LHCC			
Instructor: Community Services Staff			



### CIRCLE OF FRIENDS BINGO NIGHT

Invite a friend and join us for an exciting evening of BINGO at the Laguna Hills Community Center! Please RSVP in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
5/3	6:30-8:30 PM	F	6662
Fee: \$5			
Ages: 13 & older			
Location: LHCC			
Instructor: Community Services Staff			

## SPORTS LEAGUES



### SLOW PITCH ADULT SOFTBALL

Registration for Adult Softball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$15 per game umpire fee.

LEAGUE	DATES	TIME	DAY
Men's "D"	5/6-7/22	6:30, 7:45, 8:50 PM	M
Men's "Upper D"	5/7-7/23	6:30, 7:45, 8:50 PM	Tu
Men's "D"	5/8-7/24	6:30, 7:45, 8:50 PM	W
Men's "Lower D"	5/9-7/25	6:30, 7:45-8:50 PM	Th
Fee: \$350			
Ages: 18 & older			
Location: LHCC			



### ADULT BASKETBALL LEAGUE

Registration for Adult Basketball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$30 per game official's fee.

LEAGUE	DATES	TIME	DAY
Open League	5/7-7/23	6:30, 7:30, 8:30 PM	Tu
Fee: \$325			
Ages: 18 & older			
Location: LHCC			

## EXCURSIONS



### DAY HIKE TO ANZA BORREGO

Hike up and back Borrego Palm Canyon. The trail features a magnificent fan palm oasis, possible big horn sheep sightings, and if timed correctly an impressive floral display during peak season. The desert bloom brings bursts of color to barrel cactus, beavertail cactus, ocotillo, and more. Brief stops include the Visitor's Center and Panorama Overlook. This roughly 3.25-mile round trip hike gains about 525 feet of elevation and is considered moderate in difficulty. Be sure to dress in layers, bring plenty of water, some snacks, wear good footwear, and sun protection. Bring a sack lunch. Participants meet at the Laguna Hills Community Center where City staff will provide transportation to the trail-head. Call (949) 707-2680 for more information. No refunds or transfers for this event.



**DATES** 3/30 **TIME** 7:00 AM-5:00 PM **DAY** Sa **CLASS** 6548  
 Fee: Resident \$25, Non-Resident \$30  
 Ages: All Ages  
 Location: LHCC  
 Instructor: Community Services Staff



## DAY HIKE IN FALLBROOK & AVOCADO FESTIVAL

Hike to the panoramic summit of Monserate Mountain via the Trail Loop. Hike is roughly a 4.4-mile loop and is considered moderately difficult, with a steep incline. Thereafter, a visit to the Avocado Festival in celebration of the popular fruit in where else, the "Avocado Capital of the World". Fallbrook's celebration includes foods for purchase, live entertainment and of course showcasing the amazing avocado. Be sure to dress in layers, bring plenty of water, some snacks, wear good footwear, and sun protection. Bring a sack lunch or purchase something unique from the food vendors at the Avocado Festival. Participants meet at the Laguna Hills Community Center where City staff will provide transportation to the trail-head. Call (949) 707-2680 for more information. No refunds or transfers for this event.

**DATES** 4/14 **TIME** 7:00 AM-6:00 PM **DAY** Su **CLASS** 6549  
 Fee: Resident \$20, Non-Resident \$25  
 Ages: All Ages  
 Location: LHCC  
 Instructor: Community Services Staff



## DAY HIKE TO THE HOLLYWOOD SIGN & FARMER'S MARKET

Hike up and back Mount Lee via the Canyon Drive Trail to LA's most iconic symbol of Southern California. See sweeping views of the southland behind this American landmark. This 6.5 mile round trip hike is considered moderate, with an elevation gain of 1,098 feet. Hike through Griffith Park along with visiting the Bronson Caves aka the Bat Cave, which was used in the 1960's Batman TV series. Afterwards, explore the Original Farmers Market before heading back. Be sure to dress in layers, bring plenty of water, some snacks, sack lunch, wear good footwear, and sun protection. Participants meet at the Laguna Hills Community Center where City staff will provide transportation to the trail-head. Call (949) 707-2680 for more information. No refunds or transfers for this event.

**DATES** 5/18 **TIME** 7:00 AM-6:00 PM **DAY** Sa **CLASS** 6550  
 Fee: Resident \$25, Non-Resident \$30  
 Ages: All Ages  
 Location: LHCC  
 Instructor: Community Services Staff

## EXCURSION TO THE BROAD & BRADBURY BUILDING

The Broad's award-winning architecture houses a contemporary art museum in Los Angeles that was established in 2015. View the floor galleries, which display a robust and changing selection of artworks from the Broad collection and exhibitions. Next, we will stop at the historic and breath-taking architectural landmark, the Bradbury Building. Located in downtown Los Angeles, the Bradbury Building is the oldest commercial building that remains. Participants meet at the Laguna Hills Community Center where City staff will provide transportation. Call (949) 707-2680 for more information. No refunds or transfers for this event.

**DATES** 3/23 **TIME** 1:00 PM-8:00 PM **DAY** Sa **CLASS** 6551  
 Fee: Resident \$30, Non-Resident \$35  
 Ages: All Ages  
 Location: LHCC  
 Instructor: Community Services Staff

## LA MUSEUM OF ART & THE GROVE LA

LACMA is the largest art museum in the western United States, with a collection that includes more than 135,000 objects dating from antiquity to the present, encompassing the geographic world and nearly the entire history of art. Next, a visit to what is called the best mix of fashion, shopping, dining and entertainment in LA, The Grove. Participants meet at the Laguna Hills Community Center where City staff will provide transportation. Call (949) 707-2680 for more information. No refunds or transfers for this event.

**DATES** 4/9 **TIME** 9:00 AM-6:00 PM **DAY** Tu **CLASS** 6552  
 Fee: Resident \$30, Non-Resident \$35  
 Ages: All Ages  
 Location: LHCC  
 Instructor: Community Services Staff

## BALBOA PARK'S BOTANICAL BUILDING & TIMKEN MUSEUM

Tour San Diego's jewel box of fine art that houses the world-class Putnam Foundation's Collection of European Old Master, 19th-Century American art, and Russian icons. Artists represented include Rembrandt, Rubens, Fragonard, Bierstadt, Pieter Bruegel the elder, John Singleton Copley and Eastman Johnson. Visit the Lily Pond and Lagoon, which is one of the most photographed scenes in Balboa Park and a "must-see" destination in San Diego. Relax in natural beauty and view more than 2,100 plants including cycads, ferns, and orchids. Participants meet at the Laguna Hills Community Center where City staff provides transportation. Call (949) 707-2680 for more information. No refunds or transfers for this event.

**DATES** 5/11 **TIME** 8:00 AM-5:00 PM **DAY** Sa **CLASS** 6554  
 Fee: Resident \$30, Non-Resident \$35  
 Ages: All Ages  
 Location: LHCC  
 Instructor: Community Services Staff

## GENE AUTRY MUSEUM & PHILIPPE THE ORIGINAL

At the Autry Museum discover the art, history, and cultures of the American West! The Autry features world-class galleries filled with Native American art and artifacts, film memorabilia, historic firearms, paintings and more. The Autry's collection of more than 500,000 pieces of art and artifacts includes the Southwest Museum of the American Indian Collection, one of the largest and most significant collections of Native American materials in the United States. Bring a sack lunch or purchase food on site. But, the can will be making a stop at Philippe the Original, which is one of the oldest and best known restaurants in southern California. Philippe stands out because of the sauce they use for their French dips. Participants meet at the Laguna Hills Community Center where City staff provides transportation. Call (949) 707-2680 for more information. No refunds to transfers for this event.

**DATES** 5/14 **TIME** 9:00 AM-6:00 PM **DAY** Tu **CLASS** 6553

Fee: Resident \$30, Non-Resident \$35  
Ages: All Ages  
Location: LHCC  
Instructor: Community Services Staff

## EMERITUS

### SADDLEBACK COLLEGE SENIOR EMERITUS PROGRAM

These classes are sponsored by Saddleback College Emeritus Program and held in the gymnasium at the Laguna Hills Community Center; the gymnasium is not air conditioned. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit [www.saddleback.edu/emmeritus](http://www.saddleback.edu/emmeritus). \*NO CLASS 1/24.  
The following classes meet 1/14-5/22:

DAY	CLASS	TIME
MW	Yoga	9:00-9:50 AM
MW	Aerobics	10:00-10:50 AM
MW	Sequential Stretching	11:00-11:50 AM
T Th	Sequential Stretching	8:30-9:20 AM
T Th	Pilates	9:30-10:45 AM
T	Yoga	11:00AM-12:50 PM
F	Beginning Tai Chi	8:15-10:20 AM
F	Pilates	10:30AM-12:35 PM

Ages: 50 & older  
Location: LHCC

### SADDLEBACK COLLEGE ART 41X: ART MEDIA STUDIES

Students engage in introductory activities in mixed media drawing, painting, printmaking and related 2-D art forms. Material fee of \$10 payable at registration. To register or for more information, please call the Emeritus Institute at (9

**DATES** 1/14-5/20 **TIME** 1:30-4:35 PM **DAY** M

Ages: 50 & older  
Location: LHCC

### SADDLEBACK COLLEGE SPAN 231X: INTERMEDIATE PRACTICAL SPANISH

Further the fundamentals of communicative competence in practical Spanish for the older adult. Focuses on listening, comprehension and speaking. Reading and writing skills will be expanded. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit [www.saddleback.edu/emmeritus](http://www.saddleback.edu/emmeritus).

**DATES** 1/15-5/21 **TIME** 9:00-10:50 AM **DAY** Tu

Ages: 50 & older  
Location: LHCC



### SADDLEBACK COLLEGE BIO226X: BIRDS OF THE WORLD

Discussion topics will include bird ancestry, evolution, systematics, distribution, topography, behavior (song, territory, migration) and techniques of the field identification of birds. Designed for the older adult who wish to actively participate in a course outdoors, including field trips to local sites. To register or for more information please call the Emeritus Institute at (949) 582-4835 or visit [www.saddleback.edu/emmeritus](http://www.saddleback.edu/emmeritus).

**DATES** 1/16-5/22 **TIME** 1:00-3:50 PM **DAY** W

Ages: 50 & older  
Location: LHCC

### SADDLEBACK COLLEGE ART 59X: INTERMEDIATE/ADVANCED WATERCOLOR

Rec Prep: ART 58X. Utilizing and incorporating color mixing in a broader palette for washes, glazing, and spontaneous interpretation of the subject matter. An increasing emphasis will be placed on individual exploration wit

**DATES** 1/16-5/22 **TIME** 1:30-4:20 PM **DAY** W

Ages: 50 & older  
Location: LHCC

### SADDLEBACK COLLEGE ART 20X: ART APPRECIATION

Focuses on the fundamentals and aesthetics of the visual arts, as well as the major developments that shaped the evolution of Western art. Additional art supplies may be required. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit [www.saddleback.edu/emmeritus](http://www.saddleback.edu/emmeritus). \*NO CLASS 1/24.

**DATES** 1/17-5/16 **TIME** 10:00-11:50 AM **DAY** Th

Ages: 50 & older  
Location: LHCC

### SADDLEBACK COLLEGE ART 58X: BEGINNING WATERCOLOR

Basic methods of applying watercolor; washes, color mixing, and brush technique. The spontaneity of transparent watercolor will be stressed and explored. Materials fee of \$5 payable at registration.

**DATES** 1/18-5/17 **TIME** 1:45-5:00 PM **DAY** F

Ages: 50 & older  
Location: LHCC



**WE'RE ON FACEBOOK!**

Check us out! [www.facebook.com/lagunahillsc](http://www.facebook.com/lagunahillsc)



### CHILDREN'S BIRTHDAY PARTY PROGRAM

Let us help with your 3-10 years olds next birthday party! Community Services Staff will provide cake, ice cream, pizza, and decorations for up to 24 children and adults, and lead fun activities for the kids while you sit back and enjoy the celebration. Party times are available on Saturdays from 12:00-2:00 pm in either the Community Center's Classroom or outside at the Picnic Shelter. Call (949) 707-2680 for details.

### REGISTER EARLY FOR CLASSES!

Help us avoid cancelling a class due to low enrolment... Remember to register early! For details on how to register for classes, see the sample registration form at the front of the brochure.