

2016 FALL | News Magazine & Activity Guide



laguna hills  
**CITY VIEWS**



NEW ANIMAL CARE AND  
**SHELTERING SERVICES  
CONTRACT**

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# NEW ANIMAL CARE AND SHELTERING SERVICES CONTRACT

The City of Laguna Hills is excited to announce a new partnership with the City of Mission Viejo to provide animal care and sheltering services, which will begin on January 1, 2017. Mission Viejo Animal Services provides a full-service animal shelter, 24-hour response to emergency calls, pet adoption, low cost vaccination clinics, animal licensing, volunteer opportunities, community outreach and events, and many other important services. Additionally, Mission Viejo Animal Services works closely with a non-profit organization, Dedicated Animal Welfare Group (DAWG), which raises money to pay for extraordinary medical expenses for animals in jeopardy of euthanasia and training for new pet owners.

## It's Close-By!

At the intersection of Marguerite Parkway and Hillcrest, just behind Saddleback College, the Mission Viejo Animal Services Center is just over six miles away from the Laguna Hills Community Center. It's located at 28095 Hillcrest, Mission Viejo, CA 92692. For more general information related to the shelter, such as hours of operation and pet adoption resources, please visit [www.cityofmissionviejo.org/animalservices](http://www.cityofmissionviejo.org/animalservices). Please remember that the transition of service providers will not occur until January 1, 2017 and that Mission Viejo Animal Services will not be able to provide any information pertaining to Laguna Hills until that time.



## laguna hills CITY VIEWS

2016 FALL NEWS MAGAZINE & ACTIVITY GUIDE

**CITY HALL HOURS:**  
8 am – 5 pm Monday – Friday

**ENGINEERING, PLANNING AND BUILDING COUNTER HOURS:**  
1 pm – 5:30 pm Monday – Thursday  
1 pm – 5 pm Friday

**LAGUNA HILLS CITY COUNCIL:**

- |                                      |                           |
|--------------------------------------|---------------------------|
| <b>Barbara Kogerman</b><br>Mayor     | <b>Andrew Blount</b>      |
| <b>Don Sedgwick</b><br>Mayor Pro Tem | <b>Melody Carruth</b>     |
|                                      | <b>Dore Gilbert, M.D.</b> |

Regular City Council Meetings are held on the second and fourth Tuesday of each month.

Traffic Commission Meetings are held on the third Wednesday of January, March, May, July, September and November.

Parks and Recreation Commission Meetings are held on the first Wednesday of February, April, June, August, October and December.

All meetings begin at 7 pm in the City Council Chambers. Closed session at 6 pm (when scheduled).

City Views is an award winning quarterly magazine published by the City of Laguna Hills and is distributed as a public service to City residents and businesses. We welcome your suggestions and feedback and value your involvement in the community. Please send or call in any comments or questions to:

Editor, City Views  
City of Laguna Hills  
General Government  
24035 El Toro Road  
Laguna Hills, CA 92653  
Telephone: (949) 707-2620  
[www.lagunahillsca.gov](http://www.lagunahillsca.gov)



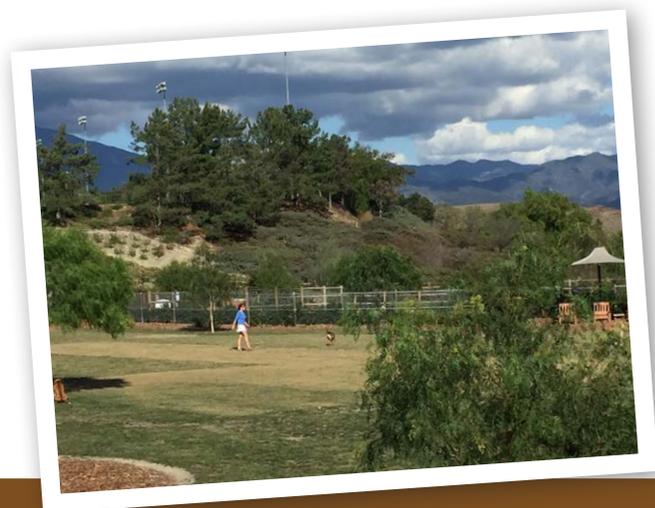
## What You Need to Know

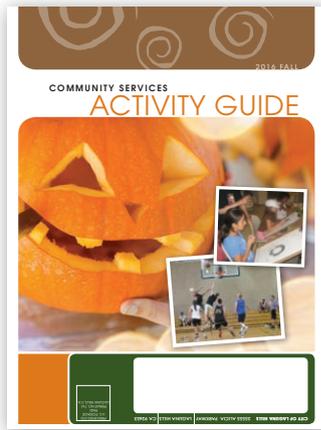
The City of Laguna Hills is working diligently to ensure that the change of the animal services provider is seamless. To help keep you best informed, please consider the following information and resources:

- The City has created a webpage at [www.lagunahillsca.gov/animalservices](http://www.lagunahillsca.gov/animalservices) to provide up-to-date information about the animal services transition. Be sure to check the webpage for updates and new information.
- The City has created a Frequently Asked Questions section, available from the webpage above, which will provide clarity on pet licensing and adoption, vaccination clinics, shelter hours of operation and contact information, and other topics.



- On and after January 1, 2017, all pet licenses, animal facility licenses, and pet renewal licenses must be obtained from the Mission Viejo Animal Services Center. If you have a current license that expires after January 1, 2017, you are not required to obtain a new license until your current license expires.
- As part of the agreement with the City of Mission Viejo, the City of Laguna Hills will be updating ordinances and regulations to Title 13 – Animals of the Laguna Hills Municipal Code. This will provide conformity between the two cities for the purposes of animal care and sheltering services and will also have implications regarding pet ownership and other topics. Any updates will be noticed according to state law for public discussion at a City Council meeting.





## SCAVENGER HUNT

The world is filled with great things worth learning about, so get your team together to explore the City of Laguna Hills! This City wide Scavenger Hunt will have you compete in challenges including photo snapping, visiting important places, Q&A and scanning QR codes.

For more information, please see page 2 of Activities Guide.

## TREE DONATION PROGRAM

The Tree Donation Program allows members of the community to dedicate trees in memory of departed loved ones or to commemorate special occasions while simultaneously adding trees throughout the City. Trees are \$100 and are planted and maintained by the City. For more information, please contact the Public Works Department at (949) 707-2650.



## DON'T FORGET TO VOTE!



The upcoming General Municipal Election is quickly approaching! If you are not registered to vote, it is now easier than ever to register – go to [www.sos.ca.gov/elections](http://www.sos.ca.gov/elections) to register.

Important Dates for the Nov 8, 2016 General Election

**Oct 24** – Last Day to Register to Vote

**Nov 8** – Election Day

For more information, contact the City Clerk's Department at (949)707-2630 or visit [www.ocvote.com](http://www.ocvote.com).



# DIAL-A-TAXI

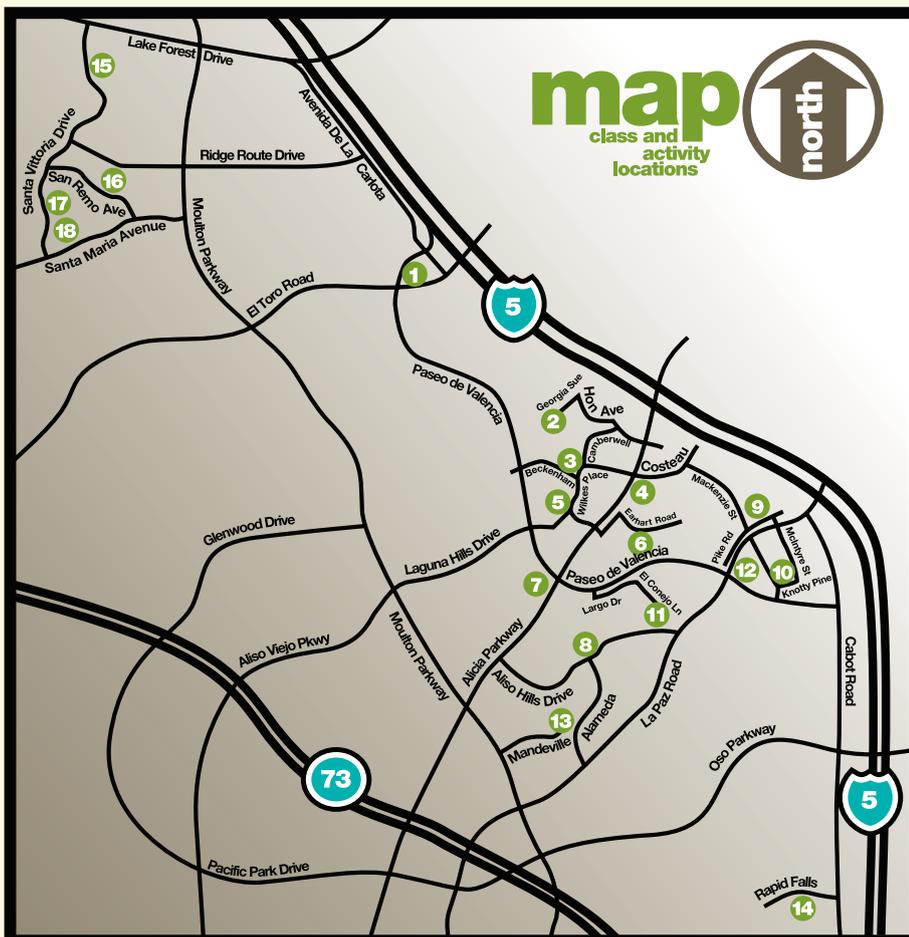
Seniors already registered with the City's Dial-A-Taxi program should call toll free (877) 809-6587 to arrange pick up.

Laguna Hills seniors can participate in the Dial-A-Taxi Senior Transportation Program, which provides door-to-door taxi service to Laguna Hills residents 60 years and older, by registering and paying a co-pay of as little as \$5. To register for the Dial-A-Taxi program, fill out an application form and return it in person to the Laguna Hills Community Center at 25555 Alicia Parkway, Laguna Hills, CA 92653. The Community Center is open from 8 a.m. to 10 p.m., Monday through Saturday, and on Sunday from noon to 6 p.m. You can get a copy of the registration form online at [www.lagunahillsca.gov](http://www.lagunahillsca.gov) under "Departments" then "Community Services" then "Dial A Taxi."

To register, you will need to show proof of Laguna Hills residency and proof of age.

For more information, visit the City's website at [www.lagunahillsca.gov](http://www.lagunahillsca.gov) or call (949) 707-2681.

## CLASS ACTIVITY LOCATIONS



- 1 City Hall
- 2 Clarington Park
- 3 Beckenham Park
- 4 Costeau Park
- 5 Stockport Park
- 6 Lomarena Elementary
- 7 LHCC & Sports Complex
- 8 Mendocino Park
- 9 Mackenzie Park
- 10 Knotty Pine Park
- 11 El Conejo Park
- 12 Valencia Elementary
- 13 Mandeville Park
- 14 Cabot Park
- 15 Veeh Ranch Park
- 16 San Remo Park
- 17 Santa Vittoria Park
- 18 San Joaquin Elementary

2016 FALL

COMMUNITY SERVICES

# ACTIVITY GUIDE



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CITY OF LAGUNA HILLS 25555 ALICIA PARKWAY LAGUNA HILLS CA 92653

# COMMUNITY SERVICES ACTIVITY GUIDE

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13	Emeritus



## CALENDAR OF EVENTS

<b>Aug 16</b>	Fall Registration Begins
<b>Aug 27</b>	Circle of Friends: BBQ & Craft
<b>Sep 5</b>	Community Center & Sports Complex Closed
<b>Sep 10</b>	Excursion: Star Party at the Griffith Observatory
<b>Sep 25</b>	Circle of Friends: Pizza & Movie Night
<b>Oct 15</b>	Excursion: Queen Mary's Dark Harbor
<b>Oct 21</b>	Circle of Friends: Halloween Dance
<b>Oct 22</b>	Scavenger Hunt
<b>Oct 29</b>	Ghostly Affair
<b>Oct 29</b>	A'Mazeingly Haunted Hills
<b>Nov 11</b>	Community Center & Sports Complex Closed
<b>Nov 15</b>	Winter Registration Begins
<b>Nov 18</b>	Circle of Friends Game Night
<b>Nov 24 &amp; 25</b>	Community Center & Sports Complex Closed
<b>Dec 10</b>	Breakfast with Santa

## NEW THIS FALL!

**NEW** Zumba Toning

## STAY INFORMED

If you'd like to receive email notifications with City Information or on upcoming classes, programs and events please visit our website, [www.ci.laguna-hills.ca.us](http://www.ci.laguna-hills.ca.us).

## Special Events

### Scavenger Hunt

The world is filled with great things worth learning about, so get your team together to explore the City of Laguna Hills! This City wide Scavenger Hunt will have you compete in challenges including photo snapping, visiting important places, Q&A and scanning QR codes. Once the hunt is complete, join us at the Laguna Hills Community Center for a results party with light refreshments and prizes. Team registration, for your group of 2-6 participants, will be taken in person at the Laguna Hills Community center, proof of residency required. Smart Phone and free app download required, one device may be used per team. Scavenger hunt rules will be provided, at the welcome event, prior to the start of the hunt. For more information, please call (949) 707-2680.

**Space is limited, sign up soon!**

DATES	TIME	DAY
10/22	Welcome: 9:00am Scavenger Hunt: 9:30am-4:30pm Results Party: 5:30pm-6:30pm	Sa

Ages: All ages

Fee: Free (This event is open to Laguna Hills Residents only)

Location: Meet at LHCC

### CHILDREN'S BIRTHDAY PARTY PROGRAM



Let us help with your 3-10 years olds next birthday party! Community Services Staff will provide cake, ice cream, pizza, and decorations for up to 24 children and adults, and lead fun activities for the kids

while you sit back and enjoy the celebration. Party times are available on Saturdays from 12:00-2:00 pm in either the Community Center's Classroom or outside at the Picnic Shelter. Call (949) 707-2680 for details.

### A Ghostly Affair

Dress up in your favourite costume and join us for an afternoon of hair-raising fun. Our Ghostly Affair includes exciting games, terrific trick-or-treating, tons of prizes and plenty of opportunities for great pictures-so don't forget your camera! **PLEASE NOTE: No refunds or transfers for this event.**

DATES	TIME	DAY	CLASS
10/29	5:30-7:00 PM	Sa	5022

Fee: \$5 per child

Ages: 6 & under

Location: LHCC

Instructor: Community Services Staff

### A 'Maze'ingly Haunted Hills

It's the only night of the year when Laguna Hills is haunted! This frightful maze will send shivers down your spine. This event is recommended for the brave only. **PLEASE NOTE: No refunds or transfers for this event.**

DATES	TIME	DAY	CLASS
10/29	8:30-10:00 PM	Sa	5023

Fee: \$10 per person

Ages: 7 & older

Location: LHCC

Instructor: Community Services Staff

### Breakfast with Santa

Ho, Ho, Ho! Santa will be arriving at the Laguna Hills Community Center for a morning gull of holiday fun! Join us for a special celebration complete with a scrumptious pancake breakfast, photos with Santa and holiday crafts! Children must be accompanied by a paying adult.

**\*\*\*REGISTRATION CLOSSES December 7th\*\*\***

DATES	TIME	DAY	CLASS
12/10	9:00-10:30 AM	Sa	5026

Fee: Resident \$10, Non-Resident \$15 per person

Ages: All Ages

Location: LHCC

Instructor: Community Services Staff

# ACTIVITY SCHEDULE



## EARLY CHILDHOOD

### CULTURAL ARTS

#### Tunes and Tales

Let's get the wiggles out! Join Ms. Vivian in this popular Music and Movement class. Sing-a-longs and fingerplay songs start off this fun filled class followed by music activities using beanbags, rhythm sticks, instruments and a parachute. We will even have time to read a short story each week (2 1/2 - 4 year class only.) The children have a great time while developing their listening and social skills. **Parent/adult supervision required. Sibling discount: \$10 for siblings registered in the same class. \*NO CLASS 11/8.**

DATES	TIME	DAY	CLASS
<b>AGES 1 1/2 -2 1/2:</b>			
9/20-10/11	9:30-10:10 AM	Tu	4875
11/1-11/29	9:30-10:10 AM	Tu	4876
Fee: Resident \$35, Non-Resident \$40		Class Sessions: 4	

#### Ages 2 1/2- 4:

9/20-10/11	10:15-11:10 AM	Tu	4877
11/1-11/29	10:15-11:10 AM	Tu	4878
Fee: Resident \$40, Non-Resident \$45		Class Sessions: 4	

Location: LHCC  
Instructor: Vivian Stapleton

#### Music Together

Here is your chance to experience a nationwide, research-based program packed with songs, rhymes, dance and instrumental jam sessions! Outstanding teachers with early childhood and music experience will lead participants in a wonderful musical learning experience. Parent participation is required. For more information, please visit [www.svmusictogether.net](http://www.svmusictogether.net). Babies under 8 months may attend class for free with a registered sibling. **A \$40 material fee, payable to Music Moves, is due to the instructor at the first class meeting.**

DATES	TIME	DAY	CLASS
<b>Free Trial:</b>			
9/14	9:15-10:00 AM	W	4879
<b>10 week session:</b>			
9/21-11/23	9:15-10:00 AM	W	4880
9/21-11/23	10:15-11:00 AM	W	4881

Fee: Resident \$155, Non-Resident \$160  
Location: LHCC  
Instructor: Elena Salisbury  
Ages: 4 & under  
Class Sessions: 10

### PERSONAL DEVELOPMENT

#### Playtime!

Fun time, game time, craft time, PLAYTIME! Join us for days of fun-filled activities from music, arts and crafts, sports, and games. This program is designed for lively little people and packed full of activities that initiate creativity, stimulate the imagination and encourage making new friends. Please send a sack lunch with your child each day. Participants must be potty trained. Families enrolling more than 1 child in this class will receive a 25% discount for additional children enrolled. **\*NO CLASS 11/24.**

DATES	TIME	DAY	CLASS
10/11-12/15	11:30 AM-2:00 PM	TuTh	5009

Fee: Resident \$175, Non-Resident \$180  
Location: LHCC  
Instructor: Community Services Staff  
Ages: 3-5  
Class Sessions: 19

#### Kindergarten, Here I Come!

Taught by a fully credentialed teacher, this exciting kindergarten readiness program will offer pre-schoolers crucial social and academic skills to prepare them for school. This parent participation program is designed for 4-5 year olds and will be thematically planned with lessons including language arts, math, social studies, science, and art. Please bring a snack each day as there will be a daily snack and recess time. **Children must have turned 4 years old by September 1, 2016** to register. Parents will only need to sign up to volunteer in the classroom for four lessons. A \$10 material fee is due to the instructor at the first class meeting. **\*NO CLASS 10/12, 10/31, 11/21-11/25.** Class curriculum will progress throughout the school year and closely corresponds with the Saddleback School District Calendar.

DATES	TIME	DAY	CLASS
9/12-12/16	9:00 AM-12:00 PM	M W F	5012

Fee: Resident \$500, Non-Resident \$505  
Location: LHCC  
Instructor: Jennifer Migliaccio  
Ages: 4-5  
Class Sessions: 36

### CULTURAL ARTS

#### Sphero

Learn to think like an engineer, code and see the real world effects of your code on the Sphero, a programmable ball-like robot. For more information, or to register, please call (949) 707-2699.

DATES	TIME	DAY
10/15, 10/22 or 10/29	1:00-2:30pm	Sat

Location: LHCC  
Ages: 8-12

#### Robotics

Children will work collaboratively to build robots while learning about engineering and technology. For more information, or to register, please call (949) 707-2699.

DATES	TIME	DAY
11/5, 11/12 or 11/19	1:00-3:00pm	Sat

Location: LHCC  
Ages: 8-13

#### Crazy 8s Math Club

Learn about math in creative and fun ways! For more information, or to register, please call (949) 707-2699.

DATES	TIME	DAY
9/12, 9/19 & 9/26	4:30-5:30pm	M

Location: LHCC  
Grades: K-2nd



# ACTIVITY SCHEDULE

## CULTURAL ARTS

### Video Game Design

Join us for a 3 day crash course in video game design for teens. This program will broadly cover the different components needed to create a game such as programming, modeling, and gameplay design. Each day participants will work on a project that utilizes skills needed in the gaming industry. On the final day, participants will go on excursion to Blizzard Entertainment in Irvine. For more information, or to register, please call (949) 707-2699.

DATES	TIME	DAY
10/3, 10/17	4:30-6:00 PM	M
10/24	4:30-7:00 PM	M

Location: LHCC

Ages: 12-17

### Lunch Time Theater

Escape the office dramas this lunchtime and lose yourself in another at our Lunch Time Theater. On the Edge Theatre Productions is proud to showcase a variety of diverse talent and productions at the Laguna Hills Community Center's theatre. These one-act shows run about 30 minutes and are perfect for the person looking for some bite-sized lunch-hour cultural entertainment. Attendees are welcome to bring their own lunch to enjoy during the show.

On September 1st, OTE presents a staged reading of TWO PICTURES IN ONE by Paul Millet. Adapted from "The Two Altars: or Two Pictures in One" by Harriet Beecher Stowe—A simultaneous chronicle of the loves and fates of two early Massachusetts families: The Wards, an 18th Century Anglo family living during the early days of the American Revolution and the Caffeyes, a 19th Century African-American family loving ten years prior to the Civil War. By juxtaposing these two points in time, Two Pictures in One examines ideas of freedom and personal consequences.

Our October and November shows will be announced at a later date, but don't be surprised in October brings us a Halloween themed program.

On the Edge Theatre Productions is a Southern California theatre group that strives to bring new and varied performances to life. For show details, please go to [www.otetheatre.com](http://www.otetheatre.com) or call the Community Center (949) 707-2692.

DATES	TIME	DAY	CLASS
9/1, 10/6, 11/3	12:00-12:30 PM	Th	5027

Fee: Free

Ages: All Ages

Location: LHCC

Instructor: On The Edge Theatre Production

## REGISTER EARLY FOR CLASSES

Help us avoid cancelling a class due to low enrollment... Remember to register early! For details on how to register for classes, see the sample registration form at the front of the brochure.

### Beginning Guitar

Playing the guitar is an enjoyable and relaxing way to enrich your life with music. Experience interaction with other beginning guitarists in a supportive small group environment. The aim of this class is to transform the novice into a self-reliant musician. Learn to play chords, fun melodies, strum styles and many popular songs. Instructor Ron Gorman has enjoyed teaching this class for the City of Laguna Hills for the past twelve years. Have a blast and bring your own guitar to class.

DATES	TIME	DAY	CLASS
10/17-11/14	5:00-6:00 PM	M	4884

Fee: Resident \$95, Non-Resident \$100

Class Sessions: 5

11/28-12/12	5:00-6:00 PM	M	4886
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Fee: Resident \$59, Non-Resident \$64

Class Sessions: 3

Location: LHCC

Ages: 10 & older

Instructor: Ron Gorman

### Beginning Ukulele

Just one strum of the ukulele brings on a smile. Enjoy learning how to play the world's easiest string instrument in a supportive small group setting. This class will provide all the fundamentals to be able to play songs on your own. Learn simple chords, easy melodies, strum styles, finger picking and a wide assortment of great songs. Instructor Ron Gorman has been teaching music classes for the City of Laguna Hills for twelve years. Bring your own ukulele to class and let's have some fun!

DATES	TIME	DAY	CLASS
10/17-11/14	4:00-5:00 PM	M	4883

Fee: Resident \$95, Non-Resident \$100

Class Sessions: 5

11/28-12/12	4:00-5:00 PM	M	4885
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Fee: Resident \$59, Non-Resident \$64

Class Sessions: 3

Location: LHCC

Ages: 10 & older

Instructor: Ron Gorman

### Ceramics Creations

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring, slab construction and decorate them with under glazes. Different projects each week. All pieces will be glazed and fired. Aprons will be provided. A \$20 material fee is due to the instructor at the first class meeting (covers kiln firing and glazing). **\*NO CLASS 11/11, 11/18, 11/25.**

DATES	TIME	DAY	CLASS
10/21-12/2	3:30-4:45 PM	F	4882

Fee: Resident \$79, Non-Resident \$84

Ages: 6-12

Location: LHCC

Class Sessions: 4

Instructor: Lucia Henry

# ACTIVITY SCHEDULE



## DANCE

### West Coast Movement Project



West Coast Movement Project has proudly provided dance education through the City of Laguna Hills since 2006. We offer a diverse, enriching program for students ages 2 and up. We believe that an education in the arts raises self esteem and empowers children to succeed. Our goal is not just to raise great performers, but to raise great people.

#### Please join us for our free trial week for new students

August 22nd-27th, new students may try any class at their level that we offer! Liability forms for the City of Laguna Hills must be filled out to participate and can be signed the day of class. SPACE IS LIMITED and must be reserved to guarantee participation. To reserve space email us at [mia.alicea@gmail.com](mailto:mia.alicea@gmail.com).

#### WCMP June Recital

Enrolled students are eligible to participate in our annual June Recital. Recital participation requires students to continue taking classes through all four quarters. Recital participation is optional and is a non-City sponsored event. More information will be distributed the first week of class.

#### Our Levels and Age Groupings

Classes that do not have an age distinction are for dancers with a minimum age of 7. All classes above Level 1 or Tier A require instructor approval.

#### Tuition and Class Selection

To register for classes:

- Select your child's classes
- Register and pay the City of Laguna Hills for the total amount of classes chosen for the current quarter. Separate registrations are required for each family member. Additional family members enjoy discounted rates.
- To complete the process of signing up for classes, email us at [mia.alicea@gmail.com](mailto:mia.alicea@gmail.com) with the classes you have registered for and we will hold space in those classes for your child. Registering via the City only tells us the quantity of classes chosen. Placement must be handled by WCMP.

### Quarter 1

August 22nd-October 31st

No Class: 9/5

#### First Family Member

CLASSES PER WEEK:	FEE:	CLASS CODE:
One	\$150	#4948
Two	\$285	#4949
Three	\$375	#4950
Four	\$445	#4951
Five	\$510	#4952
Six	\$575	#4953
Seven	\$630	#4954
Eight	\$670	#4955
Nine	\$705	#4956
Ten	\$735	#4957
Unlimited	\$800	#4958

#### Each Additional Family Member

CLASSES PER WEEK:	FEE:	CLASS CODE:
One	\$128	4959
Two	\$242	4960
Three	\$319	4961
Four	\$378	4962
Five	\$434	4963
Six	\$489	4964
Seven	\$535	4965

### Quarter 2

November 1st-January 28th

No Classes: 11/21-11/26,  
12/23-1/7, 1/18

#### First Family Member

CLASSES PER WEEK:	FEE:	CLASS CODE:
One	\$150	#4966
Two	\$285	#4967
Three	\$375	#4968
Four	\$445	#4969
Five	\$510	#4970
Six	\$575	#4971
Seven	\$630	#4972
Eight	\$670	#4973
Nine	\$705	#4974
Ten	\$735	#4975
Unlimited	\$800	#4976

#### Each Additional Family Member

CLASSES PER WEEK:	FEE:	CLASS CODE:
One	\$128	#4977
Two	\$242	#4978
Three	\$319	#4979
Four	\$378	#4980
Five	\$434	#4981
Six	\$489	#4982
Seven	\$535	#4983

\*\$5 Non-Resident Fee applied to each registration

We are happy to answer any questions regarding your child's placement, dress code or our program.

**Email:** [mia.alicea@gmail.com](mailto:mia.alicea@gmail.com) (quickest method of contact)

**Phone:** (949) 495-2119

**Website:** [wcmovementproject.com](http://wcmovementproject.com)

**FB business page:** [facebook.com/WestCoastMovementProject](https://facebook.com/WestCoastMovementProject)

**Instagram:** [instagram.com/westcoastmovementproject](https://instagram.com/westcoastmovementproject)

### Tutus & Twirls/ Mommy & Me Dance

Experience the magic and wonder of watching your little one twirling, dancing and exploring in this very special baby ballet class. Parents/caregivers join in as "dancing partners" to provide support and guidance for their tiny dancer throughout the class. Combining the use of magical props and games, your child will learn and explore in an environment created just for toddlers.

**Dress Code for our tiny twirlers:** Any color leotard and tights, their favorite tutu and pink leather ballet slippers.

**Dress Code for parent/caregiver:** Comfortable clothing to move in.

AGE	DAY	TIME
2	Th	9:00-9:40 AM

### Preschool Combo Dance

Our uniquely enhanced tap, ballet, jazz combo integrates the joy of dance and movement, building confidence and self esteem in our young pre-schoolers. Dancers learn basic steps in tap, ballet and pre-jazz, plus proper dance terminology. Curriculum has been created to support early learning and help enhance your child's feelings of success.

**Dress Code:** Any color leotard and tights, black tap shoes, pink leather ballet slippers.

AGE	DAY	TIME
3	F	9:30-10:15 AM
4	Tu	9:00-9:45 AM
4	F	10:15-11:00 AM



# ACTIVITY SCHEDULE

## DANCE

### Budding Ballerinas/Preschool Ballet

Combining a perfect blend of technical steps, gentle corrections and play, Budding Ballerinas introduces your young dancer to the magic of classical ballet. Classes include introduction to ballet positions, stretching and basic terminology. Our Budding Ballerinas will explore moving in routines, as they learn to work together as group. We integrate various props such as wands, ribbons, wings and stuffed animals to add enhancement to the learning experience.

**Dress Code:** Pink leotard, pink tutu, pink tights and pink ballet slippers.

AGE	DAY	TIME
3-4	Th	9:45-10:30 AM

### Tumble & Groove/Tumbling & Pre-Hip Hop Combo

Your child will develop motor skills and increase flexibility while learning the basics of tumbling and then enjoy bouncing and grooving with basic hip hop steps. Your mover will love our Tumble & Groove Class!

**Dress Code:** Comfortable gym clothes. T-shirt, shorts, leggings, and sneakers.

AGE	DAY	TIME
4-5	W	9:00-9:45 AM

### Tap & Jazz Combo

Get an introduction to tap and jazz in this split-design combo class. Dancers will start with 30 minutes of tap working on understanding basic rhythms and vocabulary. The second half of the lesson introduces dancers to jazz where they'll learn to move with basic steps that are characteristic of this classic style. We include plenty of personal attention and emphasize proper technique early on to ensure the success of every child. For six year olds, we recommend Combo I if this is their first year of dance. We recommend Combo II for our returning six year olds.

#### Combo I:

**Dress Code:** Solid black leotard, black dance shorts, tan tights, black patent leather tap shoes, tan pull on jazz oxfords, hair secured away from neck and face.

AGE	DAY	TIME
5-6	M	3:15-4:15 PM

#### Combo II:

**Dress Code:** Solid black leotard, black dance shorts, tan tights, black oxford lace up tap shoes, tan pull on jazz oxfords, hair secured away from neck and face.

AGE	DAY	TIME
6-7	Th	3:30-4:30 PM

### Jazz

This dance style is rooted in American musical theatre and is known for its iconic fast pace and dynamic energy. Students learn to express themselves with energetic turns and step combinations, while developing and showcasing their individual style.

**Dress Code:** Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

LEVEL	DAY	TIME
I	M	5:00-5:45 PM
II++	Tu	5:00-6:00 PM
III++	W	4:15-5:15 PM
IV	W	6:00-7:00 PM

### Tap

Through a combination of Broadway and Rhythm Tap styles, we emphasize improving and developing rhythmic skills, the importance of clarity through timing and the articulation of sound. With proper technique, dancers have the opportunity to create music with their tap shoes in addition the visual beauty of dance.

**Dress Code:** Solid black dance tank, black dance shorts, tan tights, black tap oxfords, hair secured away from neck and face.

LEVEL	DAY	TIME
I	M	4:15-5:00 PM
II++	Tu	3:30-4:15 PM
III++	W	5:15-6:00 PM

### Hip Hop

Dancers will learn to move and groove to contemporary hip hop styles gaining confidence and rhythmic awareness. Music is age appropriate.

**Dress Code:** Joggers or sweatpants, tee shirt and sneakers.

DATES	DAY	TIME
8/27-10/29	Sa	10:00-10:45 AM

### Ballet

Ballet teaches grace, elegance, technique and poise as the foundation of all dance forms. Starting as early as five years old with our Primary Ballet class, dancers will learn the ballet basics and walk away with transferrable skills for other dance styles. WCMP utilizes International Dance Acclaim's ballet curriculum. Students from selected classes have the opportunity to take Tier leveled exams or assessments by adjudicator in the Spring.

**Dress Code:** Solid black leotard, pink tights, pink leather ballet slippers and hair in a bun.

LEVEL	AGE	DAY	TIME
Primary Ballet	5-6	W	3:30-4:15 PM
Tier A	7-8	Th	4:30-5:15 PM
Tier B		F	3:30-4:30 PM
Tier B/C		Th	5:15-6:15 PM
Tier C/D		F	4:30-5:30 PM
Tier D/F/Pointe		Th	6:15-7:15 PM
Tier D/F/G		F	5:30-6:30 PM

### Adult Beginning Ballet

Whether a beginner or returning to dance as an adult, you will be welcomed into a friendly classroom environment to enjoy the benefits and beauty of classical ballet.

DAY	TIME
Tu	10:00-11:00 AM

### Musical Theatre Dance

Learn dances from a variety of popular musicals! Participants will work to create mini-production numbers.

**Dress Code:** Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

AGE	DAY	TIME
8 & older	Tu	4:15-5:00 PM

### M\*Power Dance Team

**Dress Code:** Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

AGE	DAY	TIME
By Invitation	Tu	6:00-6:45 PM

# ACTIVITY SCHEDULE



## DANCE

### Lyrical & Contemporary

Class will cover both styles. Our Lyrical dance uses the traditional rules of classical ballet combined with jazz to tell a story and transfer emotion and energy to the audience. While working on Contemporary, students will learn how to express themselves beyond the confines of classical dance technique, creating abstract shapes with their bodies and telling dynamic, energetic stories through dance.

**Dress Code:** Solid black dance tank, black dance shorts, tan tights, tan pull over jazz oxfords, hair secured away from neck and face.

LEVEL	DAY	TIME
II+	M	5:45-6:45 PM
III+	F	6:30-7:30 PM

### Belly Dancing



From beginning muscle isolations and hip shimmies to advanced technique and choreography, these courses cover it all! You will enjoy this great overall workout in a fun, supportive atmosphere. Wear comfortable clothes and dance shoes, or go barefoot. Instructor has over 20 years experience in this dance form. For more information please visit [www.emheduanna.com](http://www.emheduanna.com).

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
<b>LEVEL I:</b>					
9/4-9/25	12:15-1:30 PM	Su	4	\$52/\$57	4870
10/2-10/30	12:15-1:30 PM	Su	5	\$65/\$70	4871
11/6-11/27	12:15-1:30 PM	Su	4	\$52/\$57	4872
<b>LEVEL II:</b>					
9/4-11/27	1:45-3:00 PM	Su	13	\$154/\$159	4873
<b>LEVEL III/IV:</b>					
9/4-11/27	3:15-4:30 PM	Su	13	\$154/\$159	4874

Location: LHCC  
Instructor: Tina Elkins  
Ages: 10 & older

### Beginning Ballroom Dance



Ballroom dance basics for the absolute beginner, or the social dancer who wants to polish up their fundamental techniques, which will enhance their ballroom dance experience. Dances include the Waltz, Foxtrot, Cha Cha, Rumba, & Swing. For more information, please visit [www.usadance-oc.org](http://www.usadance-oc.org).

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
9/12-9/26	11:00 AM-12:00 PM	M	3	\$30/\$35	4858
9/3-9/24	6:00-7:00 PM	Sa	4	\$40/\$45	4859
10/3-10/31	11:00 AM-12:00 PM	M	5	\$50/\$55	4860
10/1-10/29	6:00-7:00 PM	Sa	5	\$50/\$55	4861
11/7-11/28	11:00 AM-12:00 PM	M	4	\$40/\$45	4862
11/5-11/26	6:00-7:00 PM	Sa	4	\$40/\$45	4863

Location: LHCC  
Instructor: USA Dance, Inc.  
Ages: 10 & older

## SPORTS & FITNESS

### After School Sports



Intramural sports will be offered for boys and girls two days a week after school at each elementary school campus. Sessions begin with skill development and progress to intramural tournaments. Sessions I and II are open to 3rd, 4th, 5th and 6th graders. Session I: Boys Flag Football and Girls Volleyball; Session II: Coed Basketball. NOTE: Class will not meet on school holidays and furlough days. On minimum days practice will be held at 1:30 PM at Lomarena and Valencia and at 1:00 PM at San Joaquin.

DATES	TIME	DAY	SCHOOL	SPORT	CLASS
<b>SESSION I:</b>					
9/19-10/19	2:45-4:00 PM	MW	Lomarena	Boys Flag Football	5013
9/19-10/19	2:45-4:00 PM	MW	Lomarena	Girls Volleyball	5014
9/20-10/20	2:15-3:30 PM	TuTh	San Joaquin	Boys Flag Football	5015
9/20-10/20	2:15-3:30 PM	TuTh	San Joaquin	Girls Volleyball	5016
9/20-10/20	2:45-4:00 PM	TuTh	Valencia	Boys Flag Football	5017
9/20-10/20	2:45-4:00 PM	TuTh	Valencia	Girls Volleyball	5018
<b>SESSION II:</b>					
11/7-12/14	2:45-4:00 PM	MW	Lomarena	Coed Basketball	5019
11/8-12/15	2:15-3:30 PM	TuTh	San Joaquin	Coed Basketball	5020
11/8-12/15	2:45-4:00 PM	TuTh	Valencia	Coed Basketball	5021

Fee: \$35  
Instructor: Community Services Staff  
Grades: 3-6  
Class Sessions: 10

### Children & Teen Open Gym Basketball



Open gym basketball is free of charge to those ages 17 and under. A parent or guardian must complete a registration form at the front counter prior to children accessing the gymnasium. Children under 9 years of age must be accompanied by a parent or guard

DATES	TIME	DAY
Ongoing	12:00-2:00 PM	Sun
	2:00-4:00 PM	M-F

Fee: Free  
Location: LHCC  
Ages: 17 & under

### Adult Open Gym Basketball



Participants must purchase an annual gym pass and complete a registration form at the front counter prior to accessing the gymnasium.

DATES	TIME	DAY
Ongoing	2:00-6:00 PM	Su
	6:30-9:30 PM	Fri

Fee: Resident \$30, Non-Resident \$40  
Location: LHCC  
Ages: 18 & older



# ACTIVITY SCHEDULE

## SPORTS & FITNESS

### Adult Table Tennis Annual Pass



Participants must purchase an annual Table Tennis pass and complete a registration form at the front desk prior to any play. Players must provide their own paddle and balls. Player rules are available at the front desk. Call (949) 707-2680 for more information.

DATES	TIME	DAY	CLASS
Ongoing	12:00-2:00 PM	TuTh	5008
	1:00-5:00 PM	Sat	

Fee: Resident \$30, Non-Resident \$35 (1 year pass)      Ages: 18 & older  
 Location: LHCC  
 Instructor: Community Services Staff

### Aikido



Aikido is a modern Japanese form of self defense that advocates harmony over conflict. Students of Aikido learn self confidence, balance, awareness and mastery of their own bodies. Classes include games and activities that promote cooperation, discipline, and coordination. Adults are welcome to train with their families. Ranks and belt testing available- additional fees and membership required. Please see instructor about uniform pricing and sizing.

DATES	TIME	DAY	CLASS
<b>Ages 6-18 (Beginning):</b>			
9/1-9/29	5:00-6:00 PM	TuTh	4849
	9:30-10:30 AM	Sat	
10/1-10/29	5:00-6:00 PM	TuTh	4852
	9:30-10:30 AM	Sat	
11/4-11/29	5:00-6:00 PM	TuTh	4855
	9:30-10:30 AM	Sat	

Fee: Resident \$75, Non-Resident \$80

#### Ages 6-18 (Intermediate):

9/1-9/29	6:00-7:00 PM	TuTh	4850
	9:30-10:30 AM	Sat	
10/1-10/29	6:00-7:00 PM	TuTh	4853
	9:30-10:30 AM	Sat	
11/4-11/29	6:00-7:00 PM	TuTh	4856
	9:30-10:30 AM	Sat	

Fee: Resident \$75, Non-Resident \$80

#### Ages 19 & older (All Levels):

9/1-9/29	7:00-9:00 PM	TuTh	4851
	8:30-9:30 AM	Sat	
10/1-10/29	7:00-9:00 PM	TuTh	4854
	8:30-9:30 AM	Sat	
11/4-11/29	7:00-9:00 PM	TuTh	4857
	8:30-9:30 AM	Sat	

Fee: Resident \$115, Non-Resident \$120

Location: LHCC  
 Instructor: Dale Eisenberg

### Basics of Skateboarding: Beginning



A hands-on camp designed to bring children together within the community. Children develop and enhance their skateboarding skills while creating friendships. A \$10 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	CLASS
9/10-10/1	9:30-11:30 AM	Sa	4864
10/8-10/29	9:30-11:30 AM	Sa	4866
Fee: Resident \$150, Non-Resident \$155			Class Sessions: 4

11/5-11/19	9:30-11:30 AM	Sa	4868
Fee: Resident \$112, Non-Resident \$117			Class Sessions: 3

Location: LHCC      Ages: 3-12  
 Instructor: Matt Sheridan & Staff

### Basics of Skateboarding: Intermediate



A hands-on camp designed for kids who have some experience skateboarding. Camp will address specific skills including dropping in and skating bowls along with creating successful runs and perfecting flat ground tricks. Participants should have basic skills and overall knowledge prior to entering camp. **A \$10 material fee is due to the instructor at the first class meeting.**

DATES	TIME	DAY	CLASS
9/10-10/1	11:30 AM-12:30 PM	Sa	4865
10/8-10/29	11:30 AM-12:30 PM	Sa	4867
Fee: Resident \$82, Non-Resident \$87			Class Sessions: 4

11/5-11/19	11:30 AM-12:30 PM	Sa	4869
Fee: Resident \$62, Non-Resident \$67			Class Sessions: 3

Location: LHCC      Ages: 5-12  
 Instructor: Matt Sheridan & Staff

### Day Hike at Joshua Tree National Park



See the desert up close and personal on a hiking adventure on Joshua Tree National Park's Willow Tree Trail. This relatively flat 7-mile trail in the park's Wonderland of Rocks area begins in the wide open desert and then follows a natural sandy drainage that winds between massive rock formations. This hike has expansive views, and amazing geological formations. Participants should wear sturdy walking shoes or hiking boots, be prepared for plenty of sunshine and bring snacks, lunch & water to have during the hike. Participants meet at the Laguna Hills Community Center where City staff will provide transportation to the trailhead. Call (949) 707-2680 for more information. **No refunds or transfers for this event.**

DATES	TIME	DAY	CLASS
11/19	8:00 AM-6:00 PM	Sa	5007

Fee: Resident \$30, Non-Resident \$35      Ages: 18 & older  
 Location: LHCC  
 Instructor: Community Services Staff

# ACTIVITY SCHEDULE



## SPORTS & FITNESS

### Day Hike at Lake Big Bear



Seek the peak on a hiking adventure on the San Bernardino National Forest's Cougar Trail which leads to the top of Bertha Peak. This is a moderate 6.5 mile trail and has an elevation gain of just over 1600 feet. The hike has many opportunities to view a variety of birds and flowers, woodlands and expansive views. Participants should wear sturdy walking shoes or hiking boots, be prepared for plenty of sunshine and bring snacks, lunch and water to have during the hike. Participants meet at the Laguna Hills Community Center where City staff will provide transportation to the trailhead. Call (949) 707-2680 for more information. **No refunds or transfers for this event.**

DATES	TIME	DAY	CLASS
9/3	8:00 AM-6:00 PM	Sa	5006

Fee: Resident \$25, Non-Resident \$30  
 Location: LHCC  
 Instructor: Community Services Staff  
 Ages: 18 & older

### Hiking Club



The Hiking Club is a series of hikes that explore various wilderness areas in the Orange County area. The hikes are held at intermediate level hiking pace and encounter a variety of terrain, including hills with distances of 3-6 miles. Participants should wear sturdy walking shoes or hiking boots, be prepared for plenty of sunshine and bring water to drink. Community Services Staff provide transportation from the Laguna Hills Community Center to each of the trailheads. Call (949) 707-2680 for more information. Sign up soon, space is limited!

**SCHEDULE:** 9/24: Aliso and Wood Canyons Wilderness Park-Dripping Cave Trail; 10/8: Caspers Wilderness Park-Bell Canyon/East Ridge Loop; 10/22: O'Neill Regional Park- Arroyo Trabuco Trail; 11/12: Whiting Ranch Wilderness Park-Billy Goat Trail.

DATES	TIME	DAY	CLASS
9/24, 10/8, 10/22, 11/12	8:00 AM-12:00 PM	Sa	5005

Fee: Resident \$35, Non-Resident \$40  
 Location: LHCC  
 Instructor: Community Services Staff  
 Ages: 18 & older  
 Class Sessions: 4

### Gentle Yoga



Gentle Yoga's calming restorative stretches will help heal and release stress, and physical tension, with an emphasis on deep yoga breathing and relaxation. Pre-registration required. For more information visit <http://yogaknights.com>. **NO CLASS 11/9.**

DATES	TIME	DAY	CLASS
9/14-11/16	6:00-7:30 PM	W	5074

Fee: Resident \$126, Non-Resident \$131  
 Location: LHCC  
 Instructor: Angie Knight  
 Ages: 14 & older  
 Class Sessions: 9

### Meditation for Everyone

There are many different ways to Meditate. The goal is to remove what is unnecessary "the clutter" mental, physical, and emotional. Some benefits of Meditation are, quieting you mind, reducing stress, and operating more efficiently with less effort. I will be guiding you through Concentrative Meditation, the practice of restrict awareness whether internal or external.

DATES	TIME	DAY	CLASS
<b>FREE TRIAL:</b>			
9/7	6:00-6:45 PM	W	4984
<b>5 SESSIONS:</b>			
9/14-10/12	6:00-6:45 PM	W	4985

Fee: Resident \$50, Non-Resident \$55  
 Location: LHCC  
 Instructor: Karl Ardo  
 Ages: 18 & older  
 Class Sessions: 5

### Qigong for All



Each class starts with a set of Gentle Opening Moves to allow the body structure to open in all directions. These movements focus on Energy(Qi) passing through specific pathways (or meridians). The class ends with a closing Qigong form (Swimming Dragon) that integrates the mind-body-spirit to a more grounded state of well-being. This form of Qigong can be safely practiced by the beginner, those with limited movement and the most advanced student.

DATES	TIME	DAY	CLASS
<b>FREE TRIAL:</b>			
9/7	7:00-8:00 PM	W	4986
<b>10 week session:</b>			
9/14-11/16	7:00-8:00 PM	W	4987

Fee: Resident \$100, Non-Resident \$105  
 Location: LHCC  
 Instructor: Karl Ardo  
 Ages: 18 & older  
 Class Sessions: 10

### Zumba Toning



Zumba Toning is a one hour Zumba, dance fitness class, done to Latin and international rhythms, that incorporates body sculpt movements, utilizing weights or Zumba toning sticks, to help shape and tone the body. There is a focus on each muscle group in the upper body, with exercises that also target the legs and gluteals. We finish up with abdominal exercises and then wrap up the class with a thorough stretch. What to bring to class: 2 lb hand weights, or 2.5 lb Zumba toning sticks (they can be purchased online), a yoga mat, a towel and bottled water. Wear comfortable clothes that you don't mind sweating in and aerobics shoes, dance sneakers or other athletic shoes with support. No bare feet please. For more information please contact the instructor, Dina at (949) 697-1753.

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
9/12-9/26	7:00-8:00 PM	M	3	\$27/\$32	4988
10/3-10/31	7:00-8:00 PM	M	5	\$45/\$50	4989
11/7-11/28	7:00-8:00 PM	M	4	\$36/\$41	4990

Location: LHCC  
 Instructor: Dina Martin-Rusk  
 Ages: 18 & older



# ACTIVITY SCHEDULE

## SPORTS & FITNESS

### Zumba



Zumba is an aerobic exercise class that fuses Latin rhythms (Disco, Reggaeton-Cumbia, Conga Hip-Hop, Merengue Hip-Hop, Reggaeton-Belly Dance, Techno and Salsa) with a highly effective cardio training system that is fun and easy to do. Burn 500-800

calories an hour! Participants should wear comfortable attire and bring water and a towel. Be prepared to have a great time and expect to sweat. Ditch the workout...join the PARTY! To learn more about Zumba or the instructor visit [www.southcozumba.com](http://www.southcozumba.com). **\*NO CLASS 11/24.**

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
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#### One day per week:

9/6-9/27	7:00-8:00 PM	Tu	4	\$36/\$41	4991
9/1-9/29	7:30-8:30 PM	Th	5	\$45/\$50	4992
10/4-10/25	7:00-8:00 PM	Tu	4	\$36/\$41	4993
10/6-10/27	7:30-8:30 PM	Th	4	\$36/\$41	4994
11/1-11/29	7:00-8:00 PM	Tu	5	\$45/\$50	4995
11/3-11/17	7:30-8:30 PM	Th	3	\$27/\$32	4996

#### Two days per week:

9/1-9/29	7:00-8:00 PM	Tu	9	\$77/\$82	4997
	7:30-8:30 PM	Th			
10/4-10/27	7:00-8:00 PM	Tu	8	\$68/\$73	4998
	7:30-8:30 PM	Th			
11/1-11/29	7:00-8:00 PM	Tu	8	\$68/\$73	4999
	7:30-8:30 PM	Th			

#### Three month session:

9/6-11/29	7:00-8:00 PM	Tu	13	\$117/\$122	5000
9/1-11/17	7:30-8:30 PM	Th	12	\$108/\$113	5001
9/1-11/29	7:00-8:00 PM	Tu	25	\$213/\$218	5002

Location: LHCC Ages: 16 & older  
Instructor: Dina Martin-Rusk

### Future Stars Tennis



For kids just starting to play. Class focuses on the basics like ground strokes, some serving and lots of hand eye coordination work. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis more fun and enjoyable. For more information please visit [WRTennis.com](http://WRTennis.com).

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
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9/12-10/3	3:00-3:45 PM	M	4	\$56/\$61	5028
10/10-10/31	3:00-3:45 PM	M	4	\$56/\$61	5029
11/7-11/28	3:00-3:45 PM	M	4	\$56/\$61	5030
12/5-12/12	3:00-3:45 PM	M	2	\$28/\$33	5031

Location: Mackenzie Park Tennis Courts Ages: 4-5  
Instructor: Wyatt Russell

### Rising Stars Tennis



Also for new kids to tennis. This class focuses on teaching the fundamentals of groundstrokes, serves, volleys and footwork skills. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis fun and enjoyable.

For more information please visit [WRTennis.com](http://WRTennis.com).

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
9/12-10/3	3:45-4:45 PM	M	4	\$72/\$77	5032
10/10-10/31	3:45-4:45 PM	M	4	\$72/\$77	5033
11/7-11/28	3:45-4:45 PM	M	4	\$72/\$77	5034
12/5-12/12	3:45-4:45 PM	M	2	\$36/\$41	5035

Location: Mackenzie Park Tennis Courts Ages: 6-7  
Instructor: Wyatt Russell

### Tennis Stars



For kids who have moved up from Rising Stars Tennis or who are newer to tennis. This class works on ensuring kids are ready for match play by reinforcing proper stroke production, footwork and basic strategy concepts. This class uses lighter and lower

compression balls to optimize and accelerate the child's learning and make tennis more fun and enjoyable. For more information please visit [WRTennis.com](http://WRTennis.com).

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
9/13-10/4	3:00-4:00 PM	Tu	4	\$72/\$77	5036
10/11-11/1	3:00-4:00 PM	Tu	4	\$72/\$77	5037
11/8-11/29	3:00-4:00 PM	Tu	4	\$71/\$77	5038
12/6-12/13	3:00-4:00 PM	Tu	2	\$36/\$41	5039

Location: Mackenzie Park Tennis Courts Ages: 8-10  
Instructor: Wyatt Russell

### All Star Tennis



For kids with more than 1 year of experience. This class reinforces the skills learned in previous classes. Players will use green balls on a full court to help them prepare for play with a full compression ball.

For more information please visit [WRTennis.com](http://WRTennis.com). **\*NO CLASS 11/24.**

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
9/15-10/6	3:00-4:00 PM	Th	4	\$72/\$77	5040
10/13-11/3	3:00-4:00 PM	Th	4	\$72/\$77	5041
11/10-12/1	3:00-4:00 PM	Th	3	\$54/\$59	5042
12/8-12/15	3:00-4:00 PM	Th	2	\$36/\$41	5043

Location: Mackenzie Park Tennis Courts Ages: 8-11  
Instructor: Wyatt Russell

# ACTIVITY SCHEDULE



## SPORTS & FITNESS

### Tier 1 Tennis



Perfect for kids that are ready for full court play with a full compression ball. For more information please visit WRTennis.com.  
**\*NO CLASS 11/24.**

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
9/15-10/6	4:00-5:30 PM	Th	4	\$108/\$113	5044
10/13-11/3	4:00-5:30 PM	Th	4	\$108/\$113	5045
11/10-12/1	4:00-5:30 PM	Th	3	\$81/\$86	5046
12/8-12/15	4:00-5:30 PM	Th	2	\$54/\$59	5047

Location: Mackenzie Park Tennis Courts  
 Instructor: Wyatt Russell

Ages: 11-17

### Adult Tennis- Learn to Rally (Beginner)



If you have never played before, now it the time. In this class you will learn the basics of tennis and better yet you will be rallying in just the first class. For more information please visit WRTennis.com.

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
9/12-10/3	7:00-8:00 PM	M	4	\$72/\$77	5048
9/13-10/4	9:30-10:30 AM	Tu	4	\$72/\$77	5052
10/10-10/31	7:00-8:00 PM	M	4	\$72/\$77	5049
10/11-11/1	9:30-10:30 AM	Tu	4	\$72/\$77	5053
11/7-11/28	7:00-8:00 PM	M	4	\$72/\$77	5050
11/8-11/29	9:30-10:30 AM	Tu	4	\$72/\$77	5054
12/5-12/12	7:00-8:00 PM	M	2	\$36/\$41	5051
12/6-12/13	9:30-10:30 AM	Tu	2	\$36/\$41	5055

Location: Mackenzie Park Tennis Courts  
 Instructor: Wyatt Russell

Ages: 18 & older

### Adult Tennis- Advanced Beginner



This class is perfect if you haven't played in a few years or you are just getting the hang of things. Ill help you further your fundamental skills so your consistency and shot making percentages increase to higher levels. For more information please visit WRTennis.com.

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
9/12-10/3	6:00-7:00 PM	M	4	\$72/\$77	5056
9/13-10/4	10:30-11:30 AM	Tu	4	\$72/\$77	5060
10/10-10/31	6:00-7:00 PM	M	4	\$72/\$77	5057
10/11-11/1	10:30-11:30 AM	Tu	4	\$72/\$77	5061
11/7-11/28	6:00-7:00 PM	M	4	\$72/\$77	5058
11/8-11/29	10:30-11:30 AM	Tu	4	\$72/\$77	5062
12/5-12/12	6:00-7:00 PM	M	2	\$36/\$41	5059
12/6-12/13	10:30-11:30 AM	Tu	2	\$36/\$41	5063

Location: Mackenzie Park Tennis Courts  
 Instructor: Wyatt Russell

Ages: 18 & older

### Adult Tennis- Intermediate 3.0-3.5+



Perfect for more experiences players with a 3.0-3.5 rating. We'll work on refining strokes as I introduce modern concepts, with proven techniques. Together we'll discuss and implement doubles and singles strategies for smarter play and decision making during points. For more information please visit WRTennis.com.

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
9/13-10/4	8:30-9:30 AM	Tu	4	\$72/\$77	5064
10/11-11/1	8:30-9:30 AM	Tu	4	\$72/\$77	5065
11/8-11/29	8:30-9:30 AM	Tu	4	\$72/\$77	5066
12/6-12/13	8:30-9:30 AM	Tu	2	\$36/\$41	5067

Location: Mackenzie Park Tennis Courts  
 Instructor: Wyatt Russell

Ages: 18 & older

## SPORTS LEAGUES

### Adult Basketball League



Registration for Adult Basketball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$30 per game official's fee.

LEAGUE	DATES	TIME	DAY
Open League	8/23-11/8	6:30, 7:30, 8:30 PM	Tu

Fee: \$325

Ages: 18 & older

Location: LHCC

Instructor: Community Services Staff

### Adult Volleyball League



Registration for Adult Volleyball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$12 per game umpire fee.

LEAGUE	DATES	TIME	DAY
Women's 4 on 4	8/22-11/7	6:10, 7:00, 8:00 PM	M

Fee: \$225

Ages: 18 & older

Location: LHCC

Instructor: Community Services Staff

### Slow Pitch Adult Softball



Registration for Adult Softball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$15 per game umpire fee.

LEAGUE	DATES	TIME	DAY
Men's "D"	8/22-11/7	6:30, 7:45, 8:50 PM	M
Men's "D"	8/23-11/8	6:30, 7:45, 8:50 PM	Tu
Men's Upper "D"	8/24-11/9	6:30, 7:45, 8:50 PM	W
Men's Lower "C"	8/25-11/10	6:30, 7:45, 8:50 PM	Th
Coed	8/26-11/18	6:30, 7:45, 8:50 PM	F

Fee: Resident \$500, Non-Resident \$500

Ages: 18 & older

Location: LHCC

Instructor: Community Services Staff



# ACTIVITY SCHEDULE

## CIRCLE OF FRIENDS

The Circle of Friends Program is for individuals with disabilities who are age thirteen and older. Activities are designed to foster social skills, increase leisure opportunities and create friendships while enhancing developmental needs for teens and adults of all abilities. Programs include movie nights, local excursions, social dances and more! To be added to our Circle of Friends quarterly newsletter mailing list or to find out more about the program, please call (949) 707-2683.

### Pizza and Movie Night

Invite a friend and join us for a fun night of pizza and a movie at the Laguna Hills Community Center! Please RSVP in advance to (949) 707-2683.

DATES	TIME	DAY	CLASS
9/16	6:30-9:00:00 PM	F	5010

Fee: \$5  
Location: LHCC  
Instructor: Community Services Staff  
Ages: 13 & older

### Halloween Dance

Wear your favorite costume and come dance the night away at the Circle of Friends Halloween Dance! Bring a friend and join us for an exciting evening at the Laguna Hills Community Center. Please RSVP in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
10/21	7:00-9:00 PM	F	5011

Fee: \$5  
Location: LHCC  
Instructor: Community Services Staff  
Ages: 13 & older

### Game Night

Invite a friend and join us for a fun night of games at the Laguna Hills Community Center! We will have a variety of games to choose from or bring your favorite one from home!

DATES	TIME	DAY	CLASS
11/18	7:00-9:00 PM	F	5025

Fee: \$5  
Location: LHCC  
Ages: 13 & older

## EXCURSIONS

### Star Party at the Griffith Observatory

Come for the view and stay for the party! Community Services staff will do all of the driving for this trip up to one of Los Angeles' most iconic and scenic landmarks. Tour the Observatory exhibits on your own and enjoy looking through a variety of telescopes at the moon, visible planets and other objects in the Fall season's sky with the assistance of amateur astronomers from the Los Angeles Astronomical Society. Food is available for purchase at the Observatory's Café at the End of the Universe. Sign up today, space is limited! No refunds or transfers for this event.

DATES	TIME	DAY	CLASS
9/10	4:00 PM-11:00 PM	Sa	5003

Fee: Resident \$20, Non-Resident \$25  
Location: Meet at LHCC  
Instructor: Community Services Staff  
Ages: All Ages

### Excursion to Queen Mary's Dark Harbor

From the darkest depths of your deepest hidden fears, Queen Mary's Dark Harbor is resurrected this fall with its cast of sinister spirits ready to deliver another season of blood curdling terror. Live your nightmares aboard the haunted Queen Mary and join a cast of ghouls, spirits, and undead for an unforgettable, freightingly authentic haunted experience. No costumes are allowed. Community Services Staff provides transportation in 15-passenger vans for registered participants, but do not supervise their activities during the event. Sign up today, space is limited! No refunds or transfers for this event.

DATES	TIME	DAY	CLASS
10/15	5:00 PM-12:00 AM	Sa	5004

Fee: Resident \$75, Non-Resident \$80  
Location: Meet at LHCC  
Instructor: Community Services Staff  
Ages: 14 & older

## COMMUNITY CENTER FOSSIL TOUR

Join City staff for this free 40 minute guided tour of the Community Center fossil collection, which is a showcase for regional fossil discoveries and is an educational treasure. The free tour introduces you to the ancient life that occupied Laguna Hills during the last 17 million years of the Earth's history. Participants meet at the Laguna Hills Community Center. Call (949) 707-2692 for more information. DATES: 9/3, 10/1, & 11/5 from 11:00-11:40 AM.

# ACTIVITY SCHEDULE



## EMERITUS

### Saddleback College Senior Emeritus Program

These classes are sponsored by Saddleback College Emeritus Program and held in the gymnasium at the Laguna Hills Community Center; the gymnasium is not air conditioned. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit [www.saddleback.edu/emmeritus](http://www.saddleback.edu/emmeritus).

DAY	CLASS	TIME
<b>The following classes meet 8/22 to 12/16:</b>		
MW	Yoga	9:00-9:50 AM
MW	Aerobic Exercise	10:00-10:50 AM
MW	Pilates Conditioning	11:00-11:50 AM
TTH	Sequential Stretching	8:30-9:20 AM
TTH	Pilates Conditioning	9:30-10:45 AM
T	Yoga	11:00 AM-12:50 PM
Fri	Tai Chi	8:30-10:35 AM
Fri	Pilates Conditioning	10:10 AM-12:15 PM

Location: LHCC Ages: 50 & Older

### Saddleback College ART 41X: Art Media Studies

Students engage in introductory activities in mixed media drawing, painting, printmaking and related 2-D art forms. Materials fee of \$10.00 payable at registration. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit [www.saddleback.edu/emmeritus](http://www.saddleback.edu/emmeritus).

DATES	TIME	DAY
8/22-12/12	1:00-3:50 PM	Mon

Location: LHCC Ages: 50 & older

### Saddleback College SPAN 231X: Intermediate Practical Spanish

Further the fundamentals of communicative competence in practical Spanish for the older adult. Focuses on listening, comprehension and speaking. Reading and writing skills will be expanded. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit [www.saddleback.edu/emmeritus](http://www.saddleback.edu/emmeritus).

DATES	TIME	DAY
8/23-12/13	9:00-10:50 AM	Tu

Location: LHCC Ages: 50 & Older

### Saddleback College ART 59X: Intermediate/Advanced Watercolor

Rec Prep: ART 58X. Utilizing and incorporating color mixing in a broader palette for washes, glazing, and spontaneous interpretation of the subject matter. An increasing emphasis will be placed on individual exploration with the medium. Materials fee of \$5 payable at registration. Additional art supplies may be required. To register or for more information please call the Emeritus Institute at (949) 582-4835 or visit [www.saddleback.edu/emmeritus](http://www.saddleback.edu/emmeritus).

DATES	TIME	DAY
8/24-12/14	1:00-3:50 PM	W

Location: LHCC Ages: 50 & Older

### Saddleback College ART 20X: Art Appreciation

Focuses on the fundamentals and aesthetics of the visual arts, as well as the major developments that shaped the evolution of Western art. Additional art supplies may be required. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit [www.saddleback.edu/emmeritus](http://www.saddleback.edu/emmeritus).

DATES	TIME	DAY
8/25-12/15	10:00-11:50 AM	Th

Location: LHCC Ages: 50 & Older

### Saddleback College ART 80X: Beginning Sketching

Basic drawing techniques will be presented as students are encouraged in individual artistic expression. Still life, student model, and location work will be done in simple classic media of pencil, charcoal and pastel. Materials fee of \$5 is payable at registration. Additional art supplies may be required. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit [www.saddleback.edu/emmeritus](http://www.saddleback.edu/emmeritus).

DATES	TIME	DAY
8/26-12/16	1:00-3:50 PM	F

Location: LHCC Ages: 50 & Older

## CIVIC CENTER PUBLIC ARTS TOUR

This free 40 minute guided tour gives you a brief look into the City of Laguna Hills' rich Native American, Spanish Explorers, Mexican Rancho and American Ranch & Farming through art displays and other exhibits located at the Laguna Hills Civic Center. Call (949) 707-2692 to make a reservation to join the tour. DATES: 9/3, 10/1, & 11/5 from 10:00-10:40 AM.

# City of Laguna Hills REGISTRATION INFORMATION



## Register...

### On-Line

[www.ci.laguna-hills.ca.us](http://www.ci.laguna-hills.ca.us)

### Walk-In

Laguna Hills Community Center  
at **25555 Alicia Parkway**

### Phone-In

Call **(949) 707-2680**, for credit card users only

### Mail-In

Make check payable to City of Laguna Hills,  
and mail it to:

**City of Laguna Hills  
Community Services  
25555 Alicia Parkway  
Laguna Hills, CA 92653**

### Fall Registration begins Tuesday, August 16, 2016

- A \$35 fee is charged on all returned checks.
- Visa, American Express, and MasterCard accepted.
- If you need special accommodations for any of our activities, please notify staff 72 hours prior to the event at 949.707.2680.
- Fees are subject to change.
- Incomplete forms will not be processed which includes receipt of proper payment.
- Prior to any participation in City of Laguna Hills' recreation activity a signed and completed Registration Form and release and waiver is required.
- All minor participants must be registered by parent or legal guardian. (No exceptions).
- Full refunds are issued for any class cancelled by the City. Refund requests made prior to the start of any activity will be granted subject to a \$5 service charge per request.
- Refund requests must be made prior to the second class meeting. No refund will be granted after that time. Special events, one day programs and camps do not receive refunds unless the participant's spot is filled. Refund processing takes 3-4 weeks from the date of the request. The City will mail all refund checks.

The City of Laguna Hills conducts state criminal background checks on all of its employees and contract instructors for all youth related recreational activity including its athletic programs. The City does not receive subsequent arrest notification information for employees or contract instructors for whom criminal background checks were requested. For more information on the City's background check policy contact the Community Services Department at (949) 707-2680.

## LAGUNA HILLS TECHNOLOGY LIBRARY



**OC Community Resources**

Did you know that the Laguna Hills Technology Library is located within the Laguna Hills Community Center? We have computers, an assortment of books for adults, teens, and children, and a DVD collection – all available for free! If you'd like something available at another branch, we can have it transferred over for just 25 cents. The library's online calendar is available at: [ocpl.org/libloc/lht/calendar](http://ocpl.org/libloc/lht/calendar)

25555 Alicia Parkway  
Laguna Hills, CA 92653  
949-707-2699  
[ocpl.ltk@occr.ocgov.com](mailto:ocpl.ltk@occr.ocgov.com)  
Monday-Thursday: 10 a.m. - 9 p.m.  
Friday-Saturday: 10 a.m. - 5 p.m.  
Sunday: Closed

As you browse the Fall Class and Activity Schedule, be sure to note those programs designated with one of the "Get Fit" logos. These programs are offered as part of the City's Get Fit Campaign and are provided to support your nutrition and exercise goals.

The City of Laguna Hills supports the health and wellness of the community through the provision of programs and facilities that promote fitness and well-being.

