

2015 FALL | News Magazine & Activity Guide



laguna hills CITY VIEWS



LAGUNA HILLS **BUDGET** AND CAPITAL IMPROVEMENT PROJECTS

What's Inside?
Capital Improvement Projects
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Water Conservation Update
Dial-A-Taxi

CAPITAL IMPROVEMENT PROJECTS

The City of Laguna Hills is constantly working to improve infrastructure throughout the City as is needed and financially feasible. Here is a quick update on a few projects the City is currently working on.

STOCKPORT PARK RENOVATION

The Stockport Park Playground renovation is in the final stages of completion and is anticipated to be open for use in mid-August. Construction work on this \$300,000 project began May 2015, which includes updating the playground



equipment, replacing the playground surfacing, and replacing worn amenities, such as picnic tables. Take a stroll with your family and friends to the park to check out this new, complete renovation!

COMMUNITY CENTER SOFTBALL FIELD IMPROVEMENTS

Construction on the Community Center and Sports Complex softball field is scheduled to begin on July 20th and last through mid-October. This \$1.15 million project includes replacing the natural turf with synthetic turf, enhancing the field lighting, improving the barrier fencing, and a variety of additional site improvements such as a portable pitcher's mound and a storage unit. These improvements will not only enhance softball players' enjoyment and increase spectator safety, but will result in reduced water usage and improved field maintenance and operation.



laguna hills CITY VIEWS

2015 FALL NEWS MAGAZINE & ACTIVITY GUIDE

CITY HALL HOURS:
8 am – 5 pm Monday – Friday

**ENGINEERING, PLANNING AND
BUILDING COUNTER HOURS:**
1 pm – 5:30 pm Monday – Thursday
1 pm – 5 pm Friday

LAGUNA HILLS CITY COUNCIL:

Dr. Dore Gilbert
Mayor

Barbara Kogerman
Mayor Pro Tem

Andrew Blount

Melody Carruth

Don Sedgwick

Regular City Council Meetings are held on the second and fourth Tuesday of each month.

Traffic Commission Meetings are held on the third Wednesday of January, March, May, July, September and November.

Parks and Recreation Commission Meetings are held on the first Wednesday of February, April, June, August, October and December.

All meetings begin at 7 pm in the City Council Chambers. Closed session at 6 pm (when scheduled).

City Views is an award winning quarterly magazine published by the City of Laguna Hills and is distributed as a public service to City residents and businesses. We welcome your suggestions and feedback and value your involvement in the community. Please send or call in any comments or questions to:

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City of Laguna Hills
Administrative Services Department
24035 El Toro Road
Laguna Hills, CA 92653
Telephone: (949) 707-2620
www.ci.laguna-hills.ca.us



LAGUNA HILLS BUDGET

Every two years, the City sets aside approximately six months to prepare its Budget and Six-Year Capital Improvement Program. Since its incorporation in 1991, it has been the City's practice to develop a two-year budget, which results in a more focused and consistent spending plan for the City. This process includes three public meetings and a public hearing designed to ensure public input in the process. And, once again, the recently completed 2015-2017 Biennial Budget process was no exception.

Laguna Hills' budget picture is strong and its financial condition is healthy, poised to further improve as projects throughout the City move forward. General Fund revenues are projected at \$20.66 million in fiscal year 2015/16, while Operating expenditures are estimated at \$18.58 million. For fiscal year 2016/17, revenues are projected to increase slightly, by 1.56%, to \$20.98 million, and Operating expenditures are estimated at \$18.91 million.

The single-highest contributor to City revenues is property tax, providing approximately 45% of the City's Operating revenues. Sales tax is the second, coming in at 29% of Operating revenues.

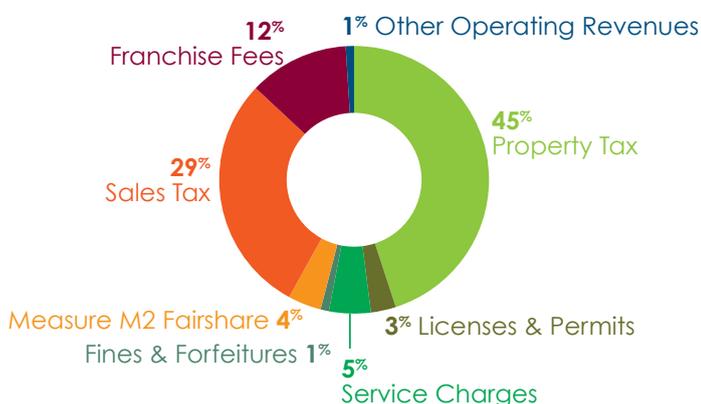
On the expenditures side, Public Safety is the single-highest expense for the City, accounting for roughly 40% of the General Fund budget. Public Services accounts for 23% of the spending, and Community Services 11%.

Also, included within the approved 2015-2017 Biennial Budget is the Capital Improvement Program. Thirteen capital projects are scheduled for completion during the Biennial Budget period, estimated at a total cost of \$7.65 million. These capital projects include street maintenance projects, park improvements, open space improvements and more.

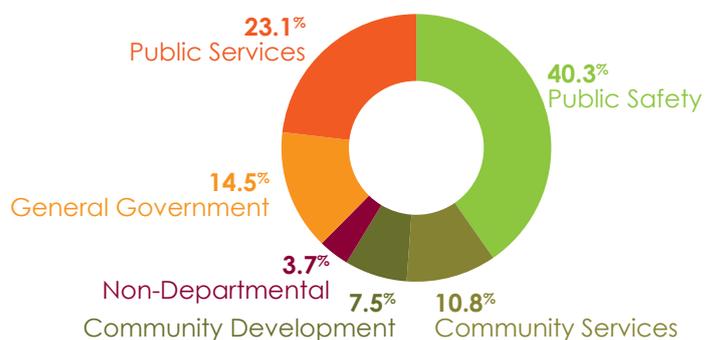
Capital Improvement Projects for 2015-2017

- \$2.3 million** Traffic Signal Improvements/Coordination
- \$1.2 million** Arterial Highway Pavement Maintenance Rehabilitation
- \$1.15 million** Community Center Softball Field Improvements
- \$980,000** Alicia Parkway Median Island Rehabilitation
- \$730,000** Annual Street Maintenance
- \$695,000** Water Quality Program
- \$565,000** La Paz Sidewalk Widening

Fiscal Year 2015-16 Operating Revenues



Percent of Total General Fund Operating Expenditures by Department



MINWD & ETWD ASKS CUSTOMERS TO “LIVE WITHIN YOUR BUDGET”



The hot summer months are upon us, and saving water is of paramount importance. As we continue into the summer, outdoor water use is primarily the key area where we can continue to conserve our water by doing the following:

- Reduce watering times and days. Consider letting your lawn take a nap this summer, and think about giving your yard a makeover this fall by planting California friendly plants in areas containing non-functional turf!
- Avoid overwatering, overspray, and runoff.



- Check sprinkler timers often to ensure settings are correct.
- Use a weather based watering schedule or install a weather based irrigation controller.*
- Change your sprinkler nozzles to water-efficient rotating nozzles or install drip irrigation.*
- Look for leaks (both indoors and outdoors).

Visit www.mnwd.com/watersavingtips for more information on creating your own watering schedule, how to look for leaks, and other great ways to save water! Thank you for doing your part to live within your water budget and save water.

*Rebates may be available. Visit www.mnwd.com/rebates or www.etwd.com/conservation/rebates for more information.





DIAL-A-TAXI

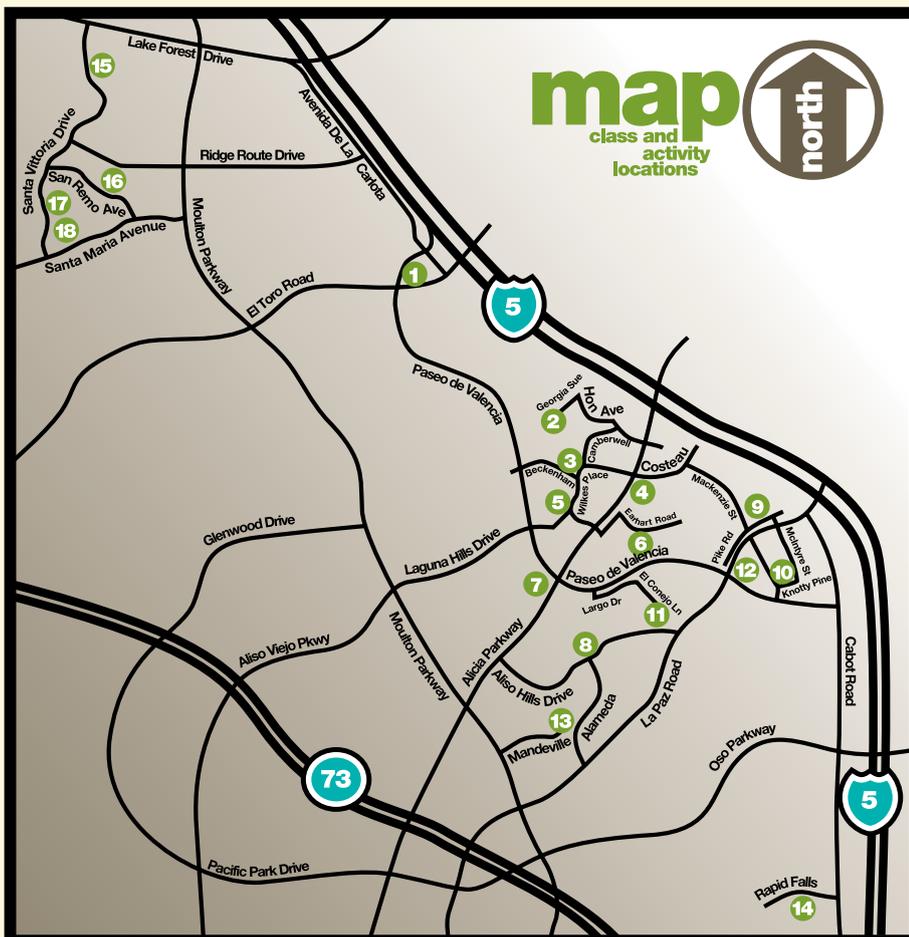
Seniors already registered with the City's Dial-A-Taxi program should call toll free (877) 809-6587 to arrange pick up.

Laguna Hills seniors can participate in the Dial-A-Taxi Senior Transportation Program, which provides door-to-door taxi service to Laguna Hills residents 60 years and older, by registering and paying a co-pay of as little as \$5. To register for the Dial-A-Taxi program, fill out an application form and return it in person to the Laguna Hills Community Center at 25555 Alicia Parkway, Laguna Hills, CA 92653. The Community Center is open from 8 a.m. to 10 p.m., Monday through Saturday, and on Sunday from noon to 6 p.m. You can get a copy of the registration form online at www.ci.laguna-hills.ca.us under "Departments" then "Community Services."

To register, you will need to show proof of Laguna Hills residency and proof of age.

For more information, visit the City's website at www.ci.laguna-hills.ca.us or call (949) 707-2681.

CLASS ACTIVITY LOCATIONS



- 1 City Hall
- 2 Clarington Park
- 3 Beckenham Park
- 4 Costeau Park
- 5 Stockport Park
- 6 Lomarena Elementary
- 7 LHCC & Sports Complex
- 8 Mendocino Park
- 9 Mackenzie Park
- 10 Knotty Pine Park
- 11 El Conejo Park
- 12 Valencia Elementary
- 13 Mandeville Park
- 14 Cabot Park
- 15 Veeh Ranch Park
- 16 San Remo Park
- 17 Santa Vittoria Park
- 18 San Joaquin Elementary

2015 FALL

COMMUNITY SERVICES

ACTIVITY GUIDE



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COMMUNITY SERVICES ACTIVITY GUIDE

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13	Emeritus



CALENDAR OF EVENTS

- Aug 11** Fall Registration Begins
- Aug 28** Circle of Friends: Pizza & Movie Night
- Sep 7** Community Center & Sports Complex Closed
- Sep 25** Circle of Friends BINGO Night
- Oct 16** Circle of Friends: Halloween Dance
- Oct 24** Ghostly Affair
- Oct 24** A'Mazeingly Haunted Hills
- Oct 30 & 31** Earbud Theatre: Live
- Nov 3** Winter Registration Begins
- Nov 11** Community Center & Sports Complex Closed
- Nov 20** Circle of Friends Game Night
- Nov 21** Excursion: Star Party at the Griffith Observatory
- Nov 26 & 27** Community Center & Sports Complex Closed
- Dec 12** Breakfast with Santa
- Dec 18** Circle of Friends Holiday Dinner Dance

NEW THIS FALL!

- NEW** Hiking 101
- Day Hike at Bear Canyon
- Aikido (New Time)
- Tutus & Twirls/ Mommy & Me Dance
- Bright Beginnings/Smart Start Preschool Combo Dance
- Budding Ballerinas/Preschool Ballet
- Youth Hip Hop Team
- Booty Blast n Core

STAY INFORMED

If you'd like to receive email notifications with City Information or on upcoming classes, programs and events please visit our website, www.ci.laguna-hills.ca.us.



ACTIVITY SCHEDULE

Special Events

A Ghostly Affair

Dress up in your favourite costume and join us for an afternoon of hair-raising fun. Our Ghostly Affair includes exciting games, terrific trick-or-treating, tons of prizes, and plenty of opportunities for great pictures - so don't forget your camera! **PLEASE NOTE: No refunds or transfers for this event.**

DATES	TIME	DAY	CLASS
10/24	5:30-7:00 PM	Sa	3772

Fee: \$5 per child

Ages: 6 & under

Location: LHCC

Instructor: Community Services Staff



A 'Maze'ingly Haunted Hills

It's the only night of the year when Laguna Hills will be haunted!!! This frightful maze will send bone chilling shivers down your spine. This event is recommended for the brave only. **PLEASE NOTE: No refunds or transfers for this event.**

DATES	TIME	DAY	CLASS
10/24	8:00-9:30 PM	Sa	3773

Fee: \$10

Ages: 7 & older

Location: LHCC

Instructor: Community Services Staff

Breakfast with Santa

**** Save the date: (Registration opens 11/3) ****

Ho, Ho, Ho! Santa will be arriving at the Laguna Hills Community Center for a morning full of holiday fun! Join us for a special celebration complete with a scrumptious pancake breakfast, photos with Santa, and holiday crafts! Children must be accompanied by a paying adult. Sign up soon, space is limited! *****Registration closes December 9th*****

DATES	TIME	DAY	CLASS
12/12	9:00-10:30 AM	Sa	3771

Fee: Child/Adult Resident \$10, Child/Adult Non-Resident \$15

Location: LHCC

Ages: All Ages

Instructor: Community Services Staff

CHILDREN'S BIRTHDAY PARTY PROGRAM



Let us help with your 3-10 years olds next birthday party! Community Services Staff will provide cake, ice cream, pizza, and decorations for up to 24 children and adults, and lead fun activities for the kids while you sit back and enjoy the celebration. Party times are available on Saturdays from 12:00-2:00 pm in either the Community Center's Classroom or outside at the Picnic Shelter. Call (949) 707-2680 for details.

ACTIVITY SCHEDULE



EARLY CHILDHOOD

CULTURAL ARTS

Tunes and Tales

Let's get the wiggles out! Join Ms. Vivian in this popular Music and Movement class. Sing-a-longs and fingerplay songs start off this fun filled class followed by music activities using beanbags, rhythm sticks, instruments and a parachute. We will even have a chance to read a short story each week (2 1/2-4 year old class only). The children have a great time while developing their listening and social skills. **Parent/adult supervision is required.**

DATES	TIME	DAY	CLASS
AGES 1 1/2 -2 1/2:			
9/15-10/13	9:30-10:10 AM	Tu	4282
10/20-11/17	9:30-10:10 AM	Tu	4284
Fee: Resident \$40, Non-Resident \$45			Class Sessions: 5

Ages 2 1/2- 4:

9/15-10/13	10:15-11:10 AM	Tu	4283
10/20-11/17	10:15-11:10 AM	Tu	4285
Fee: Resident \$45, Non-Resident \$50			Class Sessions: 5

Location: LHCC
Instructor: Vivian Stapleton

Christmas Tunes and Tales

Join us as we sing and play our way through Christmas carols and holiday music. We'll use jungle bells, instruments, a parachute and more as we sing about Rudolph and Santa. We'll also have time to read a holiday story. Let's get ready for "the most wonderful time of the year" together! Each registered child will receive a small gift. **Parent participation required.**

DATES	TIME	DAY	CLASS
12/15	9:30-10:25 AM	Tu	4286
12/15	10:30-11:25 AM	Tu	4287

Fee: Resident \$15, Non-Resident \$20
Location: LHCC
Instructor: Vivian Stapleton

CIVIC CENTER PUBLIC ARTS TOUR

This free 40 minute guided tour gives you a brief look into the City of Laguna Hills' rich Native American, Spanish Explorers, Mexican Rancho and American Ranch & Farming through art displays and other exhibits located at the Laguna Hills Civic Center. Call (949) 707-2692 to make a reservation to join the tour. DATES: 9/5, 10/3, 11/7, & 12/5 from 10:00-10:40 AM.

Holidays with Music Together

Jingle those bells and deck the halls for a special Holiday Music Together class! Sing and dance to your favorite holiday songs with bells, shakers, scarves, finger plays, and a holiday instrument jam session. Join us for juice, cookies, and holiday cheer! **Parent participation is required.**

DATES	TIME	DAY	CLASS
12/16-12/23	9:15-10:00 AM	W	4216
12/16-12/23	10:15-11:00 AM	W	4217

Fee: Resident \$30, Non-Resident \$35
Location: LHCC
Instructor: Elena Salisbury

Ages: 4 & under
Class Sessions: 2

Music Together

Here is your chance to experience a nationwide, research-based program packed with songs, rhymes, dance and instrumental jam sessions! Outstanding teachers with early childhood and music experience will lead participants in a wonderful musical learning experience. Parent participation is required. For more information, please visit www.svmusictogether.net. Babies under 8 months may attend class for free with a registered sibling. **A \$40 material fee is due to the instructor at the first class meeting.**

DATES	TIME	DAY	CLASS
Free Trial (must have a waiver on file at front counter):			
9/9	9:15-10:00 AM	W	4215

10 week session:

9/16-11/18	9:15-10:00 AM	W	4213
9/16-11/18	10:15-11:00 AM	W	4214

Fee: Resident \$150, Non-Resident \$155
Location: LHCC
Instructor: Elena Salisbury

Ages: 4 & under
Class Sessions: 10

Musical Theater: The Gingerbread Man

Have fun being in a darling production of the classic tale "The Gingerbread Man." The children will have fun being directed by our energetic Tom Thumb Staff. They will love being taught improvisational skills, creating story on stage and other music, movement, and drama exercises. Children pretend all the time-having their imaginations come to life with sets, costumes, and music is a magical thing for them. Musical Theatre helps children in so many ways- memorization skills, expressing themselves, working on a team, self-confidence, and many more. Most of all, it is FUN! Your child will be proud to display what they've learned in a performance of The Gingerbread Man for family and friends. All actors will receive a Tom Thumb Players t-shirt and rehearsal CD. The final performance will be held November 12th at 6:30 pm. For more information please visit www.creativekidsplayhouse.com.

DATES	TIME	DAY	CLASS
9/24-11/12	9:00-9:45 AM	Th	4292

Fee: Resident \$134, Non-Resident \$139
Location: LHCC
Instructor: Creative Kids Playhouse: Tom Thumb Players

Ages: 3-7
Class Sessions: 8



ACTIVITY SCHEDULE

EARLY CHILDHOOD

PERSONAL DEVELOPMENT

Playtime!

Fun time, game time, craft time, PLAYTIME! Join us for days of fun-filled activities from music, arts and crafts, sports, and games. This program is designed for lively little people and packed full of activities that initiate creativity, stimulate the imagination and encourage making new friends. Please send a sack lunch with your child each day. Participants must be potty trained. Families enrolling more than 1 child in this class will receive a 25% discount for additional children enrolled.

DATES	TIME	DAY	CLASS
10/6-12/10	11:30 AM-2:00 PM	TuTh	4288

Fee: Resident \$175, Non-Resident \$180
 Location: LHCC
 Instructor: Community Services Staff

Ages: 3-5

Kindergarten, Here I Come!

Taught by a fully credentialed teacher, this exciting kindergarten readiness program will offer pre-schoolers crucial social and academic skills to prepare them for school. This parent participation program is designed for 4-5 year olds and will be thematically planned with lessons including language arts, math, social studies, science, and art. Please bring a snack each day as there will be a daily snack and recess time. **Children must have turned 4 years old by October 1, 2015 to register.** Parents will only need to sign up to volunteer in the classroom for four lesson. A \$10 material fee is due to the instructor at the first class meeting. ***NO CLASS 9/23, 11/11, 11/23, 11/25, and 11/27.** Class curriculum will progress through the school year and closely corresponds with the Saddleback School District Calendar.

DATES	TIME	DAY	CLASS
9/14-12/18	9:00 AM-12:00 PM	MWF	4258

Fee: Resident \$475, Non-Resident \$480
 Location: LHCC
 Instructor: Jennifer Migliaccio

Ages: 4-5
 Class Sessions: 30

CULTURAL ARTS

Beginning/Intermediate/Advanced Drawing & Painting

Beginners will be taught to see (as an artist) line, location and value. They will learn how to use charcoal drawing tools and produce accurate drawings of simple still lifes. Emphasis is on determining spacial relationships and accurate value depiction. A supply kit is available from the instructor for \$35. Emphasis is on technique, composition, perspective, color and design. Media choices are colored pencil, watercolor, gouache and acrylic with the addition of ink, pastel and oil for advanced students only. All intermediate and advanced students must provide their own materials. All instruction is individual, therefore each student will be working at his or her own level and the only deadlines are sufficient completion of work.

DATES	TIME	DAY	CLASS
9/14-10/19	4:00-5:30 PM	M	4188
10/26-11/30	4:00-5:30 PM	M	4189

Fee: Resident \$140, Non-Resident \$145
 Location: LHCC
 Instructor: Marilyn Brame

Ages: 6-16
 Class Sessions: 6

Broken Tile Mosaic Workshop

Create your own mosaic design from broken tile and glass. All materials provided by the instructor. A \$15 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	CLASS
12/14-12/21	4:00-6:00 PM	M	4190

Fee: Resident \$30, Non-Resident \$35
 Location: LHCC
 Instructor: Marilyn Brame

Ages: 8 & older
 Class Sessions: 2

Clay Adventures

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring, slab construction and more. We will decorate the pieces with under glazes (special paint for wet clay). Different projects each week. All pieces will be fired and glazed. Aprons will be provided for use in class. A \$20 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	CLASS
9/15-10/13	4:00-5:15 PM	Tu	4187

Fee: Resident \$75, Non-Resident \$80
 Location: LHCC
 Instructor: Lucia Henry

Ages: 6-12
 Class Sessions: 5

WE'RE ON FACEBOOK!

Check us out! www.facebook.com/lagunahillsc

ACTIVITY SCHEDULE



CULTURAL ARTS

Mediterranean Hand Drumming

Learn the music of the Mediterranean! An introduction to the goblet drum, its rich tradition, social aspects, and celebrations. Using traditional technique and rhythm patterns, we will explore the musical spirit of hand drumming. Bring your own tuned tabla, derbekki, or dumbek. Instructor will provide drums, but students are welcome to bring their own.

DATES	TIME	DAY	CLASS
Level I:			
9/20-10/11	3:00-4:15 PM	Su	4201
10/18-11/8	3:00-4:15 PM	Su	4202
Fee: Resident \$49, Non-Resident \$54		Class Sessions: 4	
11/15-11/29	3:00-4:15 PM	Su	4203
12/6-12/27	3:00-4:15 PM	Su	4204
Fee: Resident \$37, Non-Resident \$42		Class Sessions: 3	
LEVEL II:			
9/20-11/29	4:30-5:45 PM	Su	4205
Fee: Resident \$121, Non-Resident \$126		Class Sessions: 11	
12/6-12/27	4:30-5:45 PM	Su	4206
Fee: Resident \$49, Non-Resident \$54		Class Sessions: 4	

Location: LHCC
 Instructor: George Medlock
 Ages: 18 & older

Beginning Ukulele

Learn to play classic songs on the ukulele in a friendly and supportive environment. You will learn easy chords, how to read tablature, and how to play different strum styles. No previous musical experience required. Please bring your own ukulele to class. For more information please visit www.rongorman.com.

DATES	TIME	DAY	CLASS
10/3-10/24	12:00 PM-1:00 PM	Sa	4274
Fee: Resident \$80, Non-Resident \$85		Ages: 10 & older	
Location: LHCC		Class Sessions: 4	
Instructor: Ron Gorman			

Beginning Guitar

Designed for those with little or no experience playing the guitar, this class will teach you how to play several songs, chords and single note melodies. Class may be repeated, with new songs each session. Participants must bring their own acoustic or electric guitar with small amp. For more information please visit www.rongorman.com.

DATES	TIME	DAY	CLASS
10/3-10/24	1:00-2:00 PM	Sa	4275
Fee: Resident \$80, Non-Resident \$85		Ages: 10 & older	
Location: LHCC		Class Sessions: 4	
Instructor: Ron Gorman			

Earbud Theatre: Live

NEW

Join Earbud Theater and On The Edge Theatre Productions at the Laguna Hills Community Center for a special Halloween event! Since 2012, Earbud Theater (www.earbudtheater.com) has been creating strange sonic tales of monsters, aliens, and the terror that might be under your own roof for podcast listeners around the world, inning multiple awards along the way for helping to revive the tradition of the radio play for an iTunes century.

For the first time ever, they are bringing their fantastical audio storytelling to a live stage, with a double bill of stories honoring Halloween-Earbud Theater's official favorite holiday- and performed by gifted veteran voice actors with live sound effects to create a gripping, one-of-a-kind experience for the imagination.

First up will be *The Sound Below*, from frequent Earbud writer/performer Nicholas Thurkettle- a chilling tale about a man in a strange little shop down a long night street who attempts to make a bargain with his fears, with soulshattering results. And the second show will be a world premiere script written by one of Earbud's twisted brain trust, debuting exclusively in Laguna Hills, where it will be recorded for later release, with the audience members' reactions becoming part of the show! The show is rated PG-13.

So dim the lights, turn up the volume. Let Earbud tell you a story. And if you find yourself wondering, or worrying, or just staring at our strange world from newly un-scaled eyes, just remember-it's all in your head.

On the Edge Theatre Productions is a Southern California theater group that strives to bring new and varied performances to life. For more information please visit www.otetheatre.com.

Seat reservations may be made by contacting OTE at (949) 458-2243 or by email at ajculver@otetheatre.com.

Tickets are available for purchase online at www.ca-lagunahills.civicplus.com (class registration), or purchasing them (cash only) at the door on show days. Personal checks and credit cards will not be accepted for tickets purchases at the door. **No refunds or transfers for this event.**

DATES	TIME	DAY	CLASS
10/30	7:00-9:00 PM	F	4279
10/31	4:00-6:00 PM	Sa	4280
10/31	7:00-9:00 PM	Sa	4281

Fee: \$15
 Location: LHCC
 Instructor: On The Edge Theatre Productions
 Ages: 13 & older

ACTIVITY SCHEDULE

DANCE

West Coast Movement Project



West Coast Movement Project is proudly celebrating our 10th year! WCMP provides an enriching dance and music program for students ages 2 and up. Our goal is not just to raise great performers, but to raise great people.

PLEASE JOIN US FOR OUR FREE TRIAL WEEK FOR NEW STUDENTS!

August 31st-September 5th, new students may try **any class at their level** that we offer! Liability forms for the City of Laguna Hills must be filled out to participate and can be signed the day of class. **SPACE IS LIMITED** and must be reserved to guarantee participation. To reserve space call (949) 495-2119.

WCMP JUNE RECITAL:

Students enrolling in September are eligible to participate in our annual June Recital. Recital participation requires students to continue taking classes through the Winter and Spring sessions. Participation is optional and is a non-City sponsored event. Recital information will be distributed the first week of class.

We would love to answer any questions you may have about your child's placement, dress code or our program.

Mia Alicea/Artistic Director

Email: wcmp.director@gmail.com (quickest method of contact)

Phone: (949) 495-2119

Website: wcmovementproject.com

FB business page: facebook.com/WestCoastMovementProject

MULTIPLE CLASS DISCOUNT: There is a \$20 class discount available for multiple WCMP dance classes taken by one family. The first class **does not receive a discount**. This discount is applied only to the additional classes. You must register for all of the classes in one transaction to have the discount applied. Contact us for additional discounts if enrolling in 5 or more classes.

***No Class Dates: 9/7, 9/12, 11/11, 11/23, 11/24, 11/25, 11/26, 11/27.**

Tutus & Twirls/ Mommy & Me Dance

Experience the magic and wonder of watching your little one twirling, dancing and exploring in this very special baby ballet class. Parents/caregivers join in as "dancing partners" to provide support and guidance for their tiny dancer throughout the class. Combining the use of magical props and games, your child will learn and explore in an environment created just for toddlers.

Dress Code for our tiny twirlers: Any color leotard and tights, their favorite tutu and pink leather ballet slippers.

Dress Code for parent/caregiver: Comfortable clothing to move in.

AGE	DAY	DATE	TIME	FEE (Res/Non-Res)	CLASS
2	F	9/4-12/18	9:00-9:40 AM	\$185/\$190	4227

BrightBeginnings/Smart Start Preschool Combo Dance

NEW

Our uniquely enhanced tap, ballet, jazz combo integrates the joy of dance and movement with academic readiness, building confidence and self esteem in our young pre-schoolers. Dancers learn basic steps in tap, ballet and pre-jazz, plus proper dance terminology, all while exploring and integrating number and letter recognition, shapes and colors. Curriculum has been created to support early learning and help enhance your child's feelings of success. Parents become part of our unique "**Preschool Parent Partnership Program**" and are provided with helpful tools to reinforce learning at home. Our Bright Beginnings class is an excellent companion class to our Budding Ballerinas Preschool Ballet.

Dress Code: Any color leotard and tights, black tap shoes, pink leather ballet slippers.

AGE	DAY	DATE	TIME	FEE (Res/Non-Res)	CLASS
3	Th	9/3-12/17	9:00-9:45 AM	\$185/\$190	4228
3	F	9/4-12/18	10:00-10:45 AM	\$185/\$190	4229
4	M	8/31-12/14	2:30-3:15 PM	\$185/\$190	4230
4	Tu	9/1-12/15	9:00-9:45 AM	\$185/\$190	4231
4	F	9/4-12/18	10:45-11:30 AM	\$185/\$190	4232

Budding Ballerinas/Preschool Ballet

NEW

Combining a perfect blend of technical steps, gentle corrections and play, Budding Ballerinas introduces your young dancer to the magic of classical ballet. Classes include introduction to ballet positions, stretching and basic terminology. Our Budding Ballerinas will explore moving in routines, as they learn to work together as a group. We integrate various props such as wands, wings, and stuffed animals to add enchantment to the learning experience. Parents become part of our unique "**Preschool Parent Partnership Program**" and are provided with helpful tools to reinforce learning at home. Our Budding Ballerinas class is an excellent companion class to our Bright Beginnings Combo Class.

Dress Code: Pink leotard, pink tutu, pink tights and pink ballet slippers.

AGE	DAY	DATE	TIME	FEE (Res/Non-Res)	CLASS
3	Tu	9/1-12/15	10:00-10:45 AM	\$185/\$190	4233
4	Th	9/3-12/17	10:00-10:45 AM	\$185/\$190	4234
3-4	F	9/4-12/18	3:30-4:15 PM	\$185/\$190	4235

ACTIVITY SCHEDULE



DANCE

Classic Combo (Tap & Jazz)

Get an introduction to tap and jazz in this split-design combo class. Dancers will start with 30 minutes of tap working on understanding basic rhythms and vocabulary. The second half of the lesson introduces dancers to jazz where they'll learn to move with basic steps that are characteristic of this classic style. We include plenty of personal attention and emphasize proper technique early on to ensure the success of every child. For six years old, we recommend Combo I if this is their first year of dance. We recommend Combo II for our returning six year olds.

Combo I

Dress Code: Solids black leotard, black dance shorts, tan tights, black patent leather tap shoes, pull on jazz oxfords, hair secured away from neck and face.

AGE	DAY	DATE	TIME	FEE (Res/Non-Res)	CLASS
5-6	W	9/2-12/16	3:30-4:30 PM	\$185/\$190	4236
5-6	Sa	9/5-12/19	9:00-10:00 AM	\$185/\$190	4237

Combo II

Dress Code: Solid black leotard, black dance shorts, tan tights, black tap oxford lace up tap shoes, pull on jazz oxfords, hair secured away from neck and face.

AGE	DAY	DATE	TIME	FEE (Res/Non-Res)	CLASS
6-7	Th	9/3-12/17	3:30-4:30 PM	\$185/\$190	4238

Ballet

Ballet teaches grace, elegance, technique, and poise as the foundation of all dance forms. Starting as early as five years old with our pre-ballet class, dancers will learn the ballet basics and walk away with transferrable skills for other dance styles. Most notably, they'll see improvements in posture and flexibility through the practice of ballet. Dancers will also learn the language of dance with an emphasis on understanding and using proper terminology in classes. WCMP is now aligned with International Dance Acclaim for assessments.

Dress Code: Solid black leotard, pink tights, pink leather ballet slippers and hair in a bun.

LEVEL	AGE	DAY	DATE	TIME	FEE (Res/Non-Res)	CLASS
Pre Ballet	5	M	8/31-12/14	3:15-4:00 PM	\$185/\$190	4239
Primary Ballet	6	F	9/4-12/18	4:15-5:00 PM	\$185/\$190	4240
I	7-9	M	8/31-12/14	4:00-4:45 PM	\$185/\$190	4241
II*	7-10	Th	9/3-12/17	5:15-6:15 PM	\$185/\$190	4242
II/III*	8 & older	W	9/2-12/16	5:30-6:30 PM	\$185/\$190	4243
III*	12 & older	W	9/2-12/16	6:30-7:45 PM	\$185/\$190	4244
III*	12 & older	F	9/4-12/18	5:00-6:00 PM	\$185/\$190	4245

*Prerequisite Required- Instructor Approval

Jazz

This dance style is rooted in American musical theatre and is known for its iconic fast pace and dynamic energy. Students learn to express themselves with energetic turns and step combinations, while developing and showcasing their individual style.

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

LEVEL	AGE	DAY	DATE	TIME	FEE (Res/Non-Res)	CLASS
I	7-10	M	8/31-12/14	5:30-6:15 PM	\$185/\$190	4246
II*	8 & older	Tu	9/1-12/15	4:05-5:05 PM	\$185/\$190	4247
III/IV*	8 & older	W	9/2-12/16	4:30-5:30 PM	\$185/\$190	4248
V*	8 & older	Tu	9/1-12/15	5:50-6:50 PM	\$185/\$190	4249

*Prerequisite Required- Instructor Approval

Tap

Through a combination of Broadway and Rhythm Tap styles, we emphasize improving and developing rhythmic skills, the importance of clarity through timing and the articulation of sound. With proper technique, dancers have the opportunity to create music with their tap shoes in addition to the visual beauty of dance.

Dress Code: Solid black dance tank, black dance shorts, tan tights, black tap oxfords, hair secured away from neck and face.

LEVEL	AGE	DAY	DATE	TIME	FEE (Res/Non-Res)	CLASS
I	7-10	M	8/31-12/14	4:45-5:30 PM	\$185/\$190	4250
II/III*	8 & older	Tu	9/1-12/15	3:15-4:00 PM	\$185/\$190	4251
IV*	11 & older	Tu	9/1-12/15	5:00-5:45 PM	\$185/\$190	4252

*Prerequisite Required- Instructor Approval

Youth Hip Hop Team

Our Youth Hip Hop Team will learn the latest dance moves with an emphasis on dynamics and energy as they prepare for local performances

Dress Code: Comfortable street clothes/active wear and sneakers.
NO JEANS.

LEVEL	AGE	DAY	DATE	TIME	FEE (Res/Non-Res)	CLASS
I*	6-10	Sa	9/5-12/19	10:00-10:45 AM	\$185/\$190	4253

Prerequisite Required-must be taken in conjunction with a technical class (jazz or ballet)

NEW

ACTIVITY SCHEDULE

DANCE

Lyrical

Our Lyrical dance uses the traditional rules of classical ballet combined with jazz to tell a story and transfer emotion and energy to the audience. Dancers work to achieve a beautiful fluidity while bringing passion to their movement.

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

LEVEL	AGE	DAY	DATE	TIME	FEE (Res/Non-Res)	CLASS
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II*	7-10	Th	9/3-12/17	4:30-5:15 PM	\$185/\$190	4254
III/IV*	11 & older	F	9/4-12/18	6:00-7:00 PM	\$185/\$190	4255

*Prerequisite Required- Instructor Approval

Contemporary

Fusing classic modern dance and jazz styles, students will learn how to express themselves beyond the confines of classical dance technique, creating abstract shapes with their bodies and telling dynamic, energetic stories through dance.

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

AGE	DAY	DATE	TIME	FEE (Res/Non-Res)	CLASS
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11 & older	Th	9/3-12/17	6:15-7:15 PM	\$185/\$190	4256
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*Prerequisite Required- Instructor Approval

Group Voice

Our classically trained music instructors create a warm, supportive environment for our youth group vocal classes and help kids find their voice through music. In addition to the mechanics of singing, breathing, posture, and tone production, we also teach stage presence and style so that the singers can show off their confidence and take ownership of the craft. Whether your child is already involved with music lessons or just loves to sing, our group voice classes are a great option to help them get started in the right way.

AGE	DAY	DATE	TIME	FEE (Res/Non-Res)	CLASS
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7-10	F	9/4-12/18	3:15-4:15 PM	\$185/\$190	4257
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REGISTER EARLY FOR CLASSES

Help us avoid cancelling a class due to low enrollment...Remember to register early! For details on how to register for classes, see the sample registration form at the front of the brochure.

Beginning Ballroom Dance



Ballroom dance basics for the absolute beginner, or the social dancer who wants to polish up their fundamental techniques, which will enhance their ballroom dance experience. Dances include the Waltz, Foxtrot, Cha Cha, Rumba, & Swing. For more information on Ballroom Dance, please visit www.usadance.org.

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
9/14-9/28	12:00-1:00 PM	M	3	\$30/\$35	4207
9/5-9/26	6:00-7:00 PM	Sa	3	\$30/\$35	4208
10/5-10/26	12:00-1:00 PM	M	4	\$40/\$45	4209
10/3-10/31	6:00-7:00 PM	Sa	5	\$50/\$55	4210
11/2-11/30	12:00-1:00 PM	M	5	\$50/\$55	4211
11/7-11/28	6:00-7:00 PM	Sa	4	\$40/\$45	4212

Location: LHCC

Ages: 10 & older

Instructor: USA Dance, Inc.

Belly Dancing I



From beginning muscle isolations and hip shimmies to advanced technique and choreography, these courses cover it all! You will enjoy this great overall workout in a fun, supportive atmosphere. Wear comfortable clothes and dance shoes, or go barefoot. Instructor has over 20 years dance experience in this dance form. For more information please visit www.enheduanna.com.

DATES	TIME	DAY	CLASS
LEVEL I:			
9/20-10/11	12:15-1:30 PM	Su	4193
10/18-11/8	12:15-1:30 PM	Su	4194
12/6-12/27	12:15-1:30 PM	Su	4196
Fee: Resident \$52, Non-Resident \$57			Class Sessions: 4
11/15-11/29	12:15-1:30 PM	Su	4195
Fee: Resident \$39, Non-Resident \$44			Class Sessions: 3
LEVEL II:			
9/20-11/29	1:45-3:00 PM	Su	4197
Fee: Resident \$121, Non-Resident \$126			Class Sessions: 11
12/6-12/27	1:45-3:00 PM	Su	4198
Fee: Resident \$52, Non-Resident \$57			Class Sessions: 4
LEVEL III/IV:			
9/20-11/29	3:15-4:30 PM	Su	4199
Fee: Resident \$121, Non-Resident \$126			Class Sessions: 11
12/6-12/27	3:15-4:30 PM	Su	4200
Fee: Resident \$52, Non-Resident \$57			Class Sessions: 4

Location: LHCC

Ages: 10 & older

Instructor: Tina Elkins

ACTIVITY SCHEDULE



SPORTS & FITNESS

Children & Teen Open Gym Basketball



Open gym basketball is free of charge to those ages 17 and under. A parent or guardian must complete a registration form at the front counter prior to children accessing the gymnasium. Children under 9 years of age must be accompanied by a parent or guardian.

DATES	TIME	DAY
Ongoing	2:00-4:00 PM	M-F
	12:00-2:00 PM	Sun

Fee: Free
Location: LHCC
Ages: 17 & under

Adult Open Gym Basketball



Participants must purchase an annual gym pass and complete a registration form at the front counter prior to accessing the gymnasium.

DATES	TIME	DAY
Ongoing	2:00-6:00 PM	Su
	6:30-9:30 PM	Fri

Fee: Resident \$30, Non-Resident \$40
Location: LHCC
Ages: 18 & older

After School Sports



Intramural sports will be offered for boys and girls two days a week after school at each elementary school campus. Sessions begin with skill development and progress to intramural tournaments. Sessions I and II are open to 3rd, 4th, 5th and 6th graders. Session I: Boys Flag Football and Girls Volleyball; Session II: Boys Basketball and Girls Soccer.

NOTE: Class will not meet on school holidays and furlough days. On minimum days practice will be held at 1:30 PM at Lomarena and Valencia and at 1:00 PM at San Joaquin.

DATES	TIME	DAY	SCHOOL	SPORT	CLASS
SESSION I:					
9/28-10/28	2:45-4:00 PM	MW	Lomarena	Boys Flag Football	4294
9/28-10/28	2:45-4:00 PM	MW	Lomarena	Girls Volleyball	4295
9/29-10/29	2:15-3:30 PM	TuTh	San Joaquin	Boys Flag Football	4296
9/29-10/29	2:15-3:30 PM	TuTh	San Joaquin	Girls Volleyball	4297
9/29-10/29	2:45-4:00 PM	TuTh	Valencia	Boys Flag Football	4298
9/29-10/29	2:45-4:00 PM	TuTh	Valencia	Girls Volleyball	4299
SESSION II:					
11/9-12/16	2:45-4:00 PM	MW	Lomarena	Boys Basketball	4300
11/9-12/16	2:45-4:00 PM	MW	Lomarena	Girls Soccer	4301
11/10-12/17	2:15-3:30 PM	TuTh	San Joaquin	Boys Basketball	4302
11/10-12/17	2:15-3:30 PM	TuTh	San Joaquin	Girls Soccer	4303
11/10-12/17	2:45-4:00 PM	TuTh	Valencia	Boys Basketball	4304
11/10-12/17	2:45-4:00 PM	TuTh	Valencia	Girls Soccer	4305

Fee: \$35
Instructor: Community Services Staff
Grades: 3-6
Class Sessions: 10

Hiking 101

NEW



New to hiking, or just curious about the many trails in the Orange County area, but don't know where to start? This beginning level series of 3-4 mile hikes explore some of our local open spaces. Along the way, you'll learn about the plants and animals that live in southern California. Participants should wear sturdy walking shoes or hiking boots, be prepared for plenty of sunshine and bring water to drink. Community Services Staff provide transportation from the Laguna Hills Community Center to each of the trailheads. Call (949) 707-2680 for more information.

DATES	TIME	DAY	CLASS
9/12, 9/26, 10/10 & 10/31	8:00 AM-12:00 PM	Sa	4277

Fee: Resident \$35, Non-Resident \$40
Location: LHCC
Instructor: Community Services Staff
Ages: 18 & older
Class Sessions: 4

Day Hike at Bear Canyon

NEW



Join Community Services Staff on a hiking adventure in the San Mateo Canyon Wilderness Area. The Bear Canyon loop is a moderate 6.8 mile trail and has an elevation gain of just over 1100 feet. This hike has many opportunities to view many varieties of birds and flowers, oak woodlands, expansive views, and interesting geological formations.

Participants should wear sturdy walking shoes or hiking boots, be prepared for plenty of sunshine and bring a snack & water to drink. Participants meet at the Laguna Hills Community Center where City Staff will provide transportation to the trailhead. Call (949) 707-2680 for more information.

DATES	TIME	DAY	CLASS
11/14	8:00 AM-2:00 PM	Sa	4278

Fee: Resident \$10, Non-Resident \$15
Location: LHCC
Instructor: Community Services Staff
Ages: 18 & older

Children's Running Program



Calling all future marathon runners! The City of Laguna Hills Community Services Staff is here to help you train for a 5K color/glitter run on Saturday November 21, 2015. As part of the City's Get Fit Campaign, this program has been designed for children of all fitness levels to work towards the goal of running in the Orange County Shine Tour 5K. Come out and join Community Services Staff twice a week for 8 weeks to train, prepare, and participate in this 5K. The program will conclude the morning of Saturday, November 21, 2015. Transportation to the race will be provided by City Staff. All participants will receive a Laguna Hills Get Fit t-shirt. Race registration fee is not included in class fee; Participants must sign up on their own, using our LHCC team name. Further instructions will be provided by the instructor on the first day.

DATES	TIME	DAY	CLASS
9/28-11/18	4:00-5:00 PM	MW	4293

Fee: Resident \$20, Non-Resident \$25
Location: LHCC
Instructor: Community Services Staff
Ages: 8-15
Class Sessions: 16

ACTIVITY SCHEDULE

SPORTS & FITNESS

Aikido

NEW



Aikido is a modern Japanese form of self defense that advocates harmony over conflict. Students of Aikido learn self confidence, balance, awareness and mastery of their own bodies. Classes include games and activities that promote cooperation, discipline, and coordination. Adults are welcome to train with their families. Ranks and belt testing available- additional fees and membership required. Please see instructor about uniform pricing and sizing. ***NO CLASS 9/12 & 11/26.**

DATES TIME DAY CLASS

Ages 6-18 (Beginning):

9/1-9/29	5:00-6:00 PM 9:30-10:30 AM	TuTh Sat	4218
10/1-10/31	5:00-6:00 PM 9:30-10:30 AM	TuTh Sat	4219
11/3-11/28	5:00-6:00 PM 9:30-10:30 AM	TuTh Sat	4220

Fee: Resident \$75, Non-Resident \$80

Ages 6-18 (Intermediate):

9/1-9/29	6:00-7:00 PM 9:30-10:30 AM	TuTh Sat	4221
10/1-10/31	6:00-7:00 PM 9:30-10:30 AM	TuTh Sat	4222
11/3-11/28	6:00-7:00 PM 9:30-10:30 AM	TuTh Sat	4223

Fee: Resident \$75, Non-Resident \$80

Ages 19 & older (All levels):

9/1-9/29	7:00-9:00 PM 8:30-9:30 AM	TuTh Sat	4224
10/1-10/31	7:00-9:00 PM 8:30-9:30 AM	TuTh Sat	4225
11/3-11/28	7:00-9:00 PM 8:30-9:30 AM	TuTh Sa	4226

Fee: Resident \$115, Non-Resident \$120

Location: LHCC
Instructor: Dale Eisenberg

Booty Blast n Core

NEW



This class focuses on two very important things: reshaping your hips, thighs and abdomen/torso AND strengthening your body's foundation, which leads to greater strength and stability in your body overall. Various exercises are performed using basic equipment. If you have physical limitations, there are ways to modify the exercises to work for you.

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
9/14-9/28	7:00-8:00 PM	M	3	\$27/\$32	4259
10/5-10/26	7:00-8:00 PM	M	4	\$36/\$41	4260
11/2-11/30	7:00-8:00 PM	M	5	\$45/\$50	4261

Location: LHCC
Instructor: Dina Martin-Rusk

Ages: 18 & older

Zumba



Zumba is an aerobic exercise class that fuses Latin rhythms (Disco, Reggaeton-Cumbia, Conga Hip-Hop, Merengue Hip-Hop, Reggaeton-Belly Dance, Techno and Salsa) with a highly effective cardio training system that is fun and easy to do. Burn 500-800 calories an hour! Participants should wear comfortable attire and bring water and a towel. Be prepared to have a great time and expect to sweat. Ditch the workout... join the PARTY! To learn more about Zumba or the instructor, please visit www.southcozumba.com.

DATES TIME DAY SESSIONS FEE (Res/Non-Res) CLASS

One day per week:

9/1-9/29	7:00-8:00 PM	Tu	5	\$40/\$45	4262
9/3-9/24	7:30-8:30 PM	Th	4	\$32/\$37	4263
10/6-10/27	7:00-8:00 PM	Tu	4	\$32/\$37	4264
10/1-10/29	7:30-8:30 PM	Th	5	\$40/\$45	4265
11/3-11/24	7:00-8:00 PM	Tu	4	\$32/\$37	4266
11/5-11/19	7:30-8:30 PM	Th	3	\$24/\$29	4267

Two Days per week:

9/1-9/29	7:00-8:00 PM 7:30-8:30 PM	Tu Th	9	\$67/\$72	4268
10/1-10/29	7:00-8:00 PM 7:30-8:30 PM	Tu Th	9	\$76/\$72	4269
11/3-11/24	7:00-8:00 PM 7:30-8:30 PM	Tu Th	7	\$60/\$65	4270

Three month session:

9/1-11/24	7:00-8:00 PM	Tu	13	\$104/\$109	4271
9/3-11/19	7:30-8:30 PM	Th	12	\$97/\$102	4272
9/1-11/24	7:00-8:00 PM	Tu	25	\$188/\$193	4273

Location: LHCC
Instructor: Dina Martin-Rusk

Ages: 16 & older

DROP-IN TABLE TENNIS

Bring your own paddle and ball and join us for a drop-in game of Table Tennis each Tuesday and Thursday from 12:00pm-2:00pm, and Saturday from 1:00pm-5:00pm. Tables are available on a first come, first serve basis. **All participants must sign a waiver form at the front desk prior to playing.** Call (949) 707-2692 for more information.

ACTIVITY SCHEDULE



SPORTS & FITNESS

Yoga Basics



We begin with breathing and relaxation techniques, and progress through all the 12 basic poses and more, learning correct alignment and adding variations. Finishing each class with meditation and relaxation. Both beginning and on-going students benefit. Pre-registration required. For more information visit <http://yogaknights.com>. ***NO CLASS 10/12 & 11/23.** ****Multiple Class Discount**:** After the first class, there is a \$35 per additional class discount. The discount is only applied to the additional class. You must register for both classes in one transaction to have the discount applied.

DATES	TIME	DAY	CLASS
9/21-11/30	6:30-8:00 PM	M	4191

Fee: Resident \$126, Non-Resident \$131
Location: LHCC
Instructor: Angie Knight

Ages: 14-& older
Class Sessions: 9

Gentle Yoga



Gentle Yoga's calming restorative stretches will help heal and release stress, and physical tension, with an emphasis on deep yoga breathing and relaxation. Pre-registration required. For more information visit <http://yogaknights.com>. ***NO CLASS 11/11 & 11/25.** ****Multiple Class Discount**** After the first class, there is a \$35 per additional class discount. The discount is only applied to the additional class. You must register for both classes in one transaction to have the discount applied.

DATES	TIME	DAY	CLASS
9/23-12/2	6:00-7:30 PM	W	4192

Fee: Resident \$126, Non-Resident \$131
Location: LHCC
Instructor: Angie Knight

Ages: 14 & older
Class Sessions: 9

Qigong for All



Each class starts with a set of Gentle Opening Moves to allow the body structure to open in all directions. Next, we move through the 20 Qigong movements. These movements focus on Energy(Qi) passing through specific pathways (or meridians). The class ends with a closing Qigong form (Swimming dragon) that integrates the mind-body-spirit to a more grounded state of well being. This form of Qigong can be safely practiced by the beginner, those with limited movement and the most advanced student.

DATES	TIME	DAY	CLASS
9/2	7:00-8:00 PM	W	4306

10 week session:

9/9-11/11	7:00-8:00 PM	W	4307
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Fee: Resident \$100, Non-Resident \$105
Location: LHCC
Instructor: Karl Ardo

Ages: 18 & older
Class Sessions: 10

SPORTS LEAGUES

Adult Basketball League



Registration for Adult Basketball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$30 per game official's fee.

LEAGUE	DATES	TIME	DAY	CLASS
Open League	9/15-12/1	6:30, 7:30, 8:30 PM	Tu	4308

Fee: \$325
Location: LHCC

Ages: 18 & older
Class Sessions: 12

Adult Softball League



Registration for Adult Softball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$15 per game umpire fee.

LEAGUE	DATES	TIME	DAY	CLASS
D	10/19-1/11	6:30, 7:40, 8:50 PM	M	4309
D	10/20-1/12	6:30, 7:40, 8:50 PM	Tu	4310
D	10/21-1/13	6:30, 7:40, 8:50 PM	W	4311
Lower C	10/22-1/14	6:30, 7:40, 8:50 PM	Th	4312
Co-ed D	10/23-1/15	6:30, 7:40, 8:50 PM	F	4313

Fee: \$425
Location: LHCC

Ages: 18 & older
Class Sessions: 11

Adult Volleyball League



Registration for Adult Volleyball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$12 per game umpire fee.

LEAGUE	DATES	TIME	DAY	CLASS
Women's	9/14-11/30	6:10 PM-7:00 PM	M	4314

Fee: \$225
Location: LHCC

Ages: 18 & older
Class Sessions: 12



ACTIVITY SCHEDULE

CIRCLE OF FRIENDS

The Circle of Friends Program is for individuals with disabilities who are age thirteen and older. Activities are designed to foster social skills, increase leisure opportunities and create friendships while enhancing developmental needs for teens and adults of all abilities. Programs include movie nights, local excursions, social dances and more! To be added to our Circle of Friends quarterly newsletter mailing list or to find out more about the program, please call (949) 707-2683.

BINGO Night

Invite a friend and join us for an exciting evening of BINGO at the Laguna Hills Community Center! Please RSVP in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
9/25	6:30-8:30 PM	F	4289

Fee: \$5
 Location: LHCC
 Instructor: Community Services Staff
 Ages: 13 & older

Halloween Dance

Wear your favorite costume and come dance the night away at the Circle of Friends Halloween Dance! Bring a friend and join us for an exciting evening at the Laguna Hills Community Center. Please RSVP in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
10/16	7:00-9:00 PM	F	4290

Fee: \$5
 Location: LHCC
 Instructor: Community Services Staff
 Ages: 13 & older

Game Night

Invite a friend and join us for a fun night of games at the Laguna Hills Community Center! We will have a variety of games to choose from, or bring your favorite one from home!

DATES	TIME	DAY	CLASS
11/20	7:00-9:00 PM	F	4291

Fee: \$5
 Location: LHCC
 Instructor: Community Services Staff
 Ages: 13 & older

EXCURSIONS

Star Party at the Griffith Observatory

Come for the view and stay for the party! Community Services staff will do all of the driving for this trip up to one of Los Angeles' most iconic and scenic landmarks. Tour the Observatory exhibits on your own and enjoy looking through a variety of telescopes at the moon, visible planets and other objects in the Fall sky with the assistance of amateur astronomers from the Los Angeles Astronomical Society. Food is available for purchase at the Observatory's "Café at the End of the Universe". Sign up today, space is limited.

DATES	TIME	DAY	CLASS
11/21	4:00-11:00 PM	Sa	4276

Fee: Resident \$20, Non-Resident \$25
 Location: Meet at LHCC
 Instructor: Community Services Staff
 Ages: All Ages

COMMUNITY CENTER FOSSIL TOUR

Join City staff for this free 40 minute guided tour of the Community Center fossil collection, which is a showcase for regional fossil discoveries and is an educational treasure. The free tour introduces you to the ancient life that occupied Laguna Hills during the last 17 million years of the Earth's history. Participants meet at the Laguna Hills Community Center. Call (949) 707-2692 for more information. DATES: 9/5, 10/3, 11/7 & 12/5 from 11:00-11:40 AM.

ACTIVITY SCHEDULE



EMERITUS

Saddleback College Senior Emeritus Program

These classes are sponsored by Saddleback College Emeritus Program and held in the gymnasium at the Laguna Hills Community Center; the gymnasium is not air conditioned. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DAY	CLASS	TIME
MW	Yoga	9:00-9:50 AM
MW	Aerobic Exercise	10:00-10:50 AM
MW	Pilates Conditioning	11:00-11:50 AM
TTH	Sequential Stretching	8:30-9:20 AM
TTH	Pilates Conditioning	9:30-10:50 AM
T	Yoga	11:00 AM-12:50 PM
Fri	Tai Chi	8:30-10:20 AM
Fri	Pilates Conditioning	10:10-11:55 AM

The following classes meet 8/17 to 12/16:
 Location: LHCC Ages: 50 & older

Saddleback College ART 41X: Art Media Studies

Students engage in introductory activities in mixed media drawing, painting, printmaking and related 2-D art forms. Materials fee of \$10.00 payable at registration. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
8/17-12/14	1:00-3:50 PM	Mon

Location: LHCC Ages: 50 & older

Saddleback College SPAN 231X: Intermediate Practical Spanish

Further the fundamentals of communicative competence in practical Spanish for the older adult. Focuses on listening, comprehension and speaking. Reading and writing skills will be expanded. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
8/18-12/15	9:00-10:50 AM	Tu

Location: LHCC Ages: 50 & older

Saddleback College ART 59X: Intermediate/Advanced Watercolor

Rec Prep: ART 58X. Utilizing and incorporating color mixing in a broader palette for washes, glazing, and spontaneous interpretation of the subject matter. An increasing emphasis will be placed on individual exploration with the medium. Materials fee of \$5 payable at registration. Additional art supplies may be required. To register or for more information please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
8/19-12/16	1:00-3:50 PM	W

Location: LHCC Ages: 50 & older

Saddleback College ART 20X: Art Appreciation

Focuses on the fundamentals and aesthetics of the visual arts, as well as the major developments that shaped the evolution of Western art. Additional art supplies may be required. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
8/20-12/10	10:00-11:50 AM	Th

Location: LHCC Ages: 50 & older

Saddleback College ART 80X: Beginning Sketching

Basic drawing techniques will be presented as students are encouraged in individual artistic expression. Still life, student model, and location work will be done in simple classic media of pencil, charcoal and pastel. Materials fee of \$5 is payable at registration. Additional art supplies may be required. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
8/21-12/11	1:00-3:50 PM	F

Location: LHCC Ages: 50 & older

City of Laguna Hills REGISTRATION FORM



Fall Registration begins Tuesday, August 11, 2015

Register...

On-Line

www.ci.laguna-hills.ca.us

Walk-In

Laguna Hills Community Center
at **25555 Alicia Parkway**

Phone-In

Call **(949) 707-2680**, for credit card users only

Mail-In

Make check payable to City of Laguna Hills,
and mail it to:

**City of Laguna Hills
Community Services
25555 Alicia Parkway
Laguna Hills, CA 92653**

- A \$35 fee is charged on all returned checks.
- Visa, American Express, and MasterCard accepted.
- If you need special accommodations for any of our activities, please notify staff 72 hours prior to the event at 949.707.2680.
- Fees are subject to change.
- Incomplete forms will not be processed which includes receipt of proper payment.
- Prior to any participation in City of Laguna Hills' recreation activity a signed and completed Registration Form and release and waiver.
- All minor participants must be registered by parent or legal guardian. (No exceptions).
- Full refunds are issued for any class cancelled by the City. Refund requests made prior to the start of any activity will be granted subject to a \$5 service charge per request.
- Refund requests must be made prior to the second class meeting. No refund will be granted after that time. Special events, one day programs and camps do not receive refunds unless the participant's spot is filled. Refund processing takes 3-4 weeks from the date of the request. The City will mail all refund checks.

LAGUNA HILLS TECHNOLOGY LIBRARY



 **OC Community Resources**

Did you know that the Laguna Hills Technology Library is located within the Laguna Hills Community Center? We have computers, an assortment of books for adults, teens, and children, and a DVD collection – all available for free! If you'd like something available at another branch, we can have it transferred over for just 25 cents. The library's online calendar is available at: ocpl.org/libloc/lht/calendar

25555 Alicia Parkway
Laguna Hills, CA 92653
949-707-2699
ocpl.ltk@occr.ocgov.com
Monday-Thursday: 10 a.m. - 9 p.m.
Friday-Saturday: 10 a.m. - 5 p.m.
Sunday: Closed

As you browse the Fall Class and Activity Schedule, be sure to note those programs designated with one of the "Get Fit" logos. These programs are offered as part of the City's Get Fit Campaign and are provided to support your nutrition and exercise goals.

The City of Laguna Hills supports the health and wellness of the community through the provision of programs and facilities that promote fitness and well-being.

