



laguna hills

CITY VIEWS

LAGUNA HILLS

Celebrating 20 Years Since Incorporation

DECEMBER 20, 1991

LAGUNA HILLS OFFICIALLY BECAME A CITY



JUNE 29, 2002

Community Center Grand Opening



SUMMER 2004

Opening of the New Laguna Hills Civic Center



NOVEMBER 14, 1995

ANNEXATION - North Laguna Hills Area



What's Inside?

City Milestones
Senior Services
Moving Forward
Animal Services



laguna hills

CITY VIEWS

2011/12 WINTER NEWS MAGAZINE & ACTIVITY GUIDE

CITY HALL HOURS:

8 am – 5 pm Monday – Friday

ENGINEERING, PLANNING AND BUILDING COUNTER HOURS:

1 pm – 5:30 pm Monday – Thursday

1 pm – 5 pm Friday

Regular *City Council Meetings* are held on the second and fourth Tuesday of each month.

Traffic Commission Meetings are held on the third Wednesday of January, March, May, July, September and November.

Parks and Recreation Commission Meetings are held on the first Wednesday of February, April, June, August, October and December.

All meetings begin at 7 pm in the City Council Chambers.



LAGUNA HILLS CITY COUNCIL:

L. Allan Songstad, Jr.
Mayor

Melody Carruth
Mayor Pro Tem

Randal Bressette

Barbara Kogerman

Joel Lautenschleger

A Message

from
the

CITY

Winter is here! As the City fills with holiday cheer, it's also a chance to look back at the accomplishments of the past 20 years with the City's 20th Anniversary since Annexation. Read more about it on pages two, three and four. Page five has information about a recent grant to help the Florence Sylvester Senior Center, and on pages six and seven you can learn about the City's recent redevelopment projects such as the remodeling of what used to be Circuit City on El Toro and the Taj Mahal Medical Center near the Laguna Hills Mall. On pages eight and nine there is an update on what the City is doing to curb the number of coyote sightings in town as well as information about spaying and neutering pets, dog parks and licensing.

laguna hills

CITY VIEWS

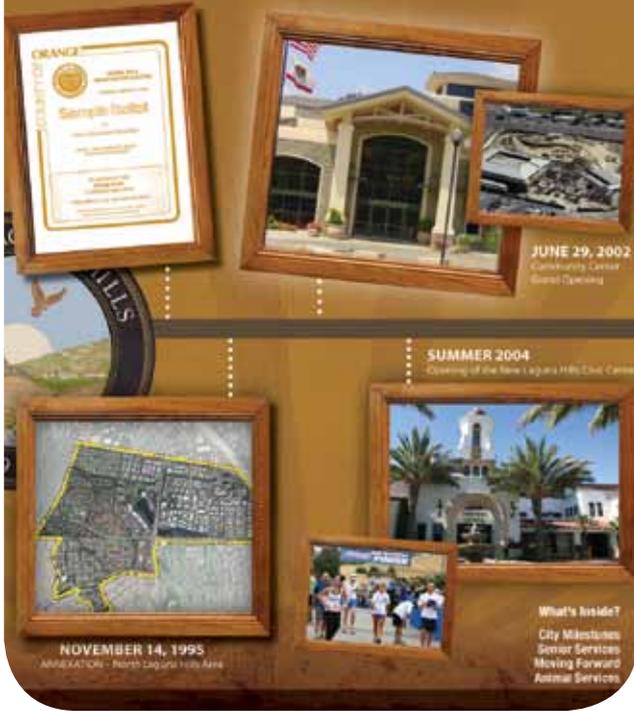
City Views is an award winning quarterly magazine published by the City of Laguna Hills and is distributed as a public service to City residents and businesses. We welcome your suggestions and feedback and value your involvement in the community. Please send or call in any comments or questions to:

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LAGUNA HILLS Celebrating 20 Years Since Incorporation

DECEMBER 20, 1991
LAGUNA HILLS OFFICIALLY BECAME A CITY



ON THE COVER

Milestones of the past 20 years. This winter the City of Laguna Hills celebrates its 20th Anniversary since incorporation. The cover features images of the incorporation ballot, Civic Center, Construction of the Community Center and the annexation of North Laguna Hills. Read more about these and other milestones on pages two, three and four of this issue of *City Views*.

TABLE OF CONTENTS



02

02 20 Years Since Incorporation
Path to Incorporation
City Boundaries Expanded
El Toro Airport Defeated
Self-Sustaining Civic Center
Commitment to Culture, Leisure and Recreation



05

05 Senior Services
Grant for Florence Sylvester Senior Center
Senior Taxi Program



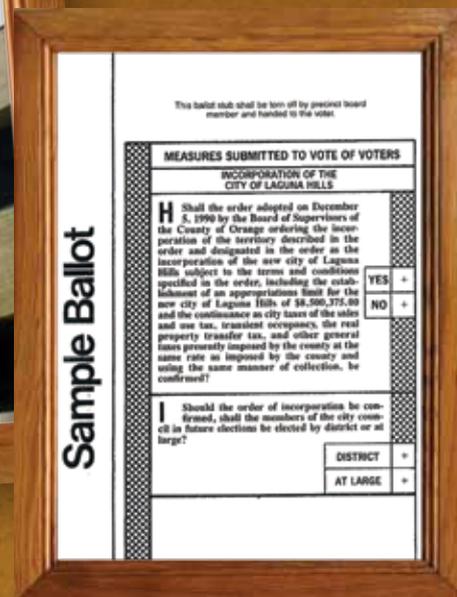
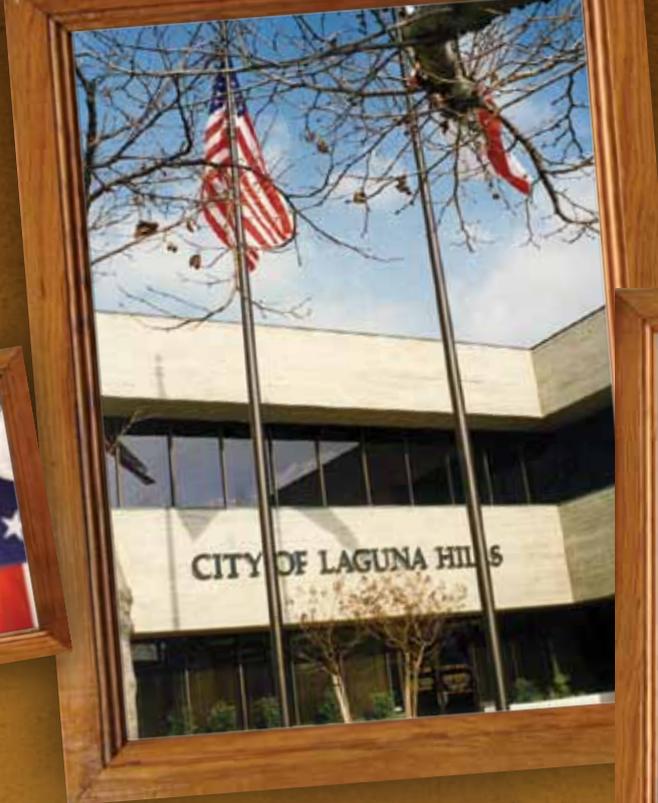
06

06 Laguna Hills, Moving Forward
Urban Village
La Paz Road Widening at I-5 and Cabot Road
La Paz Courtyard
La Paz Village
Taj Mahal Medical Center



08

08 Animal Services
Coyote Update
Dog Licensing Update



Looking Back, 20 Years Since Incorporation

Life happens so quickly that often times we do not realize what we've accomplished until we reach a major milestone. The City of Laguna Hills was incorporated 20-years ago and frankly it has been quite a journey from a vision to the reality of a dynamic City of residents, businesses and services. The following is a collection of major successes that have occurred within the City since incorporation.

Path to Incorporation

Laguna Hills' path to becoming a City was met with both enthusiasm and challenges. In 1987 a group of residents joined together and formed Citizens to Save Laguna Hills. This group was created to see what level of interest the community had in becoming a city as well as to determine its financial feasibility. Citizens to Save Laguna Hills had a great response from the community and in June of 1988 the group presented their findings to the Local Agency Formation

Commission (LAFCO). Despite a good showing from the community, LAFCO decided to instead approve the Saddleback Cityhood proposal, which encompassed the communities of what would become Laguna Hills as well as what are now parts of Lake Forest and Mission Viejo. The Citizens to Save Laguna Hills fought this "super city" concept and in a grass-roots exercise of self-determination and local control, area residents soundly defeated the Saddleback Cityhood proposal in the November 1988 election.

After a few more iterations of City boundaries and approvals at LAFCO, the final proposal was approved at the polls during a special election on March 5, 1991, with a resounding 86 percent in favor of Laguna Hills becoming a City.

With cityhood came a tall order. The community wanted much needed sports and recreational facilities, enhanced public safety, relief from traffic congestion, the annexation of North Laguna Hills and a financially sound city government. With incorporation, residents were now able to keep local tax dollars for local services and facilities and the City set out to accomplish the visions and dreams that drove the incorporation effort.



Laguna Hills Community Center and Sports Complex

To meet the Community's recreational needs, the City developed the 18 acre, \$36 million Laguna Hills Community Center & Sports Complex, which serves as the focal point of the City's recreational, leisure, and cultural interests through world-class amenities and athletic facilities.

City Boundaries Expanded

With the overwhelming support of residents, two local areas were successfully annexed to the City of Laguna Hills, which brought 7,500 new residents, expanded the size of the City, and increased diversification; these annexations included North Laguna Hills on November 14, 1995, and the Westside Annexation Area on September 18, 2000.

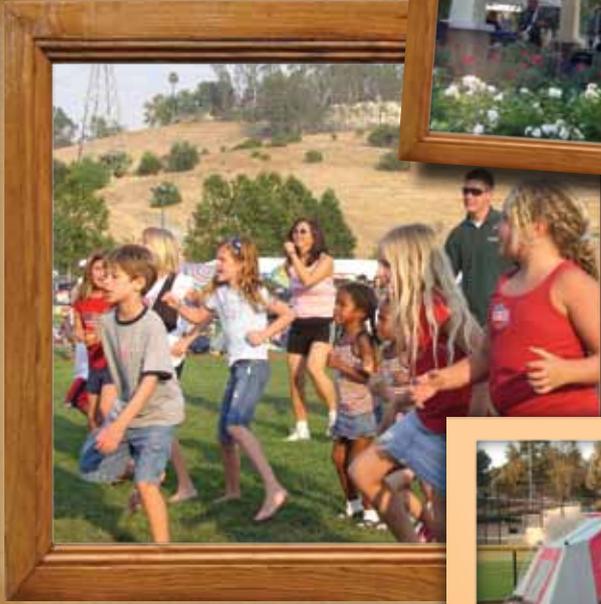


Commitment to Public Safety

The City spends about 40% of its operating budget on police services. This commitment allows residents to enjoy one of the lowest crime rates in Orange County and one of the fastest response times when deputies are called. Historically, Laguna Hills deploys a very high number of officers per capita. When compared to neighboring cities, Laguna Hills deploys 35% more officers per capita.

El Toro Airport Defeated

Starting in 1993, the City of Laguna Hills played a leadership role, in collaboration with other South Orange County cities, in opposing and successfully stopping the redevelopment of the Marine Corps Air Station - El Toro into an international airport, which was deemed the single greatest threat to the quality of life in Laguna Hills, officially defeating the plan in 2002.



Financial Integrity

The City of Laguna Hills serves as a model to other cities for exemplary financial and budgetary practices, as it has preserved a strong financial condition through past and current recessions, has been the recipient of various financial awards, and has maintained an operating budget surplus and a healthy fund balance.

Commitment to Culture, Leisure and Recreation

The City's Public Art Program preserves Laguna Hills' cultural identity and storied history with murals, rotating art galleries, sculptures, artifacts, arts programs, fossil exhibits, various displays, educational material, and on-line exhibits.

The City of Laguna Hills has placed an important emphasis on providing exceptional recreational, athletic, and community services programs, such as the award winning Circle of Friends program designed for individuals with disabilities, along with popular community events such as the 4th of July Celebration and the Laguna Hills Half Marathon.

Self-Sustaining Civic Center

In 2002, the City purchased an existing multi-tenant office building with a view toward moving City Hall and establishing a profitable business enterprise. After extensive renovations, City Hall operations were relocated to the 55,881 square-foot Laguna Hills Civic Center, with 31,000 square-feet available for leased space that provides positive net-income to the City.

Public Investment

Since its incorporation, the City of Laguna Hills has invested over \$120,000,000 on over 100 public projects, including roads and parks, that have improved the quality of life and increased property values for residents and businesses.



2008-2009

Public Art Development at the Civic Center

Strong Cities | Strong State

The City of Laguna Hills is participating in the Strong Cities | Strong State program which is designed to communicate the importance of local government in California residents' everyday lives and the hard work that goes into bettering the quality of life for California residents. For more information go to www.strongcitiesstrongstate.com or go to their facebook page www.facebook.com/strongcitiesstrongstate

Celebration of 20th Anniversary

Looking ahead, the City of Laguna Hills welcomes the next 20 years with hopes of continued prosperity and growth. The City will be hosting a 20th Anniversary Reception on Tuesday, December 13, 2011, at 6:00pm at the Laguna Hills Civic Center before the City Council Meeting.

SENIOR SERVICES



Financial Assistance for Senior Center

Here in Laguna Hills we are privileged to be home to the Florence Sylvester Memorial Senior Center. The Center provides a variety of services to the mature residents in our community. This charitable, non-profit agency is owned and operated by Age Well Senior Services. In order to assist Age Well Senior Services improve their facility, the City has received a \$63,000 grant to help complete energy efficiency upgrades. The upgrades will include a solar panel system, which will help keep costs low as well as increasing the sustainability of the Center.

The upgrades will save the Center an estimated 30 percent on electricity. In turn, these savings will help to further the mission of the Center, which is to promote health and wellness, nutritional well-being and socialization to enhance independence and quality of life for the seniors of the community.

Volunteer Opportunities

With a mission that is vital to the wellbeing of our community, it is no surprise that many volunteers are needed every day to help run this bustling site. The Center also has a very active Meals-On-Wheels

program which helps deliver meals to seniors in need who could not provide themselves with such necessities.

Along with this program, the Center also is looking for volunteers in other areas such as drivers, packers, greeters, and coordinators. To inquire about volunteer opportunities or to donate to the Florence Sylvester Memorial Senior Center, please contact Shirley Witt at 949-380-0155.

SENIOR TAXI PROGRAM

If you are a senior, or know of one who no longer wishes to drive, but would like to travel within Laguna Hills and/or Mission Viejo, the City has launched the Senior Dial-A-Taxi Program. For a flat rate of \$5 per trip seniors can take a trip anywhere within the two cities. Seniors must be residents of Laguna Hills and meet certain rules to participate in the discounted service. Seniors can find out more about the project and sign up for it at the Laguna Hills Community Center or at www.ci.laguna-hills.ca.us under the "departments" and "community services" section of the website.

LAGUNA HILLS, **MOVING FORWARD**



As the economy slowly starts to get better, the City of Laguna Hills is seeing an increase in business development and construction. Here are a few projects that are currently underway in the City:

Urban Village

As part of redeveloping the Urban Village area, the store that was formerly Circuit City is being partially demolished to make way for two new storefronts with an additional 5,949 square feet of retail space. The new tenants will be Ashley Furniture and Total Wine and More. In addition to these two stores, a Chick-Fil-A restaurant will be constructed on the site closer to El Toro Rd.

These buildings will blend into the Urban Village through the use of earth tones and tile roofs that complement the monuments on El Toro Rd. and the surrounding buildings.

To accommodate these new businesses and future development in the Urban Village, the City will widen Avenida de la Carlota to allow better traffic flow. With this widening, the Chevron gas station on the corner of Avenida de la Carlota and El Toro Rd. will be demolished and a new service station and a convenience store will be constructed.

La Paz Road Widening at Interstate 5 and Cabot Road

In April 2011, the City along with partners Caltrans and the City of Mission Viejo began construction on the widening of La Paz Road (La Paz) at Interstate 5 (I-5) to better improve traffic flow along La Paz and on and off the freeway. The project will maintain two lanes of traffic in each direction along La Paz while adding an additional third eastbound lane on La Paz which will provide direct access to I-5, a southbound off-ramp lane onto La Paz and a second left turn lane onto Cabot Road with reconfigured on-ramp access.

In the next three-to-six months the following improvements will be completed:

- Construct a tie-back wall under I-5
- Rough grading for lanes
- Undergrounding of electrical utilities
- Reconstruct water drainage systems
- Construct curbs, gutters and sidewalk on south side of La Paz
- Start landscaping and installing the irrigation system

LAGUNA HILLS, **MOVING FORWARD**

Occasionally the project will cause traffic disturbances, which will close the interchange ramps. Signage of these closures and detours will be posted with work being performed at night to prevent major disturbances. For more information on the project, e-mail info@lapazroad.com

La Paz Courtyard

The La Paz Courtyard recently underwent the second and final phase of a facelift that started in 2009 with the demolishing of an older corner building that made way for additional parking spaces. "We were glad to see this final phase of the renovations completed and hope the changes at the center make it more attractive to business and welcoming to the community," said Hemali Patel of H&A Holdings Group, Inc., owner of the La Paz Courtyard.

La Paz Village

The La Paz Village Center, formerly known as Mission Hills Plaza will be undergoing a major facelift in the next few months with changes happening to center's façade, roofline and landscaping. "This center is badly in need of a renovation," says Rob Bamberger of Boardwalk Development, owner of the La Paz Village Center. "We love the area and think this will be an attractive location for new businesses to call home."

Taj Mahal Medical Center

Earlier this year, the Muller Company obtained approval to perform a major renovation of the Taj Mahal Office Complex, which is located at the northeast corner of Paseo de Valencia and Calle de la Plata near the Laguna Hills Mall. The Taj Mahal Office Complex was initially constructed in 1967



and its design was considered so "leading edge" at the time that the TV Series *The Invaders* used the facility as a major prop in one of their episodes titled "The Innocent." The Taj Mahal renovation results in numerous improvements to the site, including:

- Expanding the complex by 6,100 square feet
- Adding interior improvements that include a second elevator
- Constructing a 6,300 square foot Plaza at the facility's east entrance
- Re-designing the parking lot to improve circulation efficiency and adding 100 parking stalls
- Re-landscaping the entire site and the median island located in Calle de la Plata

All improvements are scheduled to be completed by Fall 2012. The renovation will dramatically upgrade the office complex, now re-named the Taj Mahal Medical Center, which should become one of the preeminent medical office buildings in the area.

ANIMAL SERVICES



Coyote Update

This past summer, there were a number of coyote sightings around the City. While it is not unusual to spot a coyote within the City, there was a measurable rise in coyote sightings this past summer, along with reports of more aggressive behavior. Certainly there will always be a coyote presence, as the area surrounding the City is full of lush vegetation, trails, and slope areas which coyotes love; however, the City is trying hard to contain the number of residential run-ins with these animals.

Residents are urged to contact the City after a sighting or encounter. The City keeps track of this information and compiles a coyote "hot-spot" map in order to learn about the movement and whereabouts of these animals.

Go to the City's website's link http://www.ci.laguna-hills.ca.us/depts/public_safety/coyotes.asp for more information on living with coyotes.

Spay and Neuter Excuses, Myths and Facts

"But my pet is a pure bred" – So is at least one out of every four animals brought to animal shelters around the country.

"I want my dog to be protective" – Spaying and Neutering does not affect a dog's natural instinct to protect its home and family. A dog's personality is formed more by genetics and its environment than by its sex hormones.

"I don't want my male dog or cat to feel less male" – Pets don't have any concept of sexual identity or ego. Neutering a male dog or cat will not change its basic personality. It doesn't suffer any kind of emotional reaction or identity crisis when neutered.

Clean and Leashed! Dogs at Local City Parks

Most local parks are a place for fun with families and four-legged friends, as long as they're on a leash. All dogs must be on leashes while in a City or County park. Dogs should be on leashes no longer than six feet and should be accompanied by competent adult.

Pet owners should also make sure to pick up after their dog. Leaving pet waste in a public park or on a sidewalk is not only a health concern but is also an environmental concern. If not disposed of properly pet waste can be washed into storm drains and eventually flow to the ocean.

Local Dog Parks

If you would like to take your dog to a park where they can run free and play with other dogs there are three local parks that are designed specifically for dogs.

Laguna Woods:

On Ridge Route, between Moulton and Avenida Carlota

Laguna Niguel:

Golden Lantern Pkwy, Next to OCFA Fire Station 49 (please do not park at the Fire Station)

Laguna Beach:

20668 Laguna Canyon Rd,
Laguna Beach, CA



Dog Licensing Campaign Update

In the summer of 2009 the City launched a dog licensing campaign in an effort to achieve the following benefits:

- Encourage owners to spay or neuter their dogs through differential licensing. A license for an unaltered dog is \$100 compared to \$24 if the dog is altered.
- If a licensed dog is picked up by OC Animal Care in the field, the officer will first attempt to return the dog to its owner rather than take the dog to the shelter. This is more efficient and less costly for both the resident and the City.
- Enhance public safety - licensed dogs are current on their rabies vaccinations.

- Lower the net cost to the City to provide animal care services.
- In the long-term, a high dog license compliance rate should result in lower shelter intake numbers and fewer cases of euthanasia.

The licensing campaign was deemed a success as the number of licensed dogs in the City has increased from 3,080 in August of 2009 to 3,760 in August of 2011. This is an overall increase of 22 percent.

Based on statistics from the American Veterinarian Medical Association there are an estimated 6,462 dogs in Laguna Hills. The City hopes to have some of the owners who have not yet licensed their dog yet to take that step. The City estimates that roughly 2,702 dogs, or 42 percent of the entire dog population, are unlicensed.

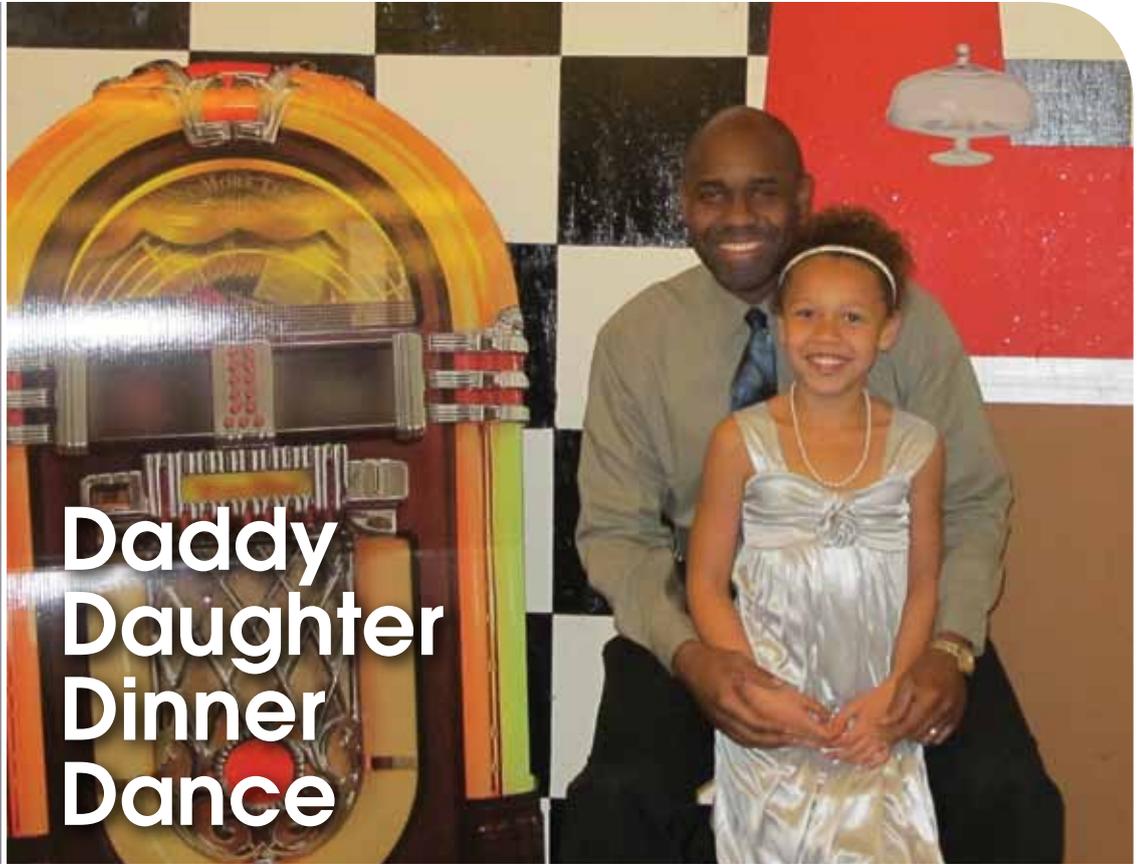
If you are a dog owner in the City, please take the time to make sure your animal is licensed. To license your pet online go to www.ci.laguna-hills.ca.us featured link animal care services, oc animal care.



2011/12 WINTER

COMMUNITY SERVICES

ACTIVITY GUIDE



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CALENDAR OF EVENTS

- Dec 13** Winter Registration Begins
- Dec 16** Circle of Friends Holiday Dinner Dance
- Jan 2** Rose Parade Excursion
- Jan 13** Circle of Friends Hoedown
- Jan 20** Middle School Dance
- Feb 3** Circle of Friends Valentine's Dance
- Feb 10** Daddy Daughter Dinner Dance
- Mar 16** Circle of Friends Karaoke Night
- Mar 23** Middle School Dance

NEW THIS WINTER!

- Parent & Tot Clay Time
- Ceramic Creations
- Karate
- All About You
- Get Your Groove Out
- African Safari
- Extreme Science
- Bugs
- Boogie Blast!
- Jr. Funk Fitness
- Funk Fitness
- Playground Games

REGISTER EARLY

Help us avoid cancelling a class due to low enrollment... Remember to register early! For details on how to register for classes, see the registration form at the front of the brochure.

STAY INFORMED

If you'd like to receive email notification on upcoming classes, programs and events please call (949) 707-2683 or email kclark@ci.laguna-hills.ca.us.



2 Special Events

2-4 Early Childhood

5-6 Cultural Arts

6-7 Dance

8 Personal Development



9-12 Sports & Fitness

13 Circle of Friends



14 Sports Leagues

14 Emeritus





ACTIVITY SCHEDULE

SPECIAL EVENTS/ EXCURSIONS

Daddy Daughter Dinner Dance

Attention young ladies! Dance and dine the night away with that special man in your life - father, grandfather, uncle - whoever it may be! Dress up and join us for a magical evening of fun and entertainment. Participants will receive a keepsake picture. Register early, space is limited! Please note: Adults must register for this event.

DATES	TIME	DAY	CLASS
2/10	6:30-8:30 PM	F	2369

Fee: Residents: Adults \$15, Children \$10; Non-Residents: Adults \$20, Children \$15
 Location: LHCC
 Ages: Child: 17 and under
 Adult: 18 and older

The Rose Parade

Don't miss out on celebrating the New Year in style. This special excursion includes round trip deluxe motor coach transportation to and from the Laguna Hills Community Center and reserved grandstand seating at 1580 E. Colorado Blvd. Restrooms are available on the motor coach. Participants meet in front of the Community Center at 6:00 AM SHARP. Juice, coffee and muffins will be served. Register early, space is limited!

DATES	TIME	DAY	CLASS
1/2	6:00 AM-1:00 PM	M	2261

Fee: Resident \$115, Non-Resident \$117
 Location: Meet at LHCC
 Instructor: Community Services Staff
 Ages: All ages

EARLY CHILDHOOD

CULTURAL ARTS

Tunes and Tales

Let's get the wiggles out! Join Ms. Vivian in her 19th year teaching this Music and Movement class. Sing-a-longs and fingerplay songs start off this fun-filled class followed by music activities using bean bags, rhythm sticks, instruments and a parachute. We will even have a chance to read a short story each week (2 1/2 - 4 yr. class only). The children have a great time while developing their listening and social skills. Parent/adult participation is required. Come join the fun!

DATES	TIME	DAY	CLASS
Ages 1 1/2 - 2 1/2 :			
1/10 - 2/7	9:30 - 10:10 AM	Tu	2268
2/21 - 3/20	9:30 - 10:10 AM	Tu	2270

Fee: Resident \$40, Non-Resident \$45
 Class Sessions: 5

DATES	TIME	DAY	CLASS
Ages 2 1/2 - 4 :			
1/10 - 2/7	10:15 - 11:10 AM	Tu	2269
2/21 - 3/20	10:15 - 11:10 AM	Tu	2271

Fee: Resident \$45, Non-Resident \$50
 Class Sessions: 5

Location: LHCC
 Instructor: Vivian Stapleton

Music Together

Here is your chance to experience a nationwide, research-based program packed with songs, rhymes, dance and instrumental jam sessions! Outstanding teachers with early childhood and music experience will lead participants in a wonderful musical learning experience. Parent participation is required. For more information, please visit www.svmusicstogether.net. Siblings: Resident \$135, Non-Resident \$140. Babies under 8 months may attend class for free with registered sibling. \$40 material fee must be paid to the instructor on the first day of class (includes 2 CDs, illustrated songbook and parent guide).

DATES	TIME	DAY	CLASS
1/18 - 3/21	9:15 - 10:00 AM	W	2266
1/18 - 3/21	10:15 - 11:00 AM	W	2267

Fee: Resident \$145, Non-Resident \$150
 Location: LHCC
 Instructor: Elena Salisbury
 Ages: 0-4
 Class Sessions: 10

Parent & Tot Clay Time

Roll, pinch and pound! Come and enjoy some creative time with your little one! Your young artist will enjoy a tactile experience using clay, as we hand build playful projects step-by-step. Different projects each week. All pieces will be glazed and fired. Aprons will be provided. A \$20 material fee is due to the instructor at the first class meeting (includes firing & glazing). **Parent participation is required.**

DATES	TIME	DAY	CLASS
3/6 - 3/27	2:15 - 3:00 PM	Tu	2287

Fee: Resident \$59, Non-Resident \$64
 Location: LHCC
 Instructor: Lucia Henry
 Ages: 3-5
 Class Sessions: 4

The City of Laguna Hills supports the health and wellness of the community through the provision of programs and facilities that promote fitness and well-being.



As you browse the Winter Class and Activity Schedule, be sure to note those programs designated with one of the "Get Fit" logos. These programs are offered as part of the City's Get Fit Campaign and are provided to support your nutrition and exercise goals.

ACTIVITY SCHEDULE



EARLY CHILDHOOD

PERSONAL DEVELOPMENT

Kindergarten, Here I Come!

Taught by a fully credentialed teacher, this exciting kindergarten readiness program will offer pre-schoolers crucial social and academic skills to prepare them for school. This parent participation program is designed for 4-5 year olds and will be thematically planned with lessons including language arts, math, social studies, science and art. Please bring a snack each day as there will be a daily snack and recess time. **Children must have turned 4 years old by December 1, 2011 to register.** Parents will only need to sign-up to volunteer in the classroom for four lessons.

DATES	TIME	DAY	CLASS
1/9 - 3/30	9:00 AM - 12:00 PM	M W F	2272

*No class 1/16, 2/17 & 2/20

Fee: Resident \$400, Non-Resident \$405
Location: LHCC
Instructor: Jennifer Migliaccio

Ages: 4-5
Class Sessions: 33

Tot & Preschool Lango Spanish

Structured fun and play form the foundation for our dynamic, full-immersion Lango Spanish class; Children ages 18 mos - 5 yrs (parent participation required for under age 3) will learn simple Spanish phrases through music, arts & crafts, playful repetition, and a lot of movement. Students will become familiar with more complex aspects of the language by engaging in "adventures", starring the Lango Kids, our multi-cultural cast of characters, take students to other lands and cultures to ensure that their language instruction is combined with cultural exposure. A one time \$50 material fee is due to the instructor on the first day of class; returning students receive 50% off material fee. Sibling discount: 25%. Make-up classes are available. Please call Gaby at (949)463-3081 or visit www.langokids.com for more information.

DATES	TIME	DAY	CLASS
1/9 - 3/26	10:00 - 10:45 AM	M	2273

*No class 2/20

Fee: Resident \$165, Non-Resident \$170
Location: LHCC
Instructor: Alicia Karlsson

Ages: 1 1/2-5
Class Sessions: 11

REGISTER EARLY

Help us avoid cancelling class due to low enrollment....Remember to register early! For details on how to register for classes, see the registration form in the front of the brochure.

All About You

This class will teach you all about the fine tuned machine we call the body. Find out what happens to a tooth if you leave it in soda and why you have so much snot. If you want a class that is all about you, then this is the one! Parent participation is required.

DATES	TIME	DAY	CLASS
1/9 - 1/30	10:30 - 11:30 AM	M	2343

Fee: Resident \$35, Non-Resident \$40
Location: LHCC
Instructor: Community Services Staff

Ages: 3-5
Class Sessions: 4

Messy Muddy Hands and Toes

Messy, muddy, sticky and gooey ... you'll create art with fingers, feet, pudding, play dough, pud and suds! Wow! Let your imagination run wild with inventive projects each week. Parent participation is required.

DATES	TIME	DAY	CLASS
1/13 - 2/3	10:00 - 11:00 AM	F	2339

Fee: Resident \$35, Non-Resident \$40
Location: LHCC
Instructor: Community Services Staff

Ages: 2 1/2-5
Class Sessions: 4

Playtime!

Fun time, game time, craft time, PLAYTIME! Join us for days of fun-filled activities from music, arts and crafts, sports, and games. This special program is designed for lively little people and packed full of activities that initiate creativity, stimulate the imagination and encourage making new friends. Please send a sack lunch with your child each day. Participants must be potty trained.

DATES	TIME	DAY	CLASS
1/24 - 3/29	11:30 AM - 2:00 PM	Tu Th	2362

Fee: Resident \$175, Non-Resident \$180
Location: LHCC
Instructor: Community Services Staff

Ages: 3-5
Class Sessions: 20

Get Your Groove Out

Have you ever felt jittery, but didn't know what to do? Well, come learn the Jitter Bug! This class will teach your child different types of dances every week! From the chicken dance to the salsa, you will learn the basics of many popular dances. Parents, drop your child off and then boogie on out! Participants must be potty trained.

DATES	TIME	DAY	CLASS
2/6 - 2/27	10:00 - 11:00 AM	M	2361

*NO CLASS 2/20
Fee: Resident \$30, Non-Resident \$35
Location: LHCC
Instructor: Community Services Staff

Ages: 3-5
Class Sessions: 3



ACTIVITY SCHEDULE

EARLY CHILDHOOD

Sports & More

Come be a part of the team! This half craft, half sports class is guaranteed to get the energy going. Each week is dedicated to a new sport. Parent participation is required.

DATES	TIME	DAY	CLASS
2/10 - 3/2	10:00 - 11:00 AM	F	2359

Fee: Resident \$35, Non-Resident \$40
 Location: LHCC
 Instructor: Community Services Staff

Ages: 3-5
 Class Sessions: 4

African Safari



On this wild and crazy safari tour through Africa you will learn about the animals found on the African plains. Through games, activities, and crafts take the adventure of a life-time. Parent participation is required.

DATES	TIME	DAY	CLASS
3/5 - 3/26	10:00 - 11:00 AM	M	2366

Fee: Resident \$35, Non-Resident \$40
 Location: LHCC
 Instructor: Community Services Staff

Ages: 3-5
 Class Sessions: 4

On the Farm

Come and learn about the exciting world of living on a farm! In this class participants will learn about tractors, the animals that live on a farm and more! Participants will also have the opportunity to make crafts, read stories and make delicious animal snacks. Parent participation is required.

DATES	TIME	DAY	CLASS
3/9 - 3/30	10:00 - 11:00 AM	F	2364

Fee: Resident \$35, Non-Resident \$40
 Location: LHCC
 Instructor: Community Services Staff

Ages: 2 ½-5
 Class Sessions: 4

SPORTS AND FITNESS

Soccer Starters



Come participate in this beginning soccer skill development course. Instructors emphasize participation, sportsmanship, teamwork, and most of all...fun! Each class involves warm-up, skill development, and a short game. Children must be 4 years old to participate. This class will take place at Costeau Park – **restrooms are not available at this location.**

DATES	TIME	DAY	CLASS
2/11 - 3/3	9:15 - 10:00 AM	Sa	2367

Fee: Resident \$35, Non-Resident \$40
 Location: Costeau Park
 Instructor: Community Services Staff

Ages: 4-6
 Class Sessions: 4

All Sorts of Sports



This popular class combines fun, fitness and the basics. Children will be introduced to T-ball, soccer, basketball and more! This class will take place at Costeau Park – **restrooms are not available at this location.**

DATES	TIME	DAY	CLASS
2/11 - 3/3	10:15 - 11:00 AM	Sa	2368

Fee: Resident \$35, Non-Resident \$40
 Location: Costeau Park
 Instructor: Community Services Staff

Ages: 3-6
 Class Sessions: 4



CULTURAL ARTS

Do, Re, Mi Musical Me

In this joyous music class children will experience the sounds and rhythms of music through instrument play, piano fingering/geography, singing songs and notes with do, re, mi, musical stories, props, puppetry, music from around the world and creative movement. Keyboards will be provided by the instructor in class. Parent participation required. A \$20 material fee is due to the instructor on the first class meeting.

DATES	TIME	DAY	CLASS
1/5 - 3/8	9:30 - 10:15 AM	Th	2289
*No class 1/12 & 3/1			

Fee: Resident \$135, Non-Resident \$140
 Location: LHCC
 Instructor: Sophi Albert

Ages: 2-4
 Class Sessions: 8

Piano/Keyboard for Children (Ages 5-8)

Children will learn the basics of piano/keyboard playing in a fun group setting, learning a variety of new and familiar tunes. Concepts covered will include beginning notation reading, melodic, rhythmic patterns, beat, dynamics, singing and creative movement. Keyboards will be provided by the instructor in class. A \$20 material fee is due to the instructor on the first class meeting.

DATES	TIME	DAY	CLASS
1/5 - 2/16	3:30 - 4:15 PM	Th	2290
*No class 1/12			

Fee: Resident \$114, Non-Resident \$119
 Location: LHCC
 Instructor: Sophi Albert

Ages: 5-8
 Class Sessions: 6

Mediterranean Hand Drumming

Learn the music of the Mediterranean! An introduction to the goblet drum, its rich tradition, social aspects, and celebrations. Using traditional technique and rhythm patterns, we will explore the musical spirit of hand drumming. Bring your own tuned tabla, derbekki or dumbek. Instructor will provide drums, however students are welcome to bring their own.

DATES	TIME	DAY	CLASS
LEVEL I:			
1/8 - 1/29	1:30 - 2:45 PM	Su	2281
2/5 - 2/26	1:30 - 2:45 PM	Su	2282
3/4 - 3/25	1:30 - 2:45 PM	Su	2283

Fee: Resident \$49, Non-Resident \$54
 Class Sessions: 4

LEVEL II: (12 week session)

1/8 - 3/25	4:30 - 5:45 PM	Su	2284
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Fee: Resident \$120, Non-Resident \$125
 Class Sessions: 12

Location: LHCC
 Instructor: George Medlock

Ages: 18 and older

Beginning/Intermediate/Advanced Drawing & Painting

Beginners will be taught to see (as an artist) line, location and value. They will learn how to use charcoal drawing tools and produce accurate drawings of simple still lifes. Emphasis is on determining spatial relationships and accurate value depiction. A supply kit is available from the instructor for \$35. Intermediate and advanced student work from still lifes and photographs. Emphasis on technique, composition, perspective, color and design. Media choices are colored pencil, water color, gouache and acrylic with the addition of ink, pastel and oil for advanced students only. All intermediate and advanced students supply their own materials. All instruction is individual, therefore each student will be working on his or her own level and the only deadlines are sufficient completion of art work.

DATES	TIME	DAY	CLASS
1/9 - 2/13	4:00 - 5:30 PM	M	2274
2/27 - 4/2	4:00 - 5:30 PM	M	2275
1/19 - 2/23	4:00 - 5:30 PM	Th	2276
3/8 - 4/12	4:00 - 5:30 PM	Th	2277

Fee: Resident \$120, Non-Resident \$125
 Location: LHCC
 Instructor: Marilyn Brame

Ages: 6-16
 Class Sessions: 6

Young Rembrandts Cartoon Drawing

Your child will learn animation techniques in our anime-themed expression lesson. Your child will also learn personification as they transform ordinary cameras into fully realized cartoon characters. We'll focus on telling a story through a series of drawings in our humorous drive-thru and colorful piñata sequences. Encourage your child's creativity. Enroll today! Visit us online www.youngrembrandts.com

DATES	TIME	DAY	CLASS
1/10 - 2/7	3:30 - 4:30 PM	Tu	2285
2/21 - 3/20	3:30 - 4:30 PM	Tu	2286

Fee: Resident \$63, Non-Resident \$68
 Location: LHCC
 Instructor: Young Rembrandts

Ages: 6-12
 Class Sessions: 5



ACTIVITY SCHEDULE

CULTURAL ARTS

DANCE

Beginning Guitar

Designed for those with little or no experience playing the guitar, this class will teach you how to play several songs, chords and single note melodies. Class may be repeated, with new songs each session. Participants must bring their own acoustic or electric guitar with small amp. Please visit www.rongorman.com for more information.

DATES	TIME	DAY	CLASS
2/14 - 3/13	6:00 - 7:00 PM	Tu	2279

Fee: Resident \$90, Non-Resident \$95

Location: LHCC

Instructor: Ron Gorman

Ages: 10 and older
Class Sessions: 5

Intermediate Guitar

In this continuation of beginning guitar, students are introduced to barre chords, alternate tunings, lead guitar, and music theory. Weekly song projects are by students' request. Class is repeatable. Participants must bring their own acoustic or electric guitar with small amp. Please visit www.rongorman.com for more information.

DATES	TIME	DAY	CLASS
2/14 - 3/13	7:00 - 8:00 PM	Tu	2280

Fee: Resident \$90, Non-Resident \$95

Location: LHCC

Instructor: Ron Gorman

Ages: 10 and older
Class Sessions: 5

Ceramics Creations

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring and slab, and decorate them with under glazes. Different projects each week. All pieces will be glazed and fired. Aprons will be provided. A \$20 material fee is due to the instructor at the first class meeting (includes kiln firing & glazing).

DATES	TIME	DAY	CLASS
3/6 - 3/27	3:30 - 4:45 PM	Tu	2288

Fee: Resident \$59, Non-Resident \$64

Location: LHCC

Instructor: Lucia Henry

Ages: 6-12
Class Sessions: 4

Coast Dance Center



Coast Dance Center offers dance classes for children ages 3 and up.

With our new tuition rates, we provide high caliber training at a comfortable price point. We are committed to keeping dance affordable to the families we service. CDC students are able to participate in our Spring recital each June. For more information on our classes, visit coastdancecenter.com. NOTE: For our children's and adults fitness classes, please check the "Sports & Fitness" section.

No class 1/12 & 2/20.

DATES	TIME	DAY	Sessions	FEE (Res/Non-Res)	CLASS
Preschool Dance I - Tap & Ballet Age 3					
1/3 - 3/27	10:00 - 10:45 AM	Tu	13	\$120/\$125	2402
1/6 - 3/30	10:45 - 11:30 AM	F	13	\$120/\$125	2337
Preschool Dance II - Tap & Ballet Age 4					
1/3 - 3/27	9:15 - 10:00 AM	Tu	13	\$120/\$125	2340
1/6 - 3/30	10:00 - 10:45 AM	F	13	\$120/\$125	2341
Classic Combo A - Tap, Ballet & Jazz Age 5					
1/3 - 3/27	4:00 - 5:00 PM	Tu	13	\$150/\$155	2344
1/9 - 3/26	4:00 - 5:00 PM	M	11	\$130/\$135	2342
Classic Combo B - Tap, Jazz & Ballet Ages 6-8					
1/5 - 3/29	4:00 PM - 5:00 PM	Th	12	\$140/\$145	2346
Hip Hop Ages 6-9					
1/4 - 3/28	4:00 - 4:45 PM	W	13	\$145/\$150	2351
Lyrical, Leaps & Turns for the Young Dancer Ages 6-9					
1/4 - 3/28	4:45 - 5:45 PM	W	13	\$105/\$110	2352
<i>*Prerequisite: Must also be enrolled in Classic Combo B or C</i>					
Classic Combo C - Instructor Approval Required Ages 6-9					
1/6 - 3/30	4:00 - 5:30 PM	F	13	\$180/\$185	2348
Jazz II/III - Instructor Approval Required Ages 10 and older					
1/5 - 3/29	5:00 - 6:15 PM	Th	12	\$145/150	2394
Lyrical II/III - Instructor Approval Required Ages 10 and older					
1/7 - 3/31	10:15 - 11:30 AM	Sa	13	\$155/\$160	2353

Location: LHCC

Instructor: Coast Dance Center

Class Sessions: 13

Middle School Dance



Come and join us for this exciting Middle School Dance! If you are a student at La Paz, Los Alisos or Serrano Middle Schools, you are welcome to register. Tickets will be sold on a first come, first served basis. **Tickets may be purchased at the Community Center; if paying with cash you must have EXACT CHANGE. Tickets must be purchased by parent or legal guardian.** Buy your tickets early as this event will sell out! Tickets for 1/20 Dance go on sale beginning 12/27; tickets for 3/23 Dance go on sale beginning 2/22. Supervision will be provided by City Staff. You must bring your ticket and student ID card to get into the dance. For more information please call Todd Smyser (949) 707-2690. Hope to see you there!

DATES	TIME	DAY	CLASS
1/20	7:00 - 9:00 PM	F	2325
3/23	7:00 - 9:00 PM	F	2326

Fee: \$5

Location: LHCC

Instructor: Community Services Staff

Ages: 12-14

ACTIVITY SCHEDULE



DANCE

Clog Dance



Come and revive an early American folk dance from the Appalachian Mountains! Clogging is the forerunner of tap-dancing and combines many traditional American dances. This class is great for the whole family - partners are not required. Times: Beginners 6:45-7:30 PM, Easy 7:30-8:00 PM, Easy Plus 8:00-8:30 PM, Intermediate 8:30-9:00 PM, Intermediate Plus/Advanced 9:00-9:45 PM. **Beginner start date January 5, 2012.** For more information, please contact David Nimmo at (949) 939-1773.

DATES	TIME	DAY	Sessions	CLASS
1/5 - 1/26	6:45 - 9:45 PM	Th	3	2327
*NO CLASS 1/12				
2/2 - 2/23	6:45 - 9:45 PM	Th	4	2328
3/1 - 3/29	6:45 - 9:45 PM	Th	5	2329

Fee: Resident \$25, Non-Resident \$30

3 month option:

1/5 - 3/29	6:45 - 9:45 PM	Th	12	2330
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*NO CLASS 1/12

Fee: Resident \$65, Non-Resident \$70

Location: LHCC
Instructor: David Nimmo

Ages: 6 and older

Belly Dancing



From beginning muscle isolations and hip shimmies to advanced technique and choreography, these courses cover it all! You will enjoy this great overall workout in a fun, supportive atmosphere. Wear comfortable clothes and dance shoes, or go barefoot.

DATES	TIME	DAY	CLASS
LEVEL I			
1/8 - 1/29	12:15 - 1:30 PM	Su	2331
2/5 - 2/26	12:15 - 1:30 PM	Su	2332
3/4 - 3/25	12:15 - 1:30 PM	Su	2333

Fee: Resident \$49, Non-Resident \$54

Class Sessions: 4

LEVEL II (12 Week Session)

1/8 - 3/25	1:30 - 2:45 PM	Su	2334
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Fee: Resident \$120, Non-Resident \$125

Class Sessions: 12

LEVEL III & IV (12 Week Session)

1/8 - 3/25	3:00 - 4:15 PM	Su	2335
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Fee: Resident \$120, Non-Resident \$125

Class Sessions: 12

Location: LHCC
Instructor: Tina Elkins

Ages: 10 and older

LOOKING FOR A VENUE FOR A PRIVATE FUNCTION OR BUSINESS MEETING?



The Laguna Hills Community Center is the focal point of the City's recreational, leisure, and cultural interests and an ideal place to host an event whether it is a wedding reception, business meeting, seminar, birthday party or other celebration. The 43,000 square foot building includes a large banquet facility, full-functioning catering kitchen, large classroom, art room, physical activity room and gymnasium as well as several picnic shelters in the adjacent Sports Complex. These facilities are available for rent through the Community Services Department. For additional information regarding these facilities, please call (949) 707-2680. The Community Center and Sports Complex reservation fee schedule is available on the City's website at www.ci.laguna-hills.ca.us.



ACTIVITY SCHEDULE

PERSONAL DEVELOPMENT

Public Speaking & Stage Presence

This class uses multiple techniques to teach you all the skills you need in public speaking and for stage presence. Tap into the different sides of your personality and become more confident when speaking in front of a crowd. You will leave your audience in awe with your new found confidence!

DATES	TIME	DAY	Sessions	FEE (Res/Non-Res)	CLASS
1/4 - 1/25	6:30 - 8:30 PM	W	4	\$60/\$65	2384
2/1 - 2/29	6:30 - 8:30 PM	W	5	\$70/\$75	2385
3/7 - 3/28	6:30 - 8:30 PM	W	4	\$60/\$65	2386

Location: LHCC
Instructor: Lauren Denos

Ages: 13 and older

The Veggie Kitchen



All new recipes for 2012! The Veggie Kitchen brings you easy and economical recipes that introduce the delicious world of vegetarian cooking! Learn how to make healthy and nutritious meals that are appealing to vegetarians and non-vegetarians alike. Classes are fun and informative. Bring your appetite as all recipes will be sampled! **PLEASE NOTE: No refunds or transfers for one day classes.**

DATES	TOPIC	TIME	DAY	CLASS
1/7	Tastes from the Global Kitchen	11:30 AM - 1:00 PM	Sa	2298
2/4	Totally Tofu Cooking	11:30 AM - 1:00 PM	Sa	2299
3/3	Good Food Fast!	11:30 AM - 1:00 PM	Sa	2300

CLASS DESCRIPTIONS

Tastes from the Global Kitchen: All new recipes bring the flavor of distant lands to your family meals. Create delicious and wholesome recipes with an international flair. A tasty adventure awaits.

Totally Tofu Cooking: More of our favorite tofu recipes. Learn how tofu can be used in recipes from desserts to entrees. So versatile and so yummy!

Good Food Fast!: Quick nutritious recipes to simplify your busy day. Have great tasting meals on the dinner table in no time at all. Fast and flavorful meals from the Veggie Kitchen to yours!

Fee: Resident \$15, Non-Resident \$17
Instructor: Ed Cervantes

Ages: 18 and older
Location: LHCC

Kitchen Kreation

"Mom, I'm hungry"...so let's do something to satisfy your appetite! Learn kitchen safety while creating delicious meals to be enjoyed by the entire class. Appetizers, salads and main course dishes will all be a part of this hands-on cooking extravaganza.

DATES	TIME	DAY	CLASS
2/8 - 2/29	4:00 - 5:30 PM	W	2356

Fee: Resident \$50, Non-Resident \$55
Location: LHCC
Instructor: Community Services Staff

Ages: 6-10
Class Sessions: 4

How to Sell on eBay!

Everyone has stuff stashed in closets, drawers, and garages. Others are paying for unnecessary storage areas! Why not make some money while helping others clear out their storage spaces at the same time? This class will teach you how to sell successfully on eBay. We will discuss organization, categorization and how to write posts for your item. Students will receive an informational handout on the first day of class and should bring supplies to take notes. **PLEASE NOTE: No refunds or transfers for two day classes.**

DATES	TIME	DAY	CLASS
1/17 - 1/24	6:30 - 8:30 PM	Tu	2297

Fee: Resident \$59, Non-Resident \$64
Location: LHCC
Instructor: Frances Greenspan

Ages: 18 and older
Class Sessions: 2

Extreme Science

We are taking science to a whole new level! You will discover amazing things about chemistry and physics by crazy experiments such as exploding volcanoes and dry ice rockets. We will even teach you how to make your own invisible ink for top secret messages.

DATES	TIME	DAY	CLASS
3/7 - 3/28	3:30 - 4:30 PM	W	2365

Fee: Resident \$35, Non-Resident \$40
Location: LHCC
Instructor: Community Services Staff

Ages: 6-8
Class Sessions: 4

Bugs

Think bugs are dirty, disgusting or otherwise nasty? Well, your thoughts about bugs just might change as we journey through the world of these creepy crawlers. Give them a try, you may be surprised.

DATES	TIME	DAY	CLASS
3/10 - 3/31	10:00 - 11:00 AM	Sa	2363

***NO CLASS 3/24**

Fee: Resident \$35, Non-Resident \$40
Location: LHCC
Instructor: Community Services Staff

Ages: 6-8
Class Sessions: 3

REGISTER EARLY

Help us avoid cancelling class due to low enrollment....Remember to register early! For details on how to register for classes, see the registration form in the front of the brochure.

ACTIVITY SCHEDULE



SPORTS & FITNESS

Children & Teen Open Gym Basketball



Open gym basketball is free of charge to those ages 17 and under. A parent or guardian must complete a registration form at the front counter prior to children accessing the gymnasium. Children under 9 years of age must be accompanied by a parent or guardian.

DATES	TIME	DAY
Ongoing	2:00 - 4:00 PM	M-F
	12:00 - 2:00 PM	Su

Fee: FREE
Location: LHCC
Ages: 17 and under

Adult Open Gym Basketball



Participants must purchase an annual gym pass and complete a registration form at the front counter prior to accessing the gymnasium.

DATES	TIME	DAY
Ongoing	6:30 - 9:30 PM	F
	2:00 - 6:00 PM	Su

Fee: Resident \$30, Non-Resident \$35
Location: LHCC
Ages: 18 and older

Zumba



Zumba is an aerobic exercise class that fuses Latin rhythms (Disco, Reggaeton-Cumbia, Conga Hip-Hop, Merengue Hip-Hop, Reggaeton-Belly Dance, Techno and Salsa) with a highly effective cardio training system that is fun and easy to do. Burn 500-800 calories an hour! Participants should wear comfortable attire, bring water and a towel. Be prepared to have a great time and expect to sweat! Ditch the workout...join the PARTY! To learn more about Zumba or the instructor, please visit www.southoczumba.com.

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
1/3 - 1/31	7:00 - 8:00 PM	Tu	5	\$40/\$45	2306
2/7 - 2/28	7:00 - 8:00 PM	Tu	4	\$32/\$37	2307
3/6 - 3/27	7:00 - 8:00 PM	Tu	4	\$32/\$37	2308
3 month option:					
1/3 - 3/27	7:00 - 8:00 PM	Tu	13	\$104/\$109	2309

Instructor: Maria Hansen

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
1/4 - 1/25	8:30 - 9:30 AM	W	4	\$32/\$37	2312
2/1 - 2/29	8:30 - 9:30 AM	W	5	\$40/\$45	2313
3/7 - 3/28	8:30 - 9:30 AM	W	4	\$32/\$37	2314

Instructor: Dina Martin-Rusk

Location: LHCC
Ages: 16 and older

Gentle Yoga



Find the Yoga Basics class too intense? Take the Gentle Yoga class to learn calming, restorative stretches that will help heal and release stress with an emphasis on breathing and relaxation. We use a lot of props in this class; please bring blanket(s)/towel(s) and a mat.

DATES	TIME	DAY	CLASS
1/4 - 3/21	6:00 - 7:30 PM	W	2302

Fee: Resident \$156, Non-Resident \$161
Location: LHCC
Instructor: Angie Knight
Ages: 14 and older
Class Sessions: 12

Yoga Basics



This class covers yoga breathing and relaxation techniques, introducing different poses and movements for flexibility, strength, and peace of mind. We will begin with the basics and progress to more challenging movements and poses. Both beginning and ongoing students are welcome. Participants should wear comfortable clothing, please bring blanket(s)/towel(s) and a mat.

DATES	TIME	DAY	CLASS
1/9 - 3/26	6:30 - 8:00 PM	M	2301
*No class 1/16 & 2/20			

Fee: Resident \$130, Non-Resident \$135
Location: LHCC
Instructor: Angie Knight
Ages: 14 and older
Class Sessions: 10

Fairy Fitness



Envelop yourself in a world of fantasy and fun, all it takes is a little faith and trust. Join us as we play and learn about many of the important qualities fairies possess and display; strength, kindness and intelligence.

DATES	TIME	DAY	CLASS
1/4 - 1/30	3:15 - 4:15 PM	M W	2378
2/1 - 2/29	3:15 - 4:15 PM	M W	2379
*No class 2/20			
3/5 - 3/28	3:15 - 4:15 PM	M W	2380

Fee: Resident \$70, Non-Resident \$75
Location: LHCC
Instructor: Lauren Denos
Ages: 4-10
Class Sessions: 8



ACTIVITY SCHEDULE

SPORTS & FITNESS

Super Hero Fitness



In this out of this world class children will discover what makes the person behind the mask so super. Through activities, games and a little imagination children build self confidence and learn all about the strength, wisdom and kindness of a true super hero! Join us and experience the high energy and excitement of this class!

DATES	TIME	DAY	CLASS
1/4 - 1/30	4:30 - 5:30 PM	M W	2381
2/1 - 2/29	4:30 - 5:30 PM	M W	2382
*No class 2/20			
3/5 - 3/28	4:30 - 5:30 PM	M W	2383

Fee: Resident \$70, Non-Resident \$75

Ages: 4-10

Location: LHCC

Class Sessions: 8

Instructor: Lauren Denos

Boogie Blast!

NEW



Boogie Blast for Boomers & Beyond is an energetic, low-impact cardio dance class that has participants burning maximum calories with minimal joint strain. Time flies as participants dance SUPER simple routines to an upbeat playlist. Class is designed to assist weight management, heart health, balance and injury prevention, all in a party like atmosphere. We offer our classes at a comfortable price point and are committed to keeping fitness affordable. Participants should wear work out clothes and bring a towel and water. For more information, contact Mia at (949) 495-2119.

DATES	TIME	DAY	CLASS
1/6	9:00 - 9:50 AM	F	2372
1/13 - 2/17	9:00 - 9:50 AM	F	2375
2/24 - 3/30	9:00 - 9:50 AM	F	2376

Fee: FREE TRIAL CLASS

Fee: Resident \$36, Non-Resident \$41

Class Sessions: 6

3 month option (12 week session):

1/13 - 3/30	9:00 - 9:50 AM	F	2377
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Fee: Resident \$65, Non-Resident \$70

Class Sessions: 12

Location: LHCC

Ages: 50 and older

Instructor: Mia Alicea

Children's Beginning Tennis



Come out and enjoy the sport of a lifetime! This class will provide an introduction to forehand, backhand, serving, scoring, and tennis etiquette. Concentration on hand-eye coordination drills, balance, and reaction times. Please bring your own racquet and one can of new, unopened tennis balls.

DATES	TIME	DAY	CLASS
1/6 - 2/10	4:00 - 5:00 PM	F	2303

Fee: Resident \$65, Non-Resident \$70

Ages: 6-8

Location: Mackenzie Park Tennis Courts

Class Sessions: 6

Instructor: John Myers

Children's Advanced Beginning Tennis



Come out and enjoy the sport of a lifetime! We'll continue skills from the beginning class and add to your skill level, focusing on forehand, backhand, serving, and tennis etiquette. Please bring your own racquet and one can of new, unopened tennis balls.

DATES	TIME	DAY	CLASS
1/6 - 2/10	5:00 - 6:00 PM	F	2304

Fee: Resident \$65, Non-Resident \$70

Ages: 9-13

Location: Mackenzie Park Tennis Courts

Class Sessions: 6

Instructor: John Myers

Teen & Adult Intermediate Tennis



For those players who know the basics of the game but wish to improve their skills. Instruction to improve strategy, develop a reliable serve, improve specialty strokes, and better understand the psychology of tennis. Please bring your own racquet and one can of new, unopened tennis balls.

DATES	TIME	DAY	CLASS
1/6 - 2/10	6:00 - 7:00 PM	F	2305

Fee: Resident \$65, Non-Resident \$70

Ages: 14 and older

Location: Mackenzie Park Tennis Courts

Class Sessions: 6

Instructor: John Myers

ACTIVITY SCHEDULE



SPORTS & FITNESS

Karate

NEW



Karate training is challenging, stimulating and purposeful. The training is framed in the context of a formal class with specific etiquette and expected behavior. Classes will cover basic blocking and self defense. A one time \$40 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	CLASS
Ages 4-5:			
1/10 - 1/31	5:30 - 6:00 PM	Tu	2291
2/7 - 2/28	5:30 - 6:00 PM	Tu	2292
3/6 - 3/27	5:30 - 6:00 PM	Tu	2293
Fee: Resident \$65, Non-Resident \$70		Class Sessions: 4	

Ages 6-12:			
1/10 - 1/31	6:00 - 6:45 PM	Tu	2294
2/7 - 2/28	6:00 - 6:45 PM	Tu	2295
3/6 - 3/27	6:00 - 6:45 PM	Tu	2296
Fee: Resident \$65, Non-Resident \$70		Class Sessions: 4	
Location: LHCC		Instructor: Robert McDonough	

Jr. FUNK Fitness

NEW



Jr. FUNK Fitness is a dance fitness class that keeps kids movin' and groovin' in a non-stop dance party. SUPER simple steps are designed for children to easily follow. Jr. FUNK Fitness encourages kids to develop a healthy life style by incorporating fitness in their lives via dance, music and exercise. Most of all, it's FUN! We offer our classes at a comfortable price point and are committed to keeping fitness affordable. Children should wear work out clothes and bring a towel and water. For more information, contact Mia at (949) 495-2119.

DATES	TIME	DAY	CLASS
1/10 - 3/27	5:00 - 5:40 PM	Tu	2360
Fee: Resident \$65, Non-Resident \$70		Ages: 6-11	
Location: LHCC		Class Sessions: 12	
Instructor: Mia Alicea			

Ki Yo Kids



Kids, come join us as we learn an up beat routine mixed with the moves of kickboxing and ending with a calming yoga cool down. Be sure to wear comfortable clothing, athletic shoes and yoga mat optional.

DATES	TIME	DAY	CLASS
1/11 - 2/1	3:00 - 3:45 PM	W	2336
Fee: Resident \$35, Non-Resident \$40		Ages: 6-10	
Location: LHCC		Class Sessions: 4	
Instructor: Community Services Staff			

FUNK Fitness

NEW



FUNK Fitness is a hot dance-cardio workout that keeps participants movin' and groovin' in a dance party atmosphere. Melt calories away to Old School Funk, Hip Hop, R&B, Disco and more. SUPER simple steps are easy to follow and designed for ALL fitness levels. We offer our classes at a comfortable price point and are committed to keeping fitness affordable. Participants should wear work out clothes and bring a towel and water. For more information, please contact Mia at (949) 495-2119.

DATES	TIME	DAY	CLASS
1/7	9:00 - 10:00 AM	Sa	2398
Fee: FREE TRIAL CLASS			
1/14 - 2/18	9:00 - 10:00 AM	Sa	2355
2/25 - 3/31	9:00 - 10:00 AM	Sa	2357
Fee: Resident \$36, Non-Resident \$41		Class Sessions: 6	
3 month option:			
1/14 - 3/31	9:00 - 10:00 AM	Sa	2358
Fee: Resident \$65, Non-Resident \$70		Class Sessions: 12	
Location: LHCC		Ages: 18 and older	
Instructor: Mia Alicea			



ACTIVITY SCHEDULE

SPORTS & FITNESS

Playground Games

NEW



This class combines fun, fitness and the basics. In this active class you will be introduced to popular playground games such as handball, four-square, kickball and capture the flag. Parent participation is NOT required. This class will take place at Costeau Park – **Restrooms are not available at this location.**

DATES	TIME	DAY	CLASS
1/14 - 2/4	10:00 - 11:00 AM	Sa	2347

Fee: Resident \$30, Non-Resident \$35

Ages: 6-8

Location: Costeau Park

Class Sessions: 4

Instructor: Community Services Staff

After School Sports



Intramural sports will be offered for boys and girls two days a week after school at each elementary school campus in Laguna Hills. Sessions begin with skill development and progress to intramural tournaments. Session I: Coed Ultimate Frisbee for grades 3-6;

Session II: Coed Soccer for grades K-6. **NOTE: On minimum days practice will be held at 1:30PM at Lomarena and Valencia, and at 1:00 PM at San Joaquin.**

DATES	TIME	DAY	SCHOOL	SPORT	CLASS
SESSION I:					
1/23 - 2/23	2:45 - 4:00 PM	M W	Lomarena	Coed Ultimate Frisbee	2388
1/24 - 2/23	2:15 - 3:30 PM	Tu Th	San Joaquin	Coed Ultimate Frisbee	2389
1/24 - 2/23	2:45 - 4:00 PM	Tu Th	Valencia	Coed Ultimate Frisbee	2390

SESSION II:

3/12 - 4/19	2:45 - 4:00 PM	M W	Lomarena	Coed Soccer	2391
3/13 - 4/19	2:15 - 3:30 PM	Tu Th	San Joaquin	Coed Soccer	2392
3/13 - 4/19	2:45 - 4:00 PM	Tu Th	Valencia	Coed Soccer	2393

Fee: \$35

Weeks: 5

Grades: 3-6 (Ultimate Frisbee), K-6 (Soccer)

Instructor: Community Services Staff

SAVE THE DATE!

The City of Laguna Hills 14th annual Memorial Day Half Marathon & 5K will take place Monday, May 28, 2012. To help those ages 8-13 train for this event, the Community Services Department will once again offer the Children's Running Program. Join us at the Community Center on Mondays and Wednesdays 4/2-5/23 or Tuesdays and Thursdays 4/3-5/24, from 4:00-5:00 PM.

Hiking Club



The Hiking Club is a series of hikes that explore various wilderness areas in Orange County. The hikes are held at an intermediate level hiking pace and encounter a variety of terrain, including hills, with distances of 4-6 miles. Class meets at the Laguna Hills Community Center every other Saturday with transportation provided by city staff to all destinations. **Schedule: 1/28:** Aliso and Wood Canyons Wilderness Park – Aliso Canyon Trail; **2/11:** Peter's Canyon Wilderness Park – Peters Canyon Loop; **2/25:** San Juan Canyon – San Juan Loop; **3/10:** Caspers Wilderness Park – Juaneno Trail.

DATES	TIME	DAY	CLASS
1/28 - 3/10	8:00 AM - 12:00 PM	Sa	2401

Fee: Resident \$35, Non-Resident \$40

Ages: 15 and older

Location: LHCC

Class Sessions: 4

Instructor: Community Services Staff

Beginning Hiking



Have fun learning basic hiking techniques and discover the native plants, animals and history while enjoying the local wilderness parks.

This beginner level class is a series of four hikes that are held at a slow, comfortable pace with some small hills with approximate distances of 3 miles. Participants should bring plenty of water and hiking boots or good walking shoes. Class meets at the Laguna Hills Community Center every other Saturday with transportation provided by City Staff to all destinations. **Schedule: 1/21:** Caspers Wilderness Park – Juaneno Trail; **2/4:** O'Neil Regional Park – Hoffman Homestead Trail; **3/3:** San Juan Canyon – San Juan Trail Loop; **3/17:** Riley Wilderness Park – Wagon Wheel Loop.

DATES	TIME	DAY	CLASS
1/21 - 3/17	8:00 AM - 12:00 PM	Sa	2400

Fee: Resident \$35, Non-Resident \$40

Ages: 15 and older

Location: LHCC

Class Sessions: 4

Instructor: Community Services Staff

ACTIVITY SCHEDULE



CIRCLE OF FRIENDS

The Circle of Friends Program is for individuals with disabilities who are age thirteen and older. Activities are designed to foster social skills, increase leisure opportunities and create friendships while enhancing developmental needs for teens and adults of all abilities. Programs include movie nights, local excursions, social dances and more! To be added to our Circle of Friends quarterly newsletter mailing list or to find out more about the program, please call (949) 707-2683.

Circle of Friends Hoedown

Come one come all, join us for a night of line dancing and fun at the Laguna Hills Community Center! We hope you can come! Please RSVP at (949) 707-2683.

DATES	TIME	DAY	CLASS
1/13	7:00 - 9:00 PM	F	2397

Fee: \$5
 Location: LHCC
 Instructor: Community Services Staff
 Ages: 13 and older

Circle of Friends Valentine's Dance

Invite a friend and join us for a special evening at the Circle of Friends Valentine's Dance! Please RSVP to (949) 707-2683. We hope to see you there!

DATES	TIME	DAY	CLASS
2/3	7:00 - 9:00 PM	F	2396

Fee: \$5
 Location: LHCC
 Instructor: Community Services Staff
 Ages: 13 and older

Circle of Friends Karaoke Night

Let's kick off St. Patrick's Day a little early! Dress in green and join us for an exciting evening of karaoke at the Laguna Hills Community Center! Light snacks will be provided. Please RSVP in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
3/16	7:00 - 9:00 PM	F	2395

Fee: \$5
 Location: LHCC
 Instructor: Community Services Staff
 Ages: 13 and older

REGISTER EARLY

Help us avoid cancelling class due to low enrollment....Remember to register early! For details on how to register for classes, see the registration form in the front of the brochure.



ACTIVITY SCHEDULE

SPORTS LEAGUES

EMERITUS

Adult Basketball League



Registration for Adult Basketball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$30 per game official's fee.

LEAGUE	DATES	TIME	DAY	CLASS
Men's Competitive	1/10 - 3/27	6:10, 7:00, 8:00 PM	Tu	2317

Fee: \$325 Location: LHCC Ages: 18 and older

Adult Softball League



Registration for Adult Softball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$15 per game umpire fee.

LEAGUE	DATES	TIME	DAY	CLASS
Competition Co-ed	1/13 - 3/23	6:15, 7:30, 8:45 PM	F	2318
Men's Recreation	1/9 - 4/2	6:15, 7:30, 8:45 PM	M	2319
Men's Lower "D"	1/11 - 3/28	6:15, 7:30, 8:45 PM	W	2320
Men's Upper "D"	1/10 - 3/27	6:15, 7:30, 8:45 PM	Tu	2321
Men's Upper "C"	1/12 - 3/22	6:15, 7:30, 8:45 PM	Th	2322

Fee: \$425 Location: LHCC Ages: 18 and older

Adult Volleyball League



Registration for Adult Volleyball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$12 per game referee fee.

LEAGUE	DATES	TIME	DAY	CLASS
Recreational Co-ed	1/11 - 3/28	6:10, 7:00, 8:00, 9:00 PM	W	2323
Women's	1/9 - 4/2	6:10, 7:00, 8:00, 9:00 PM	M	2324

Fee: \$225 Location: LHCC Ages: 18 and older

Saddleback College Senior Emeritus Program



These classes are sponsored by Saddleback College Emeritus Program and held in the gymnasium at the Laguna Hills Community Center; **the gymnasium is not air conditioned**. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emertus.

DAY	CLASS	TIME
The following classes meet 1/9-4/8:		
MW	Yoga Fitness	9:00 - 9:50 AM
MW	Aerobic Exercises	10:00 - 10:50 AM
MW	Pilates Conditioning	11:00 - 11:50 AM
TTH	Sequential Stretch	8:30 - 9:20 AM
TTH	Pilates Conditioning	9:30 - 10:20 AM
TTH	Aerobic Exercises	10:30 - 11:20 AM

DAY	CLASS	TIME
The following classes meet 1/9-5/17:		
Fri	Beginning Tai Chi	9:00 - 11:50 AM
Fri	Pilates Conditioning	10:00 - 11:30 AM

Location: LHCC Ages: 50 and older

COMMUNITY TELEPHONE



Laguna Hills City Hall	949.707.2600
Laguna Hills Graffiti Hotline	949.707.2656
OC Public Technology Branch Library	949.707.2699
Orange County Sheriff's Dept. (24 hour)	949.770.6011
Florence Sylvester Memorial Senior Center	949.380.0155
Saddleback Valley School District	949.586.1234
Laguna Hills High School	949.770.5447
Department of Motor Vehicles	800.777.0133
South Orange County Chamber	949.635.5800
Orange County Animal Care Services	714.935.7419
MOMS Club of Laguna Hills	949.224.3065

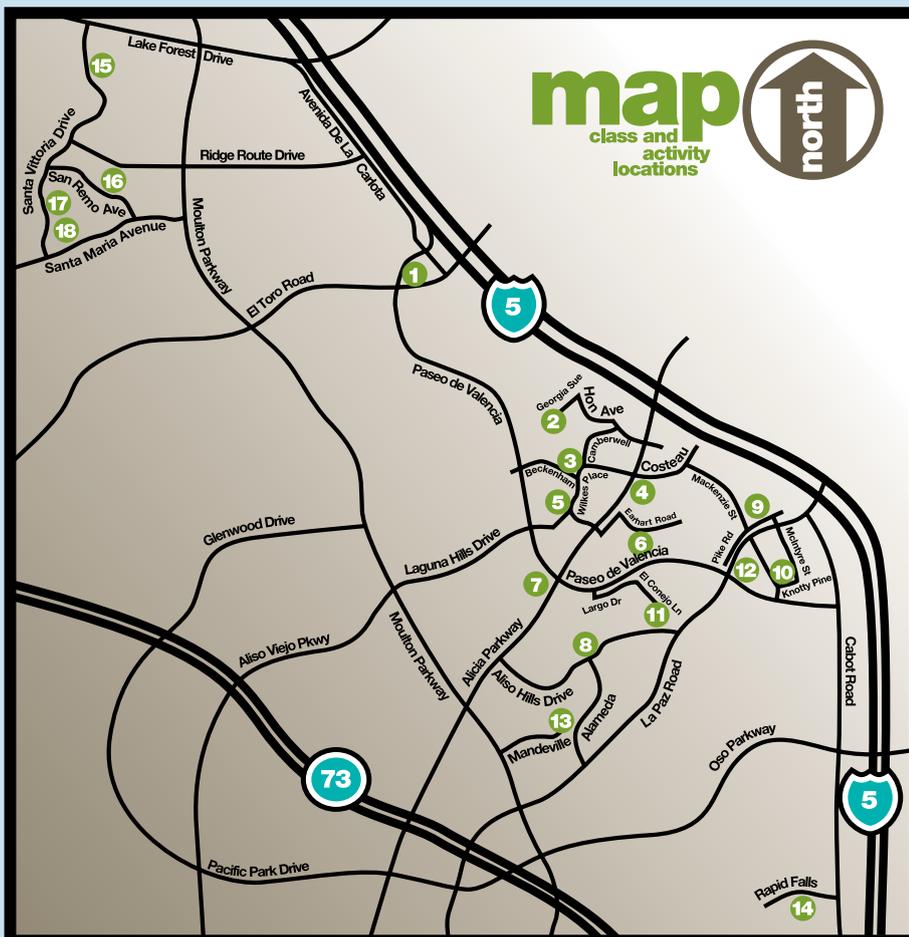


SPORTS & YOUTH GROUPS

AYSO Region 1422	www.ayso1422.org
Laguna Hills Little League	949.206.5414
Laguna Hills National Junior Basketball	www.lhnjb.net
California Street Hockey Association	714.738.8329



CLASS **ACTIVITY** LOCATIONS



- 1 City Hall
- 2 Clarington Park
- 3 Beckenham Park
- 4 Costeau Park
- 5 Stockport Park
- 6 Lomarena Elementary
- 7 LHCC & Sports Complex
- 8 Mendocino Park
- 9 Mackenzie Park
- 10 Knotty Pine Park
- 11 El Conejo Park
- 12 Valencia Elementary
- 13 Mandeville Park
- 14 Cabot Park
- 15 Veeh Ranch Park
- 16 San Remo Park
- 17 Santa Vittoria Park
- 18 San Joaquin Elementary

City of Laguna Hills REGISTRATION FORM

Winter Registration begins Tuesday, December 13, 2011

On-Line

www.ci.laguna-hills.ca.us

Walk-In

Laguna Hills Community Center
at **25555 Alicia Parkway**

Phone-In

Call **(949) 707-2680**, for credit card users only

Mail-In

Make check payable to City of Laguna Hills,
and mail it to:

**City of Laguna Hills
Community Services
25555 Alicia Parkway
Laguna Hills, CA 92653**

Information

- A \$35 fee is charged on all returned checks.
- Families enrolling more than one child in the same class taught by Community Services Staff will receive a 25% discount for additional children enrolled. Not applicable to special events, camps, after-school sports or contract classes.
- If you need special accommodations for any of our activities, please notify staff 72 hours prior to the event at 949.707.2680.

Full refunds are issued for any class cancelled by the City. Refund requests made prior to the start of an activity will be granted without explanation but will be subject to a \$5 service charge per request. Refund requests must be made prior to the second class meeting.

No refund will be granted after that time. Special events, one day programs and camps do not receive refunds unless the participant's spot is filled. Refund processing takes 3-4 weeks from the date of the request. The City will mail all refund checks.

Adult Name _____
Last First Date of Birth

Address _____
Number Street City Zip

Home Phone _____ Work Phone _____

Cell Phone _____ Email Address _____

TITLE OF CLASS	CLASS NUMBER	DATES	PARTICIPANT'S LAST NAME	PARTICIPANT'S FIRST NAME	BIRTH DATE	FEES (RESIDENT)	FEES (NON-RES)
						\$	\$
						\$	\$
						\$	\$
						\$	\$
						\$	\$

FEES ARE SUBJECT TO CHANGE. INCOMPLETE FORMS WILL NOT BE PROCESSED AND PARTICIPATION IN A CLASS/EVENT REQUIRES A SIGNED AND COMPLETED REGISTRATION FORM PRIOR TO THE START OF THE CLASS/EVENT. ALL MINOR PARTICIPANTS MUST BE REGISTERED BY PARENT OR LEGAL GUARDIAN.

total program fees \$

Release and Waiver of Liability and Indemnity Agreement

In consideration of the opportunity to participate in these activities, I hereby release, waive, and hold harmless the City of Laguna Hills ("City") and its Council members, officers, employees, agents, instructors, activity organizers and sponsors (collectively "City Representatives") from any and all suits, claims, damages, losses, injuries (including property damage, bodily injury, or death), and any other compensable loss of any time (collectively "Claims") to myself and "My Agents" (which includes my minor children, members of my organization, agents, and employees) arising out of participation in these activities, whether or not the negligence of the City or City Representatives contribute to or cause the Claims. This release does not apply to the extent the Claims are caused by the gross negligence or willful or wanton misconduct of the City or City Representatives. I further agree to defend and indemnify the City and City Representatives from any and all Claims directly or indirectly arising out of the acts or omissions of me or My Agents. I consent for video and photographs to be taken of me and My Agents for use in future City publications and understand that I and My Agents will not receive any compensation for such use.

I CERTIFY THAT I HAVE READ AND UNDERSTAND THIS, AND AGREE ON BEHALF OF MYSELF, MY SPOUSE AND MY CHILDREN.

Signature of Participant or Parent/Guardian of participant if under 18 years of age

Date