



laguna hills

CITY VIEWS



More Economic Development MORE SUCCESS



What's Inside?

- Development Continues
- Sales Tax Statistics
- Local Business Spotlight
- Police Services Annual Report
- Election News
- Coyote Safety
- Community Information



laguna hills
CITY VIEWS
2012 FALL NEWS MAGAZINE & ACTIVITY GUIDE

CITY HALL HOURS:

8 am – 5 pm Monday – Friday

ENGINEERING, PLANNING AND BUILDING COUNTER HOURS:

1 pm – 5:30 pm Monday – Thursday

1 pm – 5 pm Friday

Regular City Council Meetings are held on the second and fourth Tuesday of each month.

Traffic Commission Meetings are held on the third Wednesday of January, March, May, July, September and November.

Parks and Recreation Commission Meetings are held on the first Wednesday of February, April, June, August, October and December.

All meetings begin at 7 pm in the City Council Chambers.



LAGUNA HILLS CITY COUNCIL:

Melody Carruth
Mayor

Joel Lautenschleger
Mayor Pro Tem

Randal Bressette

Barbara Kogerman

L. Allan Songstad, Jr.

A Message
from the **CITY**

August may have brought 90-degree days to Laguna Hills, but the City's business climate is even hotter.

As other cities struggle to find their way economically in the wake of the elimination of redevelopment, Laguna Hills continues to see new businesses open, existing businesses do well and even older buildings put on a new face.

The intersection of El Toro Road and Avenida De La Carlota continues to be the driving force for Laguna Hills' economic engine. On the heels of the opening of Ashley Furniture, Chick-fil-A opened in July. More than 200 people camped out for the opportunity to be the first customers in line. Read more about Chick-fil-A's opening on page 2. In the same plaza, Total Wine & More opened August 16.

Not far from the new eatery, Dee Nguyen has seen the popularity of his restaurant, Break of Dawn, soar. The American Airlines' in-flight magazine featured Nguyen and the story of Break of Dawn in its current issue. The article on Break of Dawn can be found on page 5.

Additionally, the new owners of the Taj Mahal office building near the hospital have finished their renovation. The work restores the building's grandeur as a top-notch medical office location. See more about the Taj Mahal, including its famous history, on page 3.

The coming months may bring lower temperatures, but so far there's no sign of Laguna Hills' business climate cooling.

laguna hills
CITY VIEWS

City Views is an award winning quarterly magazine published by the City of Laguna Hills and is distributed as a public service to City residents and businesses. We welcome your suggestions and feedback and value your involvement in the community. Please send or call in any comments or questions to:

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www.ci.laguna-hills.ca.us



ON THE COVER

David and Jessica Sykora moved across the country to open their Chick-fil-A franchise in Laguna Hills. When the long-awaited day finally arrived, more than 200 people – some with sleeping bags and tents – were waiting to celebrate with them. Chick-fil-A is just one of several key ingredients in the City's economic growth. See the full story on page 2.

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MORE GOOD NEWS

MORE NEW BUSINESSES



Total Wine & More

Total Wine & More, the country's largest independent fine-wine retailer, opened its El Toro Road store on August 16, completing the revitalization of a key Laguna Hills shopping center.

Total Wine & More joins Ashley Furniture and Chick-fil-A at the highly visible intersection of El Toro Road and Avenida De La Carlota. The two businesses occupy the building that once housed Circuit City.

The rapidly growing chain operates more than 80 superstores across 13 states. True to its name, each store typically carries a selection of more than 8,000

different wines, as well as a large selection of beer. The store also holds wine tastings and has computers throughout the store that can help customers pair food recipes with the perfect wine.

Chick-fil-A Opening Draws Hundreds

More than 200 people rolled out sleeping bags and set up tents in the parking lot of the new Chick-fil-A on El Toro Road in late July to be among the first to welcome the restaurant to the City of Laguna Hills. In the usual Chick-fil-A opening tradition, the first 100 customers win a free meal a week for a year.

"I just get goose bumps," said David Sykora, who owns the franchise with his wife, Jessica. "We're just so excited to be in Laguna Hills. The response has been overwhelming."

Sykora spoke as he welcomed customers into the store on its first full day of business. The Chick-fil-A is located on El Toro Road, in the front of a parking lot shared by Ashley Furniture HomeStore and Total Wine & More. The restaurant completes the new face of the center that formerly housed Circuit City.

Skip MacHarg, a local business consultant for the Atlanta-based Chick-fil-A, said Laguna Hills was a sought-after location for the chain. "We've been working a long time to get into the City," MacHarg said.





David Sykora said City staff was “great” to work with as the restaurant made its way through the approval process. He said he was also thrilled when the Mayor and Council members attended a preview opening.

David Sykora said he and his employees – the Laguna Hills Chick-fil-A hired 70 workers from more than 600 who applied – were just focusing on providing top-notch chicken sandwiches, and service, to customers.

The Laguna Hills Chick-fil-A is the 15th in Orange County and 50th in the state, MacHarg said. The restaurants are closed on Sundays.

The Sykoras and their crew handed out more than 300 of their signature sandwiches at Saddleback Memorial Medical Center in the days before the restaurant officially opened. “It was our gesture of support for those who support others,” Sykora said, pausing to refill a customer’s drink. “We want to become part of the community.”

Taj Mahal Back in Business

The Taj Mahal Medical Center has undergone a major renovation and is open for business in the area of Saddleback Memorial Medical Center and Laguna Hills Mall.

The 1967 building was built with a design that was so cutting edge at its time that it was featured as a backdrop in The Invaders television series. This building was designed in the “New Formalism” architectural style, defined as a reaction to the perceived sterility and lack of individuality

common to postwar Modernism. It was commonly used in banks, universities and corporate offices.

Over the years, the tenants have evolved from medical professionals to general businesses. The Mueller Company, which owns the complex, last year obtained approval to perform a major renovation on the complex, at the northeast corner of Paseo de Valencia and Calle de la Plata. The improvements included:

- Expanding the complex by 6,100 square feet by eliminating underground loading areas
- Adding interior improvements that include a 2nd elevator
- Constructing a 6,300-square-foot Plaza with a fountain at the building's east entrance
- Adding 100 parking stalls

With the improvements, the Taj Mahal's square footage increased to 89,699. In addition, the parking lot has been redesigned to make circulation more efficient, and the complex has been re-landscaped.

“The Taj Medical Center is a landmark project exceptionally well identifiable in the dynamic Laguna Hills Micro Market,” Mueller says in its marketing materials. “The project offers a premier location providing one of the best financial and medical office locations in South Orange County, immediately adjacent to Saddleback Memorial Hospital, The Laguna Hills Mall, and Laguna Woods Village.”



SALES TAX STATISTICS

City Sees Sales Tax Gains in 5 Categories

The Great Recession has taken a heavy toll on governmental agencies at all levels throughout the State. Having bottomed out in 2009, however, the State and region continue to make solid progress toward economic recovery in fiscal year 2011-2012. Job gains, easier credit, pent-up demand, higher fuel prices, and increased tourism and business travel have contributed to a recovery, albeit slower than initially anticipated.



Because of its contribution to the City budget and its responsiveness to the economy, one of the best

indicators of economic growth is the City's sales tax revenues. Sales taxes generate the second-largest single source of income for the City's General Fund, accounting for 29.3 percent of the \$17.4 million operating budget for fiscal year 2012-13. Property taxes account for the largest single revenue source for the City, at 45 percent. In fiscal year 2011-2012, gross sales tax revenue receipts showed a modest increase over the same period in 2011-2012. We expect revenues will increase as new retailers and restaurants open for business.

By law, specific information may not be released about the sales of individual businesses, but merchants are grouped into categories for comparison and growth-tracking. Overall, the City's sales tax revenues climbed in five categories in the first quarter of 2012. General Consumer Goods brought in about \$470,000, while Fuel and Service Stations generated \$120,000 in sales tax for the City. Food and Drugs brought in \$29,000. The biggest increase was seen in Business and Industry, which generated approximately \$150,000 in sales tax during the first quarter of 2012.

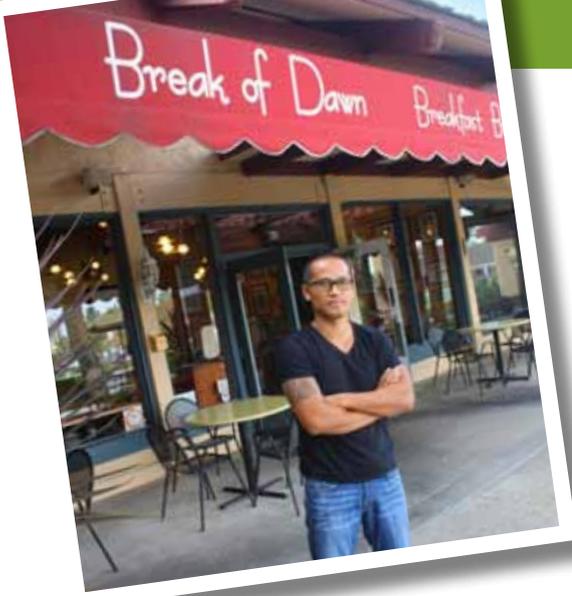
The Laguna Hills numbers for the first quarter of 2012, of course, do not include sales from the recently opened Ashley Furniture HomeStore, Chick-Fil-A, or Total Wine & More; however, we are certain these new additions to the City will soon break into the Top 25 Sales Tax Producers.

Laguna Hills' Top 25 Producers (in alphabetical order)

1	Alicia Laguna
2	Chicago Pizza & Brewery
3	Dick's Sporting Goods
4	Easy Life Furniture
5	Elephant Bar
6	G&M Oil
7	G&M Oil
8	General Electric
9	Howards Appliances
10	In N Out Burger
11	JC Penneys
12	Kings Seafood
13	Laguna Hills Shell
14	Lamps R Us
15	Macys
16	Marshalls
17	Material Supply
18	Nordstrom Rack
19	Outback Steakhouse
20	Phillips Buick Mazda
21	Sears
22	Sit N Sleep
23	Supple Beverages
24	Tagg Industries
25	Tesoro Refining & Marketing

Revenue By Business Group

Consumer Goods:	45%
Restaurants:	16%
Business and Industry:	14%
Fuel:	11%
Autos and Transportation:	7%
Others:	6%



LOCAL BUSINESS SPOTLIGHT

decided he wasn't emphasizing the proper ingredients. Not in his dishes, in his life.

Nguyen and his wife, Linh, are the proud parents of a 10-year-old boy, Berlin. Berlin was born with Eagle-Barrett syndrome, leaving him with almost no abdominal muscles, a bladder that didn't work and other medical issues. He underwent surgery-after-surgery, and in one, was deprived of oxygen for 15 minutes. After he was revived, he stopped breathing for another five minutes. On top of his already existing physical challenges, his brain was left severely damaged.

Caring for Berlin, who today loves playing baseball in his Challenger's league and never stops smiling, is a full time job. As Nguyen worked 14-hour-plus days to climb the ladder at the Ritz, he realized he wasn't helping his wife at home.

"I felt like a bad father and a bad husband," Nguyen says. So he left the Ritz, and with the support of his wife – whom he calls the backbone of the business – opened Break of Dawn. The restaurant only serves breakfast and lunch.

"I haven't missed dinner with the family since we opened," Nguyen says. "I am home by 2:30 every day to chill with my son."

The first year the restaurant opened, the family counted pennies and scraped by, Nguyen said. Now, they're doing better than they'd ever dreamed of. He knows the Ritz, like his experiences with his son, helped him become who he is today, but there's no way he'd go back to the corporate kitchen.

Even the name of the restaurant reflects a new attitude. Break of Dawn means the start of a new day – breakfast time – but it also means a fresh start, a renewal, for Nguyen and his family.

"It has all been a blessing," Nguyen says. "My life has changed completely, and it's changed how I view my job, how I view my family, how I view the world."

Break of Dawn is at 24351 Avenida De La Carlota #N-6 and is open Wednesday through Friday from 8 a.m. to 1:30 p.m. and Saturday and Sunday from 8 a.m. to 2 p.m. Call (949) 587-9418 or visit www.breakofdawn.com for more information.

The Right Ingredients

In the six years since he opened Break of Dawn restaurant in the Oakbrook Village Center, Dee Nguyen has seen business grow as news of his unusual and tasty menu spreads by word-of-mouth.

Now, word of Laguna Hills' hidden gem has gone sky-high, as Nguyen's restaurant was featured in the latest issue of the American Airlines in-flight magazine.

Nguyen's honored by the attention, but has some advice for newcomers: Get here early.

"It's packed on weekends; we have a waiting list," Nguyen, 41, says, sitting in the 65-seat eatery on a quieter Thursday morning. "People start pouring in about 10, 10:30. By 11 a.m., forget it."

The customers pour in for Nguyen's unique fusion of American and Vietnamese cooking styles and dishes. Where else but Break of Dawn are you going to find lamb for breakfast? Nguyen cooks the lamb with sumac, a lemony Middle Eastern spice, and serves it with German spaetzle and olives and feta cheese.

"It sounds crazy, but it works. It's selling like hot cakes," Nguyen said, his pun going unnoticed. Break of Dawn also sells a 62-degree poached egg—cooked so slowly in a Japanese style that Nguyen promises it will be the creamiest egg you've ever tasted.

But the American Airlines article is as much about why Nguyen launched Break of Dawn as it is about the restaurant.

Nguyen was working his way up the high-end chef ladder, earning a position as executive sous chef at the prestigious Ritz-Carlton, Laguna Niguel when he

POLICE SERVICES ANNUAL REPORT

Laguna Hills Remains Safe

The City of Laguna Hills remains one of the safest communities in America, thanks to the hard work by the Orange County Sheriff's Department. Laguna Hills contracts with the Orange County Sheriff's Department for Police Services.

This fiscal year, the City's contract for Police Services totaled slightly more than \$6.5 million for the 28 sworn and non-sworn employees who make up the Laguna Hills Police Services Department. The City's staff includes an Administrative Sergeant, two Patrol Sergeants, two Investigators, one Directed Enforcement Team Deputy, 14 Patrol Deputies, three Traffic Deputies, one School Resource Officer, two Community Services Officers and one Crime Prevention Specialist.

Response Times

One indicator of the effectiveness of the City's police staff is response times to calls for service. Calls for service are broken down into the following four categories:

Priority 1 calls include criminal and non-criminal situations where there is immediate danger of injury to any person, such as violent assaults, robberies and injury traffic collisions. Police Services' goal is to answer these calls within five minutes or less. In 2011, priority 1 call response times averaged 4:50 minutes.

Priority 2 calls consist of serious crimes that have just occurred, but present no immediate danger. Examples include verbal disputes, robberies or burglaries which have already occurred and alarm calls. In 2011, the response times to these calls averaged 7:29 minutes, far below the stated response-time goal of 12-minutes.

Priority 3 calls are reports of crimes significantly after they have occurred, non-injury traffic collisions or public drunkenness. The goal is to respond to these calls within 20 minutes or less. In 2011, these calls were answered within an average of 11:36 minutes.

Priority 4 calls include non-emergency incidents where the informant does not want or need to be contacted. These calls include parking complaints, loud music or parties. In 2011, this resulted in an average response time of 20:07 minutes.

Statistics

Laguna Hills Police Services handled a total of 14,215 incidents in 2011. Of these calls, 7,889 calls were from the public and 6,326 represented "self-initiated" activities while deputies were on patrol.

Since 2007, the City of Laguna Hills has seen a decrease in the number of Part 1 crimes reported.

Over the last five years, robberies have decreased by 21 percent, aggravated assaults by 9 percent and burglaries have decreased by 36 percent.

In addition, the number of injury traffic collisions has come down by 8 percent, as has the number of rapes reported, by 67 percent.

CONTRACT LAW ENFORCEMENT COMPARISON

	Per Capita Cost	Sworn Staff Per Population (1000)
Dana Point	\$274	1.02
Laguna Hills	\$215	0.82
San Juan Capistrano	\$207	0.81
San Clemente	\$186	0.69
Mission Viejo	\$162	0.62
Lake Forest	\$159	0.60
Rancho Santa Margarita	\$148	0.57
Laguna Niguel	\$145	0.54
Aliso Viejo	\$130	0.50

These graphs show the coverage of Sheriff's deputies per 1,000 residents, as well as the amount spent on Police Services within the City. Once again, Laguna Hills remains one of the highest staffed cities in south Orange County.

City Offers Survival and Recovery Classes

Laguna Hills Police Services will be hosting a free, eight-week training program focused on survival and recovery from the effects of natural and man-made disasters. The course will include Earthquake/Disaster Preparedness, Fire Safety, Light Search & Rescue, and more. Seating is limited and priority registration will be given to residents of Laguna Hills.

The academy will be held on **Thursdays, September 27th through November 15th from 6:30 p.m. – 9:30 p.m.** at the Laguna Hills Community Center. To register, contact Brittney Oldham at (949) 707-2641 or boldham@ocsd.org.

First class: Thursday, September 27
Laguna Hills Community Center
25555 Alicia Parkway
Laguna Hills, CA 92653



2012 Election, Do Your Part!

The 2012 general election is approaching and it's a chance for you to make your voice heard about how the City, County, State and Nation are run. However, general elections are a huge undertaking and require the work of many volunteers. The Orange County Registrar of Voters typically has more than 1,000 polling places during a general election with 5-6 volunteers at each location, which means approximately 6,000 volunteers are needed across the County.

Volunteers are needed for a variety of positions including:

- Poll Site Hosts
- Election Inspectors
- Clerks
- Coordinators
- Collection Center Workers
- Election Night Tally Center Workers
- Polling Site Workers

How Can You Get Involved?

If you would like to become an Election Day volunteer, go to www.ocvote.com where you can learn more about the requirements and different positions.

To Cast Your Vote

Voters will make key decisions on all levels in November. Nationally, voters will choose a President. Statewide, voters will consider a tax. Locally, two new Laguna Hills council members will be elected.

You can check your current voter registration online at www.ocvote.com. The last day to register and still be able to vote in the November 6 election is October 22 – although those who register after October 8 will not get a sample ballot in the mail. If you want to vote by mail, new requests must be received by the Registrar of Voters by October 30.



COYOTE SAFETY



Living with Coyotes

With its vast amounts of open spaces, coyotes are nothing new to South Orange County and Laguna Hills. According to OC Animal Care, most coyotes within the urban setting are the offspring of generations of coyotes who lived and flourished in the urban areas of Orange County.

To reduce the chance of unwanted coyotes visiting your home or neighborhood, we encourage residents to familiarize themselves with a variety of coyote abatement techniques, specifically hazing. Hazing is the process of motivating a behavioral change in coyotes. This technique employs immediate use of deterrents to move an animal out of an area or discourage undesirable behavior or activity. Hazing does not harm or damage animals, humans, or property. Below is a list of various hazing techniques, along with other useful tips:

- **Do NOT feed the coyotes.** Providing food to coyotes encourages coyotes to become dependent on humans and, ultimately, results in coyotes becoming more comfortable around humans.
- **Make loud noises.** If a coyote is spotted on your property—perhaps it got into your back yard—make loud noises that make the coyote uncomfortable. Try blowing horns or banging pots and pans.

- **Spray water.** Use a hose to spray water at a coyote.
- **Show bright lights.** Shine a bright flashlight or other distracting, bright lights.

These hints and tips are only helpful if the coyote has somewhere to run. **DO NOT CORNER A COYOTE.**

The City of Laguna Hills will be offering a Hazing class through the Community Services Department aimed at providing an opportunity for residents to actively learn various hazing strategies and techniques, and practice them in a controlled environment. The class will be held on October 10 at the Laguna Hills Community Center with the goal of making residents feel comfortable implementing hazing techniques. Laguna Hills residents are encouraged to sign up for the class through the Community Services Department. There will be a nominal \$10 fee for the class.

As a reminder, if you have an encounter with a coyote, please notify the City of Laguna Hills at mau-yeung@ci.laguna-hills.ca.us and provide your name, address, and phone number, along with the information of the encounter. For more information and tips, please visit http://www.ci.laguna-hills.ca.us/depts/public_safety/coyotes.asp.

COMMUNITY INFORMATION



16th Annual Inner-Coastal and Watershed Cleanup Day

The City of Laguna Hills is partnering with the County of Orange, non-profit organizations, corporate sponsors and other jurisdictions throughout the State to once again participate in the "Inner-Coastal & Watershed Cleanup Day," held in conjunction with the Annual Coastal Cleanup Day.

The event brings together residents and volunteers to increase water quality awareness and to pick up trash and debris within the watershed. This year, volunteers will focus on cleaning up the Aliso Hills Channel (City Wetlands) from Via Lomas to Laguna Court, as well as the Edison Trail behind the high school from Alicia Parkway to Indian Hill Lane.

Trash and debris in our inner-coastal waterways – including local creeks – contribute litter into the Pacific Ocean. The pollution may cause the ocean waters to be unhealthy for swimming and other water activities; and it can also be harmful to marine life.

In 2011, 1,928 volunteers in Orange County collected more than 38,160 pounds of trash and recyclables. In Laguna Hills, 33 volunteers collected approximately 330 pounds of trash and 110 pounds of recyclables.

This year's event is being held at the Laguna Hills Community Center on Saturday, September 15, from 9 a.m. to noon. For more information, contact the Laguna Hills Public Services Department at (949) 707-2657. Volunteer groups may pre-register by sending an email to hjaved@ci.laguna-hills.ca.us or by visiting www.trails4all.org.



2012 FALL

COMMUNITY SERVICES

ACTIVITY GUIDE



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CALENDAR OF EVENTS

- Aug 28** Fall Registration Opens
- Sep 9** Circle of Friends Pizza & Movie Night
- Sep 22** 3v3 Fall Classic
- Oct 5** Middle School Dance
- Oct 19** Circle of Friends Halloween Dance
- Oct 27** A Ghostly Affair
- Nov 16** Circle of Friends Broom Hockey
- Dec 8** Breakfast with Santa
- Dec 14** Circle of Friends Holiday Dinner Dance

NEW NEW THIS FALL!

- Mat Pilates
- Electric Guitar
- Spooktacular Wizardly Treat Workshop
- Ballerina Craft Workshop
- Build-A-Gingerbread House Workshop
- Fossil Finders Fossil Fixers
- Goal Setting

STAY INFORMED

If you'd like to receive email notifications with City Information or on upcoming classes, programs and events please visit our website, www.ci.laguna-hills.ca.us.



2 Special Events



3-5 Early Childhood

6-7 Cultural Arts

7-8 Dance

8-9 Personal Development

9-12 Sports & Fitness



13 Circle of Friends

14 Sports Leagues

14 Emeritus





ACTIVITY SCHEDULE

SPECIAL EVENTS

A Ghostly Affair

BOO-OO-OO! You are invited to join us for an evening of hair-raising fun. Our Ghostly Affair includes ghoulish snacks, exciting games, Halloween maze, tons of prizes, and plenty of opportunities for great pictures – so don't forget your camera! Dress up in your favorite costume and join the fun!

DATES	AGES	TIME	DAY	CLASS
10/27	6 & under	5:00-5:45 PM	Sa	2761
	7-12	5:45-8:00 PM	Sa	2792

Fee: Resident \$5, Non-Resident \$10
 Location: LHCC
 Instructor: Community Services Staff

Breakfast with Santa

Ho, Ho, Ho! Santa will be arriving at the Laguna Hills Community Center for a morning full of holiday fun! Join us for a special celebration complete with a scrumptious pancake breakfast, photos with Santa and holiday crafts! Children must be accompanied by a paying adult. Sign up soon, space is limited and **registration closes December 5th!**

DATES	TIME	DAY	CLASS
12/8	9:00-10:30 AM	Sa	2762

Fee: Resident \$10, Non-Resident \$15, per person
 Location: LHCC
 Instructor: Community Services Staff
 Ages: All ages

LOOKING FOR A VENUE FOR A PRIVATE FUNCTION OR BUSINESS MEETING?



The Laguna Hills Community Center is the focal point of the City's recreational, leisure, and cultural interests and an ideal place to host an event whether it is a wedding reception, business meeting, seminar, birthday party or other celebration. The 43,000 square foot building includes a large banquet facility, full-functioning catering kitchen, large classroom, art room, physical activity room and gymnasium as well as several picnic shelters in the adjacent Sports Complex. These facilities are available for rent through the Community Services Department. For additional information regarding these facilities, please call (949) 707-2680. The Community Center and Sports Complex reservation fee schedule is available on the City's website at www.ci.laguna-hills.ca.us.

ACTIVITY SCHEDULE



EARLY CHILDHOOD

CULTURAL ARTS

Tunes and Tales

Let's get the wiggles out! Join Ms. Vivian in her 19th year teaching this popular Music and Movement class. Sing-a-longs and fingerplay songs start off this fun-filled class followed by music activities using bean bags, rhythm sticks, instruments and a parachute. We will even have a chance to read a short story each week (2 1/2 - 4 year class only). The children have a great time while developing their listening and social skills. Parent/adult participation is required. Come join the fun!

DATES	TIME	DAY	CLASS
Ages 1 ½ - 2 ½ :			
9/18 - 10/16	9:30-10:10 AM	Tu	2532
10/30 - 11/27	9:30-10:10 AM	Tu	2667
Fee: Resident \$40, Non-Resident \$45			
Ages 2 ½ - 4:			
9/18 - 10/16	10:15-11:10 AM	Tu	2535
10/30 - 11/27	10:15-11:10 AM	Tu	2668

Fee: Resident \$45, Non-Resident \$50
 Location: LHCC
 Instructor: Vivian Stapleton
 Class Sessions: 5

Christmas Tunes and Tales

Join us as we sing and play our way through Christmas carols and holiday music. We'll use jingle bells, instruments, a parachute and more as we sing about Rudolph and Santa. We'll also have time to read a holiday story. Let's get ready for "the most wonderful time of the year" together! Each registered child will receive a small gift. Parent participation is required.

DATES	TIME	DAY	CLASS
12/11	9:30-10:25 AM	Tu	2669
12/11	10:30-11:25 AM	Tu	2670

Fee: Resident \$14, Non-Resident \$16
 Location: LHCC
 Instructor: Vivian Stapleton
 Ages: 2-4

Music Together

Here is your chance to experience a nationwide research-based program packed with songs, rhymes, dance and instrumental jam sessions! Outstanding teachers with early childhood and music experience will lead participants in a wonderful musical learning experience. Parent participation is required. For more information please visit www.svmusictogether.net. Siblings: Resident \$ \$135, Non-resident \$140. Babies under 8 months may attend class for free with a registered sibling. A \$40 material fee is due to the instructor at the first class meeting (includes 2 CDs, illustrated song book, and parent guide).

DATES	TIME	DAY	CLASS
9/19 - 11/21	10:30-11:15 AM	W	2689
9/19 - 11/21	11:30 AM-12:15 PM	W	2690

Fee: Resident \$145, Non-Resident \$150
 Location: LHCC
 Instructor: Elena Salisbury
 Ages: 0-4
 Class Sessions: 10

Holidays with Music Together

Jingle those bells and deck the halls for a special Holiday Music Together class! Sing and dance to your favorite holiday songs with bells, shakers, scarves, finger plays and a holiday instrument jam session. Join us for juice, cookies and holiday cheer! Siblings: Resident \$25, Non-Resident \$30. Parent participation is required.

DATES	TIME	DAY	CLASS
12/5 - 12/12	10:30-11:15 AM	W	2691
12/5 - 12/12	11:30 AM-12:15 PM	W	2692

Fee: Resident \$35, Non-Resident \$40
 Location: LHCC
 Instructor: Elena Salisbury
 Ages: 0-4
 Class Sessions: 2

Do, Re, Mi Musical Me (Music/Piano)

This music/piano class encourages development of the whole child through music. Children will experience the sounds and rhythms of music through piano playing, learning piano fingering and playing simple tunes, singing do, re, mi notation/songs and creative movement. Keyboards are provided by the instructor for use in class. A \$15 material fee is due to the instructor at the first class meeting. Parent participation is required.

DATES	TIME	DAY	CLASS
10/4 - 11/8	9:30-10:15 AM	Th	2651

Fee: Resident \$114, Non-Resident \$119
 Location: LHCC
 Instructor: Sophi Albert
 Ages: 2½-5
 Class Sessions: 6



ACTIVITY SCHEDULE

EARLY CHILDHOOD

Peewee Picasso!

Attention all those 15 months to 2 years old. This class is just for you! Come participate at our Playdough Station, Collage Station, Drawing Station and the Painting Wall! Art lessons will encourage Life Essential Skills: Curiosity, Discovery, Critical Thinking and Self-Expression. Tempera paints, glitter paints, 3-D form, water color and more are just the beginning of this fantastic class! Learning through art a child can increase his or her self-esteem and build self-confidence. Lessons and projects rotate each session. A \$10 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	CLASS
10/5 - 11/30	9:30-10:20 AM	F	2747

Fee: Resident \$90, Non-Resident \$95
 Location: LHCC
 Instructor: Art To Grow On, Inc.

Ages: 0-2
 Class Sessions: 8

Play Dough Picasso!

Monet! Van Gogh! Picasso! Learn the techniques of the Masters along with visiting our Art Stations: Playdough, Collage, Drawing and our Painting Wall! Art lessons will encourage Life Essential Skills: Curiosity, Discovery, Critical Thinking and Self-Expression. Tempera paints, glitter paints, 3-D form, water color and more are just the beginning of this fantastic class! Learning through art a child can increase his or her self-esteem and build self-confidence. Lessons and projects rotate each session. A \$10 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	CLASS
10/5 - 11/30	10:45-11:45 AM	F	2748

Fee: Resident \$90, Non-Resident \$95
 Location: LHCC
 Instructor: Art To Grow On, Inc.

Ages: 3-5
 Class Sessions: 8

Parent & Tot Clay Time

Roll, pinch and pound! Come and enjoy some creative time with your little one! Your young artist will enjoy a tactile experience using clay, as we hand build playful projects step-by-step. Different projects each week. All pieces will be glazed and fired. Aprons will be provided. A \$20 material fee is due to the instructor at the first class meeting. **Parent participation is required.**

DATES	TIME	DAY	CLASS
10/19 - 11/16	2:30-3:15 PM	F	2652

***NO CLASS 11/9**

Fee: Resident \$65, Non-Resident \$70
 Location: LHCC
 Instructor: Lucia Henry

Ages: 3-5
 Class Sessions: 4

Spooktacular Wizardly Treat Workshop

NEW

Calling all Witches, Wizards and Muggles! Get ready for Halloween and join our treat-making workshop. We will create edible Magic Wands, Chocolate Covered Frogs and Cupcake Cauldrons. Come dressed as your favorite movie inspired witch or wizard! A \$10 material fee is due to the instructor at the start of class.

DATES	TIME	DAY	CLASS
10/20	1:00-3:00 PM	Sa	2784

Fee: Resident \$15, Non-Resident \$17
 Location: LHCC
 Instructor: Mia Alicea

Ages: 6-10

Ballerina Craft Workshop

NEW

Aspiring ballerinas will enjoy creating colorful crafts inspired by everyone's favorite dancing mouse! We will decorate tiaras, jewelry boxes and more in this fun-filled workshop. A \$10 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	CLASS
11/17	1:00-3:00 PM	Sa	2785

Fee: Resident \$15, Non-Resident \$17
 Location: LHCC
 Instructor: Mia Alicea

Ages: 4-7

Build-A-Gingerbread House Workshop

NEW

Deck the halls with holiday magic as we decorate beautiful gingerbread houses made from graham crackers, listen to seasonal-inspired music and enjoy yummy refreshments! A \$10 material fee is due to the instructor at the first class meeting. Parent participation is required; there is no charge for the attending parent.

DATES	TIME	DAY	CLASS
12/15	1:00-3:00 PM	Sa	2786

Fee: Resident \$15, Non-Resident \$17
 Location: LHCC
 Instructor: Mia Alicea

Ages: 3-7

ACTIVITY SCHEDULE



EARLY CHILDHOOD

PERSONAL DEVELOPMENT

Kindergarten, Here I Come!

Taught by a fully credentialed teacher, this exciting kindergarten readiness program will offer pre-schoolers crucial social and academic skills to prepare them for school. This parent participation program is designed for 4-5 year olds and will be thematically planned with lessons including language arts, math social studies, science and art. Please bring a snack each day as there will be a daily snack and recess time. **Children must have turned 4 years old by October 1, 2012 to register.** Parents will only need to sign up to volunteer in the classroom for four lessons. A \$10 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	CLASS
10/1-12/19	9:00 AM-12:00 PM	M W F	2666
*NO CLASS 11/2, 11/19, 11/21 & 11/23			

Fee: Resident \$425, Non-Resident \$430
Location: LHCC
Instructor: Jennifer Migliaccio

Ages: 4-5
Class Sessions: 31

Playtime!

Fun time, game time, craft time, PLAYTIME! Join us for days of fun-filled activities from music, arts and crafts, sports, and games. This special program is designed for lively little people and packed full of activities that initiate creativity, stimulate the imagination and encourage making new friends. Please send a sack lunch with your child each day. **Participants must be potty trained.**

DATES	TIME	DAY	CLASS
10/2-12/13	11:30 AM-2:00 PM	Tu Th	2789
*NO CLASS 11/20 & 11/22			

Fee: Resident \$175, Non-Resident \$180
Location: LHCC
Instructor: Community Services Staff

Ages: 3-5
Class Sessions: 20

Sports & Fitness

Junior Hoops

Improve your basketball skills in this class especially designed for children ages 5 to 7 years old. We will cover the fundamentals of passing, dribbling, shooting, and rebounding. Don't miss out!

DATES	TIME	DAY	CLASS
11/3-12/1	9:15-10:00 AM	Sa	2788
*NO CLASS 11/24			

Fee: Resident \$30, Non-Resident \$35
Location: LHCC
Instructor: Community Services Staff

Ages: 5-7
Class Sessions: 4

The City of Laguna Hills supports the health and wellness of the community through the provision of programs and facilities that promote fitness and well-being.



As you browse the Fall Class and Activity Schedule, be sure to note those programs designated with one of the "Get Fit" logos. These programs are offered as part of the City's Get Fit Campaign and are provided to support your nutrition and exercise goals.



ACTIVITY SCHEDULE

CULTURAL ARTS

Beginning/Intermediate/Advanced Drawing & Painting

Beginners will be taught to see (as an artist) line, location and value. They will learn how to use charcoal drawing tools and produce accurate drawings of simple still lifes. Emphasis is on determining spacial relationships and accurate value depiction. A supply kit is available from the instructor for \$35. Intermediate and advanced students work from still lifes and photographs. Emphasis is on technique, composition, perspective, color and design. Media choices are colored pencil, water color, gouache and acrylic with the addition of ink, pastel and oil for advanced students only. All intermediate and advanced students provide their own materials. All instruction is individual; therefore each student will be working on his or her own level and the only deadlines are sufficient completion of art work.

DATES	TIME	DAY	CLASS
9/17 - 10/29	4:00-5:30 PM	M	2656
11/5 - 12/17	4:00-5:30 PM	M	2657

Fee: Resident \$140, Non-Resident \$145
 Location: LHCC
 Instructor: Marillyn Brame

Ages: 6-16
 Class Sessions: 7

Young Rembrandts Cartoon Drawing

In our goofy animal drawings class, students will learn how to personify animals, transforming them into cartoon characters. The importance of facial exaggeration and body gestures will be showcased in our illustrations featuring baseball characters and ogre expressions. Give your child the gift of learning and artistry. Enroll your student today! Visit us online at www.youngrembrandts.com

DATES	TIME	DAY	CLASS
9/18 - 10/16	3:30-4:30 PM	Tu	2654
10/30 - 11/27	3:30-4:30 PM	Tu	2655

Fee: Resident \$63, Non-Resident \$68
 Location: LHCC
 Instructor: Young Rembrandts

Ages: 6-12
 Class Sessions: 5

Mediterranean Hand Drumming

Learn the music of the Mediterranean! An introduction to the goblet drum, its rich tradition, social aspects, and celebrations. Using traditional technique and rhythm patterns, we will explore the musical spirit of hand drumming. Bring your own tuned tabla, derbekki or dumbek. Instructor will provide drums, however students are welcome to bring their own.

DATES	TIME	DAY	CLASS
LEVEL 1:			
10/7 - 10/28	1:30-2:45 PM	Su	2662
11/11 - 12/2	1:30-2:45 PM	Su	2663
12/9 - 12/30	1:30-2:45 PM	Su	2664
Fee: Resident \$49, Non-Resident \$54			Class Sessions: 4

LEVEL 2:			
10/7 - 12/30	4:30-5:45 PM	Su	2665
*NO CLASS 11/4			
Fee: Resident \$120, Non-Resident \$125			Class Sessions: 12
Location: LHCC			Ages: 18 and older
Instructor: George Medlock			

Beginning Guitar

Designed for those with little or no experience playing the guitar, this class will teach you how to play several songs, chords and single note melodies. Class may be repeated, with new songs each session. Participants must bring their own acoustic or electric guitar with small amp. Please visit www.rongorman.com for more information.

DATES	TIME	DAY	CLASS
10/17 - 11/14	6:30-7:30 PM	W	2658
Fee: Resident \$90, Non-Resident \$95			Class Sessions: 5
11/29 - 12/13	6:30-7:30 PM	Th	2659
Fee: Resident \$59, Non-Resident \$64			Class Sessions: 3

Location: LHCC
 Instructor: Ron Gorman
 Ages: 10 and older

REGISTER EARLY FOR CLASSES

Help us avoid cancelling a class due to low enrollment...Remember to register early! For details on how to register for classes, see the registration form at the front of the brochure.

ACTIVITY SCHEDULE



CULTURAL ARTS

DANCE

Electric Guitar

NEW

Learn everything there is to know about the electric guitar and how to play it. Students learn about barre chords, power chords, lead guitar, amp settings and effects. Participants must bring their own guitar, small amp and cable to class. Please visit www.rongorman.com for more information.

DATES	TIME	DAY	CLASS
10/17 - 11/14	7:30-8:30 PM	W	2661

Fee: Resident \$90, Non-Resident \$95
Location: LHCC
Instructor: Ron Gorman

Ages: 10 and older
Class Sessions: 5

Intermediate Guitar

In this continuation of beginning guitar, students are introduced to barre chords, alternate tunings, lead guitar, and music theory. Weekly song projects are by students' request. Class is repeatable. Participants must bring their own acoustic or electric guitar with small amp. For more information please visit www.rongorman.com.

DATES	TIME	DAY	CLASS
11/29 - 12/13	7:30-8:30 PM	Th	2660

Fee: Resident \$59, Non-Resident \$64
Location: LHCC
Instructor: Ron Gorman

Ages: 10 and older
Class Sessions: 3

Ceramics Creations

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring and slab, and decorate them with under glazes. Different projects each week. All pieces will be glazed and fired. Aprons will be provided. A \$20 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	CLASS
10/19 - 11/16	3:30-4:45 PM	F	2653

***NO CLASS 11/9**

Fee: Resident \$69, Non-Resident \$74
Location: LHCC
Instructor: Lucia Henry

Ages: 6-12
Class Sessions: 4

West Coast Movement Project



West Coast Movement Project invites you to join us this Fall for a wide array of dance classes for children 3 and older. Our mission is to provide high caliber instruction at modest price points. Our curriculum builds from September through June and culminates in a yearly recital in late Spring. WCMP has implemented a VIP Rewards program. Please contact us regarding VIP Rewards for new students who enroll with friends. For mandatory dress code requirements, please visit www.wcmovementproject.com. NOTE: Families enrolling their child/children in multiple classes may enjoy our new split-pay option. To qualify, you must be enrolling in more than one Fall class. For more details, please contact Mia at (949) 495-2119 or www.wcmovementproject.com. ***NO CLASS 10/31, 11/21, 11/22, 11/23 & 11/24.**

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
Preschool Dance I - Tap & Ballet					
Age 3					
9/13 - 10/25	9:00-9:45 AM	Th	7	\$70/\$75	2698
11/1 - 12/20	9:00-9:45 AM	Th	7	\$70/\$75	2699
9/14 - 10/26	10:30-11:00 AM	F	7	\$70/\$75	2700
11/2 - 12/21	10:30-11:00 AM	F	7	\$70/\$75	2701
<i>Discounted Full Session:</i>					
9/13 - 12/20	9:00-9:45 AM	Th	14	\$130/\$135	2702
9/14 - 12/21	10:30-11:00 AM	F	14	\$130/\$135	2703
Preschool Dance II - Tap & Ballet					
Age 4					
9/11 - 10/23	9:00-9:45 AM	Tu	7	\$70/\$75	2704
10/30 - 12/18	9:00-9:45 AM	Tu	8	\$80/\$85	2705
9/14 - 10/26	11:15-11:45 AM	F	7	\$70/\$75	2706
11/2 - 12/21	11:15-11:45 AM	F	7	\$70/\$75	2707
<i>Discounted Full Session:</i>					
9/11 - 12/18	9:00-9:45 AM	Tu	15	\$140/\$145	2708
9/14 - 12/21	11:15-11:45 AM	F	14	\$130/\$135	2709
Classic Combo A - Tap, Ballet & Jazz					
Age 5					
9/10 - 12/17	3:55-4:55 PM	M	15	\$180/\$185	2710
9/13 - 12/20	4:00-5:00 PM	Th	14	\$170/\$175	2711
Classic Combo B - Tap, Jazz & Ballet					
Ages 6-8					
9/11 - 12/18	3:55-4:55 PM	Tu	15	\$180/\$185	2712
9/13 - 12/20	5:00-6:00 PM	Th	14	\$170/\$175	2713
Classic Combo C/D - Instructor Approval Required					
Ages 7-11					
9/10 - 12/17	4:55-6:15 PM	M	15	\$200/\$205	2714
Hip Hop					
Ages 7-11					
9/12 - 12/19	4:05-4:50 PM	W	13	\$150/\$155	2716
Lyrical II - Instructor Approval Required					
Ages 7-11					
9/12-12/19	4:50-5:45 PM	W	13	\$130/\$135	2718
Tap/Jazz II - Instructor Approval Required					
Ages 7-11					
9/14 - 12/21	3:55-5:45 PM	F	14	\$210/\$215	2715
Performance Technique - Instructor Approval Required					
Ages 7-11					
9/14 - 12/21	5:45-6:30 PM	F	14	\$100/\$105	2720
Lyrical II/III - Instructor Approval Required					
Ages 12 and older					
9/11 - 12/18	5:35-6:45 PM	Tu	15	\$200/\$205	2719
Jazz II/III - Instructor Approval Required					
Ages 12 and older					
9/13 - 12/20	6:00-7:15 PM	Th	14	\$190/\$195	2717

Location: LHCC
Instructor: West Coast Movement Project



ACTIVITY SCHEDULE

DANCE

Belly Dancing



From beginning muscle isolations and hip shimmies to advanced technique and choreography, these courses cover it all! You will enjoy this great overall workout in a fun, supportive atmosphere. Wear comfortable clothes and dance shoes, or go barefoot.

DATES	TIME	DAY	CLASS
LEVEL I:			
10/7 - 10/28	12:15-1:30 PM	Su	2693
11/11 - 12/2	12:15-1:30 PM	Su	2694
12/9 - 12/30	12:15-1:30 PM	Su	2695
Fee: Resident \$49, Non-Resident \$54		Class Sessions: 4	

LEVEL II:			
10/7 - 12/30	1:30-2:45 PM	Su	2696
*NO CLASS 11/4			
Fee: Resident \$120, Non-Resident \$125		Class Sessions: 12	

LEVEL III & IV:			
10/7 - 12/30	3:00-4:15 PM	Su	2697
*NO CLASS 11/4			
Fee: Resident \$120, Non-Resident \$125		Class Sessions: 12	

Location: LHCC
Instructor: Tina Elkins
Ages: 10 and older

Middle School Dance

Come and join us for this exciting Middle School Dance! If you are a student at La Paz, Los Alisos or Serrano Middle Schools, you are welcome to register. Tickets will be sold on a first come, first served basis. Tickets may be purchased at the Community Center; if paying with cash you must have exact change. Tickets must be purchased by a parent or legal guardian. Buy your tickets early as this event will sell out! Supervision will be provided by City Staff. You must bring your dance ticket and student ID card to get into the dance. For more information please call Todd Smyser at (949) 707-2690. Hope to see you there!

DATES	TIME	DAY	CLASS
10/5	7:00-9:00 PM	F	2767

Fee: \$5
Location: LHCC
Instructor: Community Services Staff
Ages: 12-14

PERSONAL DEVELOPMENT

Supersitters

In this information-packed program, students will learn safety on the job, what to do in case of an emergency, appropriate toys and games, job hunting, how to prevent accidents, and much more! Through class handouts, lecture, and hands-on experience, teens will learn what is expected of them, what to expect in return and how to become the best Supersitter on the block! Bring a snack, notebook and a pen. Participants receive a certificate of completion at the end of class. A \$5 material fee is due to the instructor at the start of class – exact change would be appreciated. **PLEASE NOTE: No refunds or transfers for one-day classes.**

DATES	TIME	DAY	CLASS
9/28	6:00 - 9:00 PM	F	2558

Fee: Resident \$38, Non-Resident \$40
Location: LHCC
Instructor: Charlene Jordan
Ages: 11-16

The Veggie Kitchen



The Veggie Kitchen brings you easy and economical recipes that introduce the delicious world of vegetarian cooking! Learn how to make healthy and nutritious meals that are appealing to vegetarians and non-vegetarians alike. Classes are fun and informative! Bring your appetite as all recipes will be sampled. **PLEASE NOTE: No refunds or transfers for one-day classes.**

DATE	TOPIC	TIME	DAY	CLASS
10/6	Autumn Goodness	11:30 AM-1:00 PM	Sa	2648
11/3	Annual Thanksgiving Feast	11:30 AM-1:00 PM	Sa	2649

CLASS DESCRIPTIONS

Autumn Goodness: Fresh and satisfying Fall recipes from the Veggie Kitchen.

Annual Thanksgiving Feast: Learn to make a complete vegetarian Holiday Meal. All new recipes for 2012. Don't miss it!

Fee: Resident \$15, Non-Resident \$17
Location: LHCC
Instructor: Ed Cervantes
Ages: 18 and older

Coyote Education Workshop

With vast amounts of open space, coyotes are nothing new to south Orange County and Laguna Hills. This workshop will provide important educational material for any resident interested in coyote abatement techniques, including the process of hazing. Hazing is the process of motivating a behavioral change in coyotes, which will assist in deterring them from returning to a home or neighborhood. This class will also provide an opportunity for residents to actively learn various hazing strategies and practice them in a controlled environment.

DATES	TIME	DAY	CLASS
10/10	7:00-9:00 PM	W	2793

Fee: \$10
Location: LHCC
Ages: 18 and older

ACTIVITY SCHEDULE



PERSONAL DEVELOPMENT

How to Sell on eBay!

Everyone has stuff stashed in closets, drawers, and garages. Others are paying for unnecessary storage areas! Why not make some money while helping others clear out their storage spaces at the same time? This class will teach you how to sell successfully on eBay. We will discuss organization, categorization and how to write posts for your items. Students will receive an informational handout on the first day of class and should bring supplies to take notes. **PLEASE NOTE: No refunds or transfers for two-day classes.**

DATES	TIME	DAY	CLASS
10/11 - 10/18	6:30-8:30 PM	Th	2650

Fee: Resident \$59, Non-Resident \$64
Location: LHCC
Instructor: Frances Greenspan

Ages: 18 and older
Class Sessions: 2

Fossil Finders Fossil Fixers

NEW

Have you ever wanted to be a paleontologist? Did you know the Laguna Hills Community Center was built on one of the richest Fossil sites in the United States? Join us for the day in our Fossil Finders Fossil Fixers program where children and parents will gain hands-on experience in paleontology and learn about the rich fossil history of Laguna Hills. For more information please call (949) 707-2680.

DATES	TIME	DAY	CLASS
9/29	9:00 AM-12:00 PM	Sa	2791

Fee: \$5
Location: LHCC
Instructor: Community Services Staff

Ages: 5-13

Goal Setting

NEW

Being in the right mind set is the way we break out of limiting beliefs and over exaggerated ideas that prevent us from being great. By attending this workshop you will receive tools to get you on the path of reaching your full mental and physical potential.

DATES	TIME	DAY	CLASS
11/15	6:00-8:00 PM	Th	2790

Fee: Resident \$15, Non-Resident \$17
Location: LHCC
Instructor: Lauren Denos

Ages: 13 and older

SPORTS & FITNESS

Children & Teen Open Gym Basketball



Open gym basketball is free of charge to those ages 17 and under. **A parent or guardian must complete a registration form at the front counter prior to children accessing the gymnasium.**

Children under 9 years of age must be accompanied by a parent or guardian.

DATES	TIME	DAY
Ongoing	2:00-4:00 PM	M-F
	12:00-2:00 PM	Su

Fee: FREE

Ages: 17 and under

Location: LHCC

Adult Open Gym Basketball



Participants must purchase an annual gym pass and complete a registration form at the front counter prior to accessing the gymnasium.

DATES	TIME	DAY
Ongoing	6:30-9:30 PM	F
	2:00-6:00 PM	Su

Fee: Resident \$30, Non-Resident \$40

Ages: 18 and older

Location: LHCC

After School Sports



Intramural sports will be offered for boys and girls two days a week after school at each elementary school campus. Sessions begin with skill development and progress to intramural tournaments. Sessions I and II are open to 3rd, 4th, 5th and 6th graders. Session I: Boys Flag Football & Girls Volleyball; Session II: Boys Basketball & Girls Soccer. **NOTE: On minimum days practice will be held at Lomarena and Valencia and 1:00 at San Joaquin.**

DATES	TIME	DAY	SCHOOL	SPORT	CLASS
SESSION I					
9/24-10/25	2:45-4:00 PM	M W	Lomarena	Flag Football	2768
9/24-10/25	2:45-4:00 PM	M W	Lomarena	Girls Volleyball	2769
9/25-10/25	2:15-3:30 PM	Tu Th	San Joaquin	Flag Football	2772
9/25-10/25	2:15-3:30 PM	Tu Th	San Joaquin	Girls Volleyball	2773
9/25-10/25	2:45-4:00 PM	Tu Th	Valencia	Flag Football	2770
9/25-10/25	2:45-4:00 PM	Tu Th	Valencia	Girls Volleyball	2771

SESSION II

11/15-12/20	2:45-4:00 PM	M W	Lomarena	Boys Basketball	2774
11/15-12/20	2:45-4:00 PM	M W	Lomarena	Girls Soccer	2775
11/16-12/20	2:15-3:30 PM	Tu Th	San Joaquin	Boys Basketball	2778
11/16-12/20	2:15-3:30 PM	Tu Th	San Joaquin	Girls Soccer	2779
11/16-12/20	2:45-4:00 PM	Tu Th	Valencia	Boys Basketball	2776
11/16-12/20	2:45-4:00 PM	Tu Th	Valencia	Girls Soccer	2777

Fee: \$35

Grades: 3-6

Instructor: Community Services Staff

Number of Weeks: 5

ACTIVITY SCHEDULE

SPORTS & FITNESS

Hiking Club



The Hiking Club is a series of hikes that explore various wilderness areas in the Orange County area. The hikes are held at an intermediate level hiking pace and encounter a variety of terrain, including some steep hills, with distances of 3-6 miles. Participants should wear sturdy walking shoes or hiking boots, be prepared for plenty of sunshine and bring water to drink. Class meets at the Laguna Hills Community Center every other Saturday with transportation provided by city staff to all destinations. Call Daryl at (949) 707-2692 for more information. **10/6:** Whiting Ranch Wilderness Park-Red Rock Trail; **10/20:** Laguna Coast Wilderness Park-Boomer Ridge Trail; **11/3:** O'Neil Regional Park-Live Oak Trail; **11/17:** Aliso & Wood Canyons Wilderness Park-West Ridge Trail.

DATES	TIME	DAY	CLASS
10/6-11/17	8:00 AM-12:00 PM	Sa	2764

Fee: Resident \$35, Non-Resident \$40
 Location: LHCC
 Instructor: Community Services Staff

Ages: 15 and older
 Class Sessions: 4

Day Hike on the Morgan Trail



Join City staff and experts from the U.S. Forest Service and the Santa Ana Mountains Natural History Association on this 5.5 mile hike down the San Mateo Canyon Wilderness Area's Morgan Trail. The hike is at an easy pace and will encounter a variety of terrain, including hills. Participants should wear sturdy walking shoes or hiking boots, be prepared for plenty of sunshine and bring water to drink. Class meets at the Laguna Hills Community center with transportation provided by city staff to the trailhead. Call Daryl at (949) 707-2692 for more information.

DATES	TIME	DAY	CLASS
10/27	8:00 AM-2:00 PM	Sa	2765

Fee: Resident \$10, Non-Resident \$15
 Location: LHCC
 Instructor: Community Services Staff

Ages: 15 and older

Mat Pilates

NEW



Mat Pilates is a body conditioning technique that focuses on strengthening the deep postural muscles and improving flow of movement. Excellent for achieving better alignment, improving posture, flexibility and restoring balance to core muscles. Participants should bring water and their own mat. For more information, contact Mia at wcmovementproject@gmail.com or (949) 495-2119 or visit www.wcmovementproject.com.

DATES	TIME	DAY	CLASS
9/10-10/22	11:30 AM-12:30 PM	M	2725
10/29-12/17	11:30 AM-12:30 PM	M	2726
*NO CLASS 11/12			
9/13-10/25	7:15 PM-8:15 PM	Th	2728
11/1-12/20	7:15 PM-8:15 PM	Th	2729

***NO CLASS 11/12**

Fee: Resident \$63, Non-Resident \$68

Class Sessions: 7

Discounted Three Month Option:

9/10-12/17	11:30 AM-12:30 PM	M	2727
*NO CLASS 11/12			
9/13-12/20	7:15 PM-8:15 PM	Th	2730

***NO CLASS 11/12**

Fee: Resident \$120, Non-Resident \$125

Class Sessions: 14

Location: LHCC

Instructor: West Coast Movement Project

Ages: 18 and older

Zumba Gold Toning (Express)



The Zumba Gold-Toning program combines the enticing international rhythms of the Zumba Gold program with the strength training techniques of the Zumba Toning program, creating an easy-to-follow, health-boosting dance-fitness program for the active older adults.

Through modified dynamic lightweight resistance training, participants can help prevent age-related bone loss, increase muscle strength and definition, improve mobility and heart health. Participants should bring water, a towel and 1 lb. or 2 lb. dumbbell hand weights. This is a 35 minute "express" class. For more information, contact Mia at wcmovementproject@gmail.com or (949) 495-2119 or visit www.wcmovementproject.com.

DATES	TIME	DAY	CLASS
9/11-10/23	5:00-5:35 PM	Tu	2731
10/30-12/18	5:00-5:35 PM	Tu	2732

***NO CLASS 11/20**

Fee: Resident \$49, Non-Resident \$54

Class Sessions: 7

Discounted Three month option:

9/11-12/18	5:00-5:35 PM	Tu	2733
*NO CLASS 11/20			
Fee: Resident \$84, Non-Resident \$89			Class Sessions: 14

Location: LHCC

Instructor: West Coast Movement Project

Ages: 50 and older

REGISTER EARLY FOR CLASSES

Help us avoid cancelling a class due to low enrollment...Remember to register early! For details on how to register for classes, see the registration form at the front of the brochure.

ACTIVITY SCHEDULE



SPORTS & FITNESS

FUNK Fitness



FUNK Fitness is a dance-cardio workout that keeps participants moving and melting calories away to Old School Funk, Hip Hop, R&B, Disco and more. Simple cardio and toning routines are designed for all fitness levels. Participants should bring water, a towel and 1 lb. or 2 lb. dumbbell hand weights. For more information, contact Mia at wcmovementproject@gmail.com or (949) 495-2119 or www.wcmovementproject.com.

DATES	TIME	DAY	CLASS
FREE TRIAL			
9/15	9:00-9:55 AM	Sa	2721

Monthly:

9/22-10/27	9:00-9:55 AM	Sa	2722
11/3-12/15	9:00-9:55 AM	Sa	2723

*NO CLASS 11/24

Fee: Resident \$42, Non-Resident \$47 Class Sessions: 6

Discounted Three Month Option:

9/22-12/15	9:00-9:55 AM	Sa	2724
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*NO CLASS 11/24

Fee: Resident \$72, Non-Resident \$77 Class Sessions: 12
 Location: LHCC Ages: 18 and older
 Instructor: West Coast Movement Project

Zumba



Zumba is an aerobic exercise class that fuses Latin rhythms (Disco, Reggaeton-Cumbia, Conga Hip-Hop, Merengue Hip-Hop, Reggaeton-Belly Dance, Techno and Salsa) with a highly effective cardio training system that is fun and easy to do. Burn 500-800 calories an hour! Participants should wear comfortable attire, bring water and a towel. Be prepared to have a great time and expect to sweat! Ditch the workout...join the PARTY! To learn more about Zumba or the instructor, please visit www.southcozumba.com.

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
10/2-10/30	7:00-8:00 PM	Tu	5	\$40/\$45	2676
11/6-11/27	7:00-8:00 PM	Tu	4	\$32/\$37	2677
12/4-12/18	7:00-8:00 PM	Tu	3	\$24/\$29	2678
10/3-10/31	8:30-9:30 AM	W	5	\$40/\$45	2680
11/7-11/28	8:30-9:30 AM	W	4	\$32/\$37	2681
12/5-12/26	8:30-9:30 AM	W	4	\$32/\$37	2682

Three month option:

10/2-12/18	7:00-8:00 PM	Tu	12	\$96/\$101	2679
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Location: LHCC Ages: 16 and older
 Instructor: Dina Martin-Rusk

Karate



Karate training is challenging, stimulating and purposeful. The training is framed in the context of a formal class with specific etiquette and expected behavior. Classes will cover basic blocking and self defense. A one time \$40 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	SESSIONS	CLASS
Ages 4-5:				
10/2-10/23	5:30-6:00 PM	Tu	4	2683
11/6-11/27	5:30-6:00 PM	Tu	4	2684
12/4-12/18	5:30-6:00 PM	Tu	3	2685

Ages 6-12:

10/2-10/23	6:00-6:45 PM	Tu	4	2686
11/6-11/27	6:00-6:45 PM	Tu	4	2687
12/4-12/18	6:00-6:45 PM	Tu	3	2688

Fee: Resident \$65, Non-Resident \$70

Location: LHCC

Instructor: Robert McDonough

Children's Beginning Tennis



Come out and enjoy the sport of a lifetime! This class will provide an introduction to forehand, backhand, serving, scoring, and tennis etiquette. Concentration will be on hand-eye coordination drills, balance, and reaction times. Please bring your own racquet and one unopened can of new tennis balls.

DATES	TIME	DAY	CLASS
10/5-11/9	4:00-5:00 PM	F	2673

Fee: Resident \$65, Non-Resident \$70
 Location: Mackenzie Park Tennis Courts
 Instructor: John Myers

Ages: 6-8
 Class Sessions: 6

Children's Advanced Beginning Tennis



Come out and enjoy the sport of a lifetime! We'll continue skills from the beginning class and add to your skill level, focusing on forehand, backhand, serving, and tennis etiquette. Please bring your own racquet and one unopened can of new tennis balls.

DATES	TIME	DAY	CLASS
10/5-11/9	5:00-6:00 PM	F	2674

Fee: Resident \$65, Non-Resident \$70
 Location: Mackenzie Park Tennis Courts
 Instructor: John Myers

Ages: 9-13
 Class Sessions: 6



ACTIVITY SCHEDULE

SPORTS & FITNESS

Teen & Adult Intermediate Tennis



For those players who know the basics of the game but wish to improve their skills. Instruction to improve strategy, develop a reliable serve, improve specialty strokes, and better understand the psychology of tennis. Please bring your own racquet and one unopened can of new tennis balls.

DATES	TIME	DAY	CLASS
10/5-11/9	6:00-7:00 PM	F	2675

Fee: Resident \$65, Non-Resident \$70
 Location: Mackenzie Park Tennis Courts
 Instructor: John Myers

Ages: 14 and older
 Class Sessions: 6

Gentle Yoga



Find the Yoga Basics class too intense? Take the Gentle Yoga class to learn calming, restorative stretches that will help heal and release stress with an emphasis on breathing and relaxation. We use a lot of props in this class; please bring blanket(s), towel(s) and a mat.

DATES	TIME	DAY	CLASS
10/17-12/12	6:00-7:30 PM	W	2672

***NO CLASS 11/21**

Fee: Resident \$104, Non-Resident \$109
 Location: LHCC
 Instructor: Angie Knight

Ages: 14 and older
 Class Sessions: 8

Yoga Basics



This class covers yoga breathing and relaxation techniques, introducing different poses and movements for flexibility, strength, and peace of mind. We will begin with the basics and progress to more challenging movements and poses. Both beginning and ongoing students are welcome. Participants should wear comfortable clothing, please bring blanket(s), towel(s) and a mat.

DATES	TIME	DAY	CLASS
10/15-12/10	6:30-8:00 PM	M	2671

***NO CLASS 11/12 & 11/19**

Fee: Resident \$91, Non-Resident \$96
 Location: LHCC
 Instructor: Angie Knight

Ages: 14 and older
 Class Sessions: 7

TEENS MAKE A DIFFERENCE

Teens Make A Difference is a volunteer program offered by the City of Laguna Hills to help those in need throughout Orange County. Volunteers will participate in a variety of projects with the Orange County Food Bank, beach clean-ups with the Surfrider Foundation, along with various environmental projects. The volunteer program runs during the school year only. All volunteers are required to complete a Volunteer Program Application. For additional program information, please visit www.ci.laguna-hills.ca.us, or contact Todd Smyser at (949) 707-2690 or tsmyser@ci.laguna-hills.ca.us.



ACTIVITY SCHEDULE



CIRCLE OF FRIENDS

The Circle of Friends Program is for individuals with disabilities who are age thirteen and older. Activities are designed to foster social skills, increase leisure opportunities and create friendships while enhancing developmental needs for teens and adults of all abilities. Programs include movie nights, local excursions, social dances and more! To be added to our Circle of Friends quarterly newsletter mailing list or to find out more about the program, please call (949) 707-2683.

Pizza and Movie Night

Invite a friend and join us for a fun night of pizza and a movie at the Laguna Hills Community Center! Please RSVP in advance to (949) 707-2683.

DATES	TIME	DAY	CLASS
9/7	6:30-9:00 PM	F	2631

Fee: \$5
Location: LHCC
Instructor: Community Services Staff
Ages: 13 and older

Halloween Dance



Wear your favorite costume and come dance the night away at the Circle of Friends Halloween Dance! Bring a friend and join us for an exciting evening at the Laguna Hills Community Center. Please RSVP in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
10/19	7:00-9:00 PM	F	2780

Fee: \$5
Location: LHCC
Instructor: Community Services Staff
Ages: 13 and older

Broom Hockey



Join us for an exciting night of Broom Hockey in the Community Center gym! Please RSVP in advance at (949) 707-2683. We hope to see you there!

DATES	TIME	DAY	CLASS
11/16	6:30-8:30 PM	F	2782

Fee: \$5
Location: LHCC
Instructor: Community Services Staff
Ages: 13 and older

Holiday Dinner Dance



'Tis the season to celebrate! Get dressed up and come dance the night away at the Circle of Friends Holiday Dinner Da'nce! Join us for this special evening at the Laguna Hills Community Center. Please RSVP in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
12/14	6:30-9:00 PM	F	2781

Fee: \$10
Location: LHCC
Instructor: Community Services Staff
Ages: 13 and older

RUNESCAPE VIDEO GAME NIGHT

Runescape Video Game Night at Laguna Hills Technology Library: Everybody's invited to come play the popular online role playing game, Runescape! Participants must have a valid Orange County Public Library card. Computers are limited, so pre-registration is required. Register via phone (949) 707-2699 or in person. **Dates: 9/21, 10/19, 11/2, 12/14.**



ACTIVITY SCHEDULE

SPORTS LEAGUES

EMERITUS

Adult Basketball League



Registration for Adult Basketball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$30 per game official's fee.

LEAGUE	DATES	TIME	DAY	CLASS
Open League	9/11 - 11/27	6:30, 7:30, 8:30 PM	Tu	2636 Ages: 18 and older
Open League	9/13 - 11/29	6:30, 7:30, 8:30 PM	Th	2637 Ages: 30 and older

Fee: \$325
Location: LHCC Gym

Adult Softball League



Registration for Adult Softball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$15 per game umpire fee.

LEAGUE	DATES	TIME	DAY	CLASS
Men's "D"	9/10 - 11/26	6:30, 7:40, 8:50 PM	M	2638
Men's Upper "D"	9/11 - 11/27	6:30, 7:40, 8:50 PM	Tu	2639
Men's Lower "D"	9/12 - 11/28	6:30, 7:40, 8:50 PM	W	2640
Men's Upper "C"	9/13 - 11/29	6:30, 7:40, 8:50 PM	Th	2641
Competition Co-ed	9/14 - 11/30	6:30, 7:40, 8:50 PM	F	2642

Fee: \$425
Location: LHCC Softball Field
Ages: 18 and older

Adult Volleyball League



Registration for Adult Volleyball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$12 per game umpire fee.

LEAGUE	DATES	TIME	DAY	CLASS
Women's	9/10 - 11/26	6:10, 7:00, 8:00 PM	M	2643
Recreational Co-ed	9/12 - 11/28	6:10, 7:00, 8:00 PM	W	2644

Fee: \$225
Location: LHCC Gym
Ages: 18 and older

Saddleback College Senior Emeritus Program



These classes are sponsored by Saddleback College Emeritus Program and held in the gymnasium at the Laguna Hills Community Center; **the gymnasium is not air conditioned.** To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DAY	CLASS	TIME
The following classes meet from 8/20-12/19:		
M/W	Yoga	9:00-9:50 AM
M/W	Aerobic Exercise	10:00-10:50 AM
M/W	Pilates Conditioning	11:00-11:50 AM
T/Th	Sequential Stretching	8:30-9:20 AM
T/Th	Pilates Conditioning	9:30-10:20 AM
T/Th	Yoga	10:30-11:20 AM
Fri	Tai Chi	9:00-11:50 AM
Fri	Pilates Conditioning	10:10-11:55 AM

Location: LHCC
Ages: 50 and older

LAGUNA HILLS 3v3 FALL CLASSIC

The Laguna Hills Community Center will be hosting its first annual 3 v. 3 Fall Classic Basketball Tournament. The tournament will be held Saturday September 22nd. The Classic will feature a 3 on 3 tournament, DJ, and prizes. This is a great opportunity to get your friends together and make a run for the City Championship. For more information visit the Community Center front desk or contact Matt Durham at (949) 707-2687.

COMMUNITY TELEPHONE

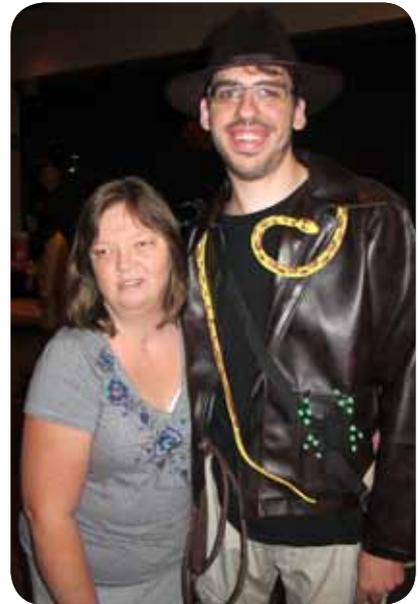


Laguna Hills City Hall	949.707.2600
Laguna Hills Graffiti Hotline	949.707.2656
OC Public Technology Branch Library	949.707.2699
Orange County Sheriff's Dept. (24 hour)	949.770.6011
Florence Sylvester Memorial Senior Center	949.380.0155
Saddleback Valley School District	949.586.1234
Laguna Hills High School	949.770.5447
Department of Motor Vehicles	800.777.0133
South Orange County Chamber	949.635.5800
Orange County Animal Care Services	714.935.7419
MOMS Club of Laguna Hills	949.224.3065

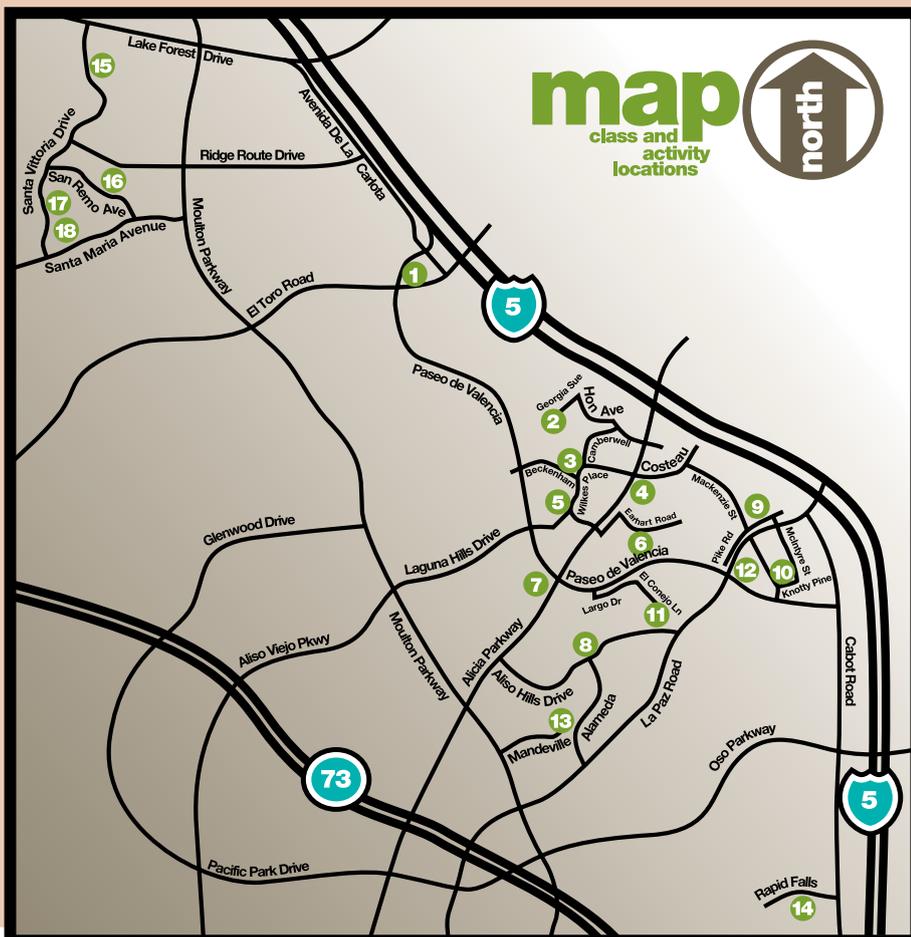


SPORTS & YOUTH GROUPS

AYSO Region 1422	www.ayso1422.org
Laguna Hills Little League	www.lhll.org
Laguna Hills National Junior Basketball	www.lhnpj.net
California Street Hockey Association	714.738.8329



CLASS **ACTIVITY** LOCATIONS



- 1 City Hall
- 2 Clarington Park
- 3 Beckenham Park
- 4 Costeau Park
- 5 Stockport Park
- 6 Lomarena Elementary
- 7 LHCC & Sports Complex
- 8 Mendocino Park
- 9 Mackenzie Park
- 10 Knotty Pine Park
- 11 El Conejo Park
- 12 Valencia Elementary
- 13 Mandeville Park
- 14 Cabot Park
- 15 Veeh Ranch Park
- 16 San Remo Park
- 17 Santa Vittoria Park
- 18 San Joaquin Elementary

City of Laguna Hills REGISTRATION FORM

Fall Registration begins Tuesday, August 28, 2012

On-Line

www.ci.laguna-hills.ca.us

Walk-In

Laguna Hills Community Center
at **25555 Alicia Parkway**

Phone-In

Call **(949) 707-2680**, for credit card users only

Mail-In

Make check payable to City of Laguna Hills,
and mail it to:

**City of Laguna Hills
Community Services
25555 Alicia Parkway
Laguna Hills, CA 92653**

Information

- A \$35 fee is charged on all returned checks.
- Families enrolling more than one child in the same class taught by Community Services Staff will receive a 25% discount for additional children enrolled. Not applicable to special events, camps, after-school sports or contract classes.
- If you need special accommodations for any of our activities, please notify staff 72 hours prior to the event at 949.707.2680.

Full refunds are issued for any class cancelled by the City. Refund requests made prior to the start of an activity will be granted without explanation but will be subject to a \$5 service charge per request. Refund requests must be made prior to the second class meeting.

No refund will be granted after that time. Special events, one day programs and camps do not receive refunds unless the participant's spot is filled. Refund processing takes 3-4 weeks from the date of the request. The City will mail all refund checks.

Adult Name _____
Last First Date of Birth

Address _____
Number Street City Zip

Home Phone _____ Work Phone _____

Cell Phone _____ Email Address _____

TITLE OF CLASS	CLASS NUMBER	DATES	PARTICIPANT'S LAST NAME	PARTICIPANT'S FIRST NAME	BIRTH DATE	FEES (RESIDENT)	FEES (NON-RES)
						\$	\$
						\$	\$
						\$	\$
						\$	\$
						\$	\$

FEES ARE SUBJECT TO CHANGE. INCOMPLETE FORMS WILL NOT BE PROCESSED AND PARTICIPATION IN A CLASS/EVENT REQUIRES A SIGNED AND COMPLETED REGISTRATION FORM PRIOR TO THE START OF THE CLASS/EVENT. ALL MINOR PARTICIPANTS MUST BE REGISTERED BY PARENT OR LEGAL GUARDIAN.

total program fees \$ _____

Release and Waiver of Liability and Indemnity Agreement

In consideration of the opportunity to participate in these activities, I hereby release, waive, and hold harmless the City of Laguna Hills ("City") and its Council members, officers, employees, agents, instructors, activity organizers and sponsors (collectively "City Representatives") from any and all suits, claims, damages, losses, injuries (including property damage, bodily injury, or death), and any other compensable loss of any time (collectively "Claims") to myself and "My Agents" (which includes my minor children, members of my organization, agents, and employees) arising out of participation in these activities, whether or not the negligence of the City or City Representatives contribute to or cause the Claims. This release does not apply to the extent the Claims are caused by the gross negligence or willful or wanton misconduct of the City or City Representatives. I further agree to defend and indemnify the City and City Representatives from any and all Claims directly or indirectly arising out of the acts or omissions of me or My Agents. I consent for video and photographs to be taken of me and My Agents for use in future City publications and understand that I and My Agents will not receive any compensation for such use.

I CERTIFY THAT I HAVE READ AND UNDERSTAND THIS, AND AGREE ON BEHALF OF MYSELF, MY SPOUSE AND MY CHILDREN.

Signature of Participant or Parent/Guardian of participant if under 18 years of age

Date